

Rams little Dodeon^s.

A briefe Epitome of the newe Herbal,
or *History of Plants.*

Wherin is contayned the disposition and true decla-
ration of the Phisike helpe of all sortes of herbes
and Plants, vnder their names and operati-
ons, not onely of those which are here
in this our Countrey of England
growing, but of all others also
of other Realmes, Coun-
tryes and Nations
vised in Phisike:

Collected out of the most exquisite newe Herball, or
History of Plants, first set forth in the Dutch or
Almayne tongue, by the learned and worthy
man of famous memory, D. Reinbert
Dodeon, Phisicion to the Empe-
rour; And lately translated
into English by Henry
Lyte, Esquire:

And now collected and abridged
by William Ram, Gent.

Pandie Oliua suos Ramos.

Imprinted at London by Simon Stafford, dwelling
in the Cloth-Fayre, at the signe of the
three Crownes. 1606.

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The Author to the Reader.

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Owing & most naturall countrymen: I haue
bestowed some tyme, in reducing the most
exquisite new herball or history of plants(first
set forth in Dutch and Almayne tongue, by
the learned and worthy man, of famous memory, D.
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translated into English by Master Henry Lye, Esquire)
into a briefe and short Epitome: wherein is contay-
ned the disposition and true declaration of the phisike
helps of all sorts of herbes and plants, vnder their severall
names & titles, not onely of those which are here in this
our countrey of England growing, but also of others of
foreine realmes, countreys, and nations, vsed in Phisike,
(being nowe brought into a very small volume) So as
where the great booke at large is not to be had, but at a
great price, which cannot be procured by the poore sort,
my endeour herein hath bin chiefly, to make the bene-
fit of so good, necessary, and profitable a worke, to be
brought within the reach and compasse aswell of you
my poore Countrymen & women, whose liues, healths,
ease and welfare is to be regarded with the rest, at a small-
er price, then the greater Volume is: wherein I haue
made declaration of certayne dangerous Plaats, with
their corrections; onely drawing them into a speciall title
by themselves, which before were dispersed in many pla-
ces. This onely obseruation I gaue thee, that where, in
many titles of cures, all, or the most part of the herbs or
simples for such cure, are drawn within this direct, & it
is not to be inteded, that all those simples shalld be had
dotted together in the vse of Phisike, but that every of them

A 2 by

The Authour to the Reader.

by themselves are to be ministred for the cure of the disease vnder their severall rytes: and that this Character or marke,—which you shall finde in many places of this booke, is to give the right vnderstanding of the herbe (by which it is set) by some other more familiar name, then in his first place: And as it pleased that famous and worthy man, *D. Reinbers Dodeon*, the Patrone of so excellent and necessary a woorke, to offer the same into the world: And as the sayde worshipfull gentleman, master *Henry Lyte*, by his diligence hath translated the same into our English tongue, for the benefit of all his countrymen, to the end the light thereof might not be hidden or extinguished, to their great prayse and commendations: Euen so, my poore talent of endeuer hath byn to none other end, but only to draw that into a handfull, which before was in the compas of a great garden: or else to bring that into a little Gardē, which before was (as to be looked for in many fields and disperced places) not to be fou id but by great labour and industry: my onely and greatest care hath byn of long tyme, to knowe or thinke, how and vpon whome to bestow the dedication of this my small labor: And in the penning of this my letter, my Affections are satisfied with the dedication thereof to thee my poore and louing countryman whosoeuer, and to whose hands soever it may come: For whose sake I haue desired publicatiō of the same, beseeching Almighty God to blesse vs all.

William Ram.



The Contents of this Booke.

A Speciall note, that the first page of every leafe being opened, contayneth the practice of *M. R. Dodeon*: And that the second opposite page, vnder the Title *Incidentia*, contayneth the practises of others for the same Phisike helpe, collected and inserted by the Author of this Treatise.

Certayne excellent approued experiments vnder the Title *Incidentia*, incident to the cures of many, or of the most part of the lame diseases, set on the other opposite page.

A declaration of many dangerous herbes and Plants, very dangerous and hurtfull to man, by reason of their malignant and hurtfull qualities.

The correction of the same dangerous plants, or many of them.

Observations for every of the twelve moneths in the yeere.

Observations of times of gathering, ordering and preser- ving of certayne herbes, fruits, seede, flowres and rootes.

Observation of gardening, by father *Kinke* of Tibolds.

Observation of divers dangerous dayes in the severall moneths of the yeere.

Certayne generall obseruacions.

Observations of Dyet, good and euill for the parts of man- body.

Allebese Plants, or the most part of them
have their severall dangers and pro-
perties, and therefore they are
to be corrected, or to be
ysed by good
discretion.

Hempeside, Peintre, Agarick, Squilla, Leks,
Onions, Indian Pepper, Chalphy, Colewoots;
Dache, Poole ride, Wister Witch, Chitch pease;
Hemlock, Solanum, Mandragora, Oleander,
Lecktenon, Aconitum, Ranunculus, Ferne,
Scamony, White Blyone, Wallwoot, Elder,
Cotlogabatida; Lismachus, Wyld Cowcumer; Stanesacre,
Pezeron, Camelea, Psillium, Lawell, Parmodacill,
Tapis, Drplos, Spurge, Cyula, Wittemall,
Clebos, Cisticlum, Alstroesta, Caphorium, Lacerpitium,
Cayander, Conyu; Raneos, Cardhamus; Flax seeds.

All these simples and plants are not to be
taken into the body, without great
skill, and good correction, by the
learned and skilfull
Physcions.

All the Crow-sotes, especially A piam risum, taken inward,
ly, spoyleth the sensess and understanding, and draweth to-
gether all the sinewes of the face, making them that have eated
theresel, to lame to laugh, and so they dyo laughing, except pre-
sent remedy be prouided.
Flannula, Wolfs bane — Lico stinum, Portum — Oleander
Opium — Papaver, Mandragora, Solanum lechile, — Dwale,
Solanum somniferum, Henbane, blacke especially, Hemlock,
Peintre not to slyp under.

The

The Corrections of dangerous Herbes, Plants, and simples.

The danger of Sothernwood: it is a backfull enemy to Sothern-
the Stomake: wherefore Gallen would not have it minist- wood.
Cardha-
red inwardly in the body.

The danger of the seede of bastard hafft h, it is hurt- niss.
ful to the Stomake, causing desire to vomyt, of hard and slowe
operation, remayning long in the Stomake.

Put to that seed, Annis seeds, Galingale, Passifl, Gin. Correc-
ger, Sal gem, or common salt, which will hasten his operation, tion,
and correct his malignity.

The danger is, being taken into the Stomake, it is a hindrance Flaxseed
to digestion of meat, and breedeth windinolle. or Lyne-

The danger, it is hard of digestion, contrary to the Stomake, seede.
it causeth paine, grief, and unnes in the head, it engendreth Hempe-
grosse and naughty humors in all the body. seede.

when yee will use Lismachus, take noo but that with the Lysima-
yellw flowres, which is the right herbe, and the other not. chus, his
The danger, it is hurtful to mans nature, it engendreth cold- choyce.
nes, and unnes throughout the body, with perniciouse Psillium.
and heatynesse of the heart.

Picooke horset, with medicines convenient to cast Correc-
tly: then give to drinke of the best and most sauoy wyne, tion.
being colde by it selfe, or boyled with wormwood, or mingled
with hony, and a little lye, or the decoction of Dill.

The best are those which growe in Slauonia.

The next in Macedonia.

The third in Africa.

The white grise is taken for the best.

Flowre
de Lyce
rootes:
their
The choyce.

The Corrections of dangerous

Amcos. The danger of the late taken in too great quantite, it falleth away the colour, and provoketh palenesse as in dead bodies.

Cumin. The danger being too much used, it breapeth the natural com- plition, and lively colour, and cauleth a man to looke wan and pale.

Coriander. If one Coriander be taken into the body, it causeth horridnes, straify and dulnes of the boder landynge. it maketh the party someres as if he were dronken: the Joyce taken in quantity of 4. drachms, killeth the body.

Lacerpition. The best is that which is reddish, cleare & bright, and singeing like myrra, not greenish, of a good pleasant smell, which choyce.

Eupheria. By reason of his extreme heate, it is hurtfull to the lyuor & blau in the no neck and all the inward parts, being receyued inwardly, danger. It charreth and inflameth out of measure.

Correction. First a royst in with the oyle of tweye Almonds, then put it in the middle of a Cytton, and wrap it in leuened paste, and bake it, and then ble st.

Alanardus taketh of mastick & gurn Dragagant, as much as of Euphorbium, and mingling them together, putteth it into the mid of an unbaked loafe, and baketh it well, then he taketh the cent of that loaf, and maketh pills, and giveth it for the wealmea that comyneth of the French poxe, & all anguylsh and paynes outward.

Another mingleth Euphorbium with the like quantity of mastick, and maketh pills with the Joyce of Citrons, or of Oranges, and vseth them much agaynt the pestilence.

Astrologia. Rvnde Astrologia is of fencano subtill parts, and of stronger operation then the rest, it mandifieth and clenseth mightily, it appyleth and maueleth thin, grosse humors.

Long Astrologia is better to incarnate, and to engender flesh in vices.

Astrologia Climatis hath best lano, and therfore maketh best eyntments.

The

herbes, planes, and simples,

The danger: In what soevre it be taken, it is dangerous Ciclamen to women with childe: wherefore let them take herbe not onely Sow-hay they receiu it inwardly, but also let them bee aduised in a bread. by wase not to applie it outwardly, nor to carrie it about them, nor yet plant it in their gardens, for it will hinder them if they goe but ouer it.

The danger: being unprepared, and taken out of time and White place, or too much in quantite, is hurtfull to the boode: for it cho- keth and trouleth all the inward parts, choketh and draweth together al the sinewes, and slayeth the partie: therefore unpre- pared it ought not to be ministred, nor then, without god herbe and great aduiseement: for such as are either to young, or too elde, cleble, that spit blood, that are grieved in their stomacks, whose breasts are straight and narrow, their necks long, such people must in no wise deale with it without peradie and danger: therefore be aduised by learned phisicion.

Although blacke Elebor is not so vehement as the white, yet it Blacke cannot be given without danger, especially to people having Elebor, their health, &c. and not to be ministred but in desperate causes in the spring time onely: and not before it be aduisedly prepared and corrected.

¶ Elebor gluem with Long-pepper, Isop, Daucus, and Anisif. Corre- seeds, maketh it to work the better, & with lesse danger. Also, if it stion. be boyld in the broth of a Capon, or of any other meate: and that broth may be given to drinke, and with lesse danger.

The daunger of the Justice and seede of Tithymalles: Tithymalles violely, hurtfull to the nature of man, troubling the body, matter, ouerturting the stomacke, burning the theate, making it rough, and soze: wherefore Gallien willeth not to haue it ministred inwardly, but so be applied outwardly.

¶ Lay the bark of the roots to soke in Wyeger by aduise, then Correc- tie it and make it in powder, and putte it & annt and Fenell ion and seedes, Cumine Dragagane and Mastike, and so ministred it remedie. with some cooling and refreshing liquor, as Engive, Cictory, or Oringes, &c.

The danger is like to the Tithymalles, and hurtfull. Eula.

¶ The full qualite is corrected as the Tithymalles sawe: Correc-

The Corrections of dangerous

Spouge. The danger: it is hurtfull to mans nature and body, as the Tithimallies.

Correc-
tion. Take the seade of Spouge, with Dates, Figgis, or Gummie Dragagant, Masticke, Anniseedes, or any refreshing or cooling herbe: or if one drinke water, straight wates it corrected, &c.

Peplos. The danger is hurtfull to man, as Spouge.

Correc-
tion. This is as of Spouge.

* Thap-
gia. The danger: in drawing the kyne from the herbe & roote, great inflammation chaunceth to the partie that draweth it, in her face: And receyved into the bodie, it causeth great windisse, blasting, chrysopaling, and ouerturning the whole body, and it hurteth the bowels and inward parts.

Correc-
tion. When one will gather the yugee, or strip the bark off the roote, let him anoynt his face and bare places, with oyle of Rose and waxe.

When it shall be ministered inwardly to open the belly, put to it Long-pepper and Sugar.

Wilde
Saffron.
Hermo-
dastil.
Correc-
tion. The danger: it stireth vp gnawing and fretting in the body, as if it were all rubbed with nettles, it inflameth the stomacke, and hurteth the inward parts, so as at first it procureth bloud percrements, and after bringeth death.

Take a great draught of Cow milke, Put to it Ginger, Long-pepper, Anniseeds, Comin, and a little Masticke: it correcteth, and helpeth.

Lawrell. The danger: it both vexeth and overcometh the stomacke, it incometh, hurteth, and burneth the inward parts.

Correc-
tion. The danger: it is to be keepeed one day in good strong Vineger, then drise it, and keepe it to use.

If first you lay tooke in that Vineger, Quinces, or the seade of Barberies, when you will occupie the leaves prepared, you must make them in powder, and give it with Anniseedes and Masticke, or boyle them in whap of swete milke, especially goode milke, or the broth of a Capon.

Cham-
cea. The danger is very neare the nature of venim, hurtfull many wayes to mankind: it greatly hurteth the stomacke, liver, and to all principall partes of man, chassing, and vehemently grieving the inward parts.

¶ The

herbes, planes, and simples.

The correction is as of Lawrell.

The danger, by reason that it is very hote, it is very hurtfull, vnon, and of strong and vehement working, grieving the inward & Meze- parts.

This correction is as of Chamelea.

This danger is very hurtfull to nature, for it catcheth & inflameth all inward parts: it overturneth the stomacke, being holde & Stauchden in the mouth: it causeth inflammation in the mouth and agre- throate, and therefore it is to bee ministered outwardly.

Before you occupie the seade of Scauelagre, skipe it in the Correc- neler, and drise it.

You may glue it to be drancked with meat or Roasted wa- ter.

Who that hath taken in any of this seade, must walke without stayng, and shoulde drinke Hidromell asten, when he feeleth a- ny kind of choking.

* It must be given with meade, or with sweet milke, a lit- tle Anniseeds and salt, or give it in powder with Gummie Dra- Cowca- gant, Anniseedes, and a little salt.

The danger: it hurteth the inward parts, & openeth the smal correcti- vaines, it prouoketh gripings, and tormentes in the belly.

The danger is exceeding hurtfull to the stomacke, and Liver, & Idem, hurting the bowels and intestayles.

Put to the pulpe or pith thereof Gummie Dragagant quintida and Mastick, and after make it into Trachts or Wallles with Correc- bony.

The danger: it is very hurtfull to man, it stireth vomiting, Elder, fowling and tumbling the stomacke, bowels, and belly, it ma- keth the body weake and soable, and it waketh the strenght of the Liver.

The danger: it is noysome to the stomacke and inward Wall- parts, as Elder.

The danger is, the rate by his violence troubleth and over- White turneth the stomacke and other inner parts, it is altogether euill, Briony, and contrary to women with child.

The malice or naughty quality thereof is taken away, by Correc- putting to Malick, Ginger, and Cinnamon.

B 3

The

The Corrections of dangerous

1 The danger: the Juice is very strong and violent, causing
trembling and windinesse.

2 It chafeth the liver and bloud, and it engendereth feuers so
such as be of hote complexion.

3 It openeth the vaines, and hurteth the bowels and inward
parts, to the provoking of bloody excrements, verie hurtfull to
the liver, heart, and inward parts.

Correc-
tion. 1 Boyle or digest it in a Quince, or paste of Quinces, untill
the Quinces bee verie tender and perfittely boyled, and then it is
called Diagredium.

2 Mix it with some cold Juyce, as of Roscs, Psilliū, or Prunc-
pulpe.

3 Put to your Diagredium, Mastick, or the iuyce of Quinces.
The danger is verie great, especially to women with childe.

The roote which groweth at the sole of the oke is helle, and
most profitable to be vled in medicines.

The daunger: they al are dangerous and hurtfull, they kill
and slay, especially Apium Ritus, which taken inwardly, spoy-
leth sences, & draweth the sinewes, as those which haue eaten
thercor, see me to laugh, and die laughing, without some present
remedie.

Acco-
rnce. The danger is great, it killeth wolves, swine, and all beasts
both wilde and tame that eate of it.

Licofli-
num. The danger of wolues bane, being taken in, it inflameth the
heart, burneth the inward parts, and killeth the body.

Rose-
oleander Nercū. The danger: it is verie hurtfull to man, and killeth Sharp,
Goates, Dogges, Asses, Mules, Horses, and all sourc footed
beasts.

Mandra-
gora. The danger: it is most hurtfull to man, to be receaved into the
body, if it be take in, never so little quantitie more then ought to
be, it killeth the body: the leaues and fruit are also very dange-
rous.

Solanū
soi nis-
ferum. The danger is great: if ye give more then twelve berries, it
causeth rauing, distraction, and furiousnes, as much as Opium.

The roote taken in wine, to the quantitie of a dram, causeth
vaine and idle imaginacions: two drams bringeth stresse and
madnesse, which lasteth thred; sourc dates: sourc drams taken
in,

herbes, plantes, and simples.

in, killeth the boode.

The danger by his venemous qualtie is great: for whoso Hem-
auer taketh of it, dieth, except he drinke good old wine after it. block.
But if he taketh Juyce of Hemblock together with the wine,
the poysen is augmented, and it killeth.

The danger: the use of these pease is not very good for them Chiche
that haue any ulceration in their kidneyes or bladders: for they pease
be too much scouring, and do cause the v;inc to be sharpe.

The danger of Erso; Oribus: being vled often, & in too great The bit-
a quantitie, it causeth head-ache and heauie dulnes: it bringeth ter vitch,
forth bloud both by v;inc and excrements of the belly. called

The danger of f Poole Reed o; Harundo vallatoria, is, that if Eruum,
the downe that is in the toppe or tufting fassell thereof chanceth f Poole
to fall into the ears, it bringeth such dulnesse and deasnesse as Reed.

The danger: the often eating thereof engendreth many inscr. Orache,
maities: it overturneth the stomacke, and it causeth divers spots,
freckles, and pimples to arise in the face, and all the rest of the
body, also it is hard of digestion.

The danger of them: eaten, they engender grosse and melan- Cole-
cholick bloud, especially the redde kind: the white are better to worts,
digest, and engender more agreeable and better nourisiment, e-
specially when they haue beene twise sodden.

The danger is: siring the seed is verie hote, and of strong and Thlas-
behement working, insomuch that being taken in too great a pie-
quantitie, it purgeth or scoureth even vnto bloud, and is verie
hurtfull to women with childe, therfore it may not bee rashly
ministr'd inwardly.

The danger: it is dangerous to bee often vled, or in too great Indian
a quantitie: for this-pepper hath in it a certaine euill qualtie, pepper,
whereby it killeth dogges, if it be given them to eate. Capicū.

The daunger: the often use of them causeth head-ache, and Onions,
over-much sleepe, and is hurtfull to the eyes.

The daunger: they engender euill humors and windinesse, Leekes,
they cause heauie and terrible dreames: they darken the eye-
sight: they are very hurtfull to them that haue any exulcerations,
or going off of the skinne of the bladder or raynes.

The Corrections of daungerous herbes, &c.

Squilla. The daunger: it is a very sharpe and hard medicine, it is subtil and wasting, hurtfull, and forzinge the nature of man, when it is taken or bled rawe.

Correc-
tion. ¶ It is not to be bled into the body, without it be first sodden, rostid, or baked.

Arbutus The daunger: the fruit thereof eaten hurteth the stomack, and causeth head Ach.

Agarick The daunger: it is of slow operation, taken in too great a quantitie, it scablieth the inward parts.

Correc-
tion. ¶ It is corrected being gluuen with Vineger, Sal gemme, and chiefly with Oxuncell.

Yewtree The daunger: it is altogether benimous, and against mans nature.
It is so hurtfull, that if one do but steepe vnder it, or the shadow thereof, he becommeth sick and sometimes dieth, especially when it bloweth.
In Gascoyne it is most daungerous: if any eate the fruit, it causeth the laskes.
The birds that eate the berries thereof, do eyther die or cast their feathers.

Obseruations

Obseruations in Ianuarie.

With this fyre I warme my hand.

If frost and weather be not extremitie, the wind not at west
or north: set trees of
Apples } Quinces } Cherries } Hollers
Pears } Plums } Filbirds } Haspis
Gardens } Damsons } Walnuts } Goseberies
Barberies } Quicksels } Hawthornes } Blackthorne
and generally all trees and plantes, the songet the better.

In the wane of the Moone in the first quarter is best to set those and all others that shal beare fruit or flowres, and to prune trees, to cause them grow and beare the better.

In the wane of þ Moone, set beanes, pease, & haukings, & sowe parceneps, carrets & onions, if the weþer be mild & not too hard.

In the end of this moneth, in the new Moone it is indifferent good to graffe, sell, and crop trees.

Forget not to luke to weake cattell.

Give drinke to sick cattell: to hine with vergis, and to horse with white water made with ground Spaul or Vianne, or with some drinke if need bee.

If they be pore, gluethem sodden wheate.

Now Lettice, Reddith and Spynach.

Drinch Hoggis with whey, or take Ornament, alias Oxale, and Triacle of Jeane, an ounce of each: Bolearmaniak halfe an ounce in fine powder, temper it in a pottell of whey for a hog, and in a pint of vergis for a Cow, and give it to drinke warme.

Meane Calves and Piggis for toone.

Now geld or lybbe, the signe being fro the brest vpwards, and from the thighes downewards, the Moone being at land and at full: so it is ill cutting at full.

Let not your cattell take any sudden heat, before nor after cutting. Use little Whisick but for great necessity. (ting.

Let no blood but in case of necessitie, by skilfull aduice, and in god time.

Observations in Januarie.

Use warme meates.

Drinke white wine fassing, if thy backe be not weake, or that thou bee not subiect to the gout.

Eschew all sweete meates and drynkes, and use warme clouthing.

Let not such as are subiect to the Rheume, take coldnesse wet on their saete.

Such as haue aches may weake or bathe, taking no cold.

Cold Januarie loueth hote clothes.

Warne meates and broths are best.

Meates that are warne convenient be.

Blede not, but bathe & by counsaille use.

Draw no bloud from baine, but for necessarie.

If thou blede be ware of cold.

Walke not abroard in the night time.

Use to eate the best confectiones.

Drinke white wine, so that the wome increaseth.

To fast long is hurtfull to the body.

Eate Sallets well prepared with syle and splices.

Wash not thy heade.

Bathe in safetie thy body warne.

To take a vomit is not hurtfull.

Take euerie morning during this moneth, a little quantite of Rose honey to comfort the stomacke, and to cleane the body of choler and fiewme.

Drinke in ale or wittie; { Graines,
Ginger,
Nutmeggs,
Cloues.

Observations

2

Observations in Februarie.

With this spade I digge my land.

I [¶] taking Phisicke bee not too bold.

As yet no baine let opened be.

Use choicer of food, provide for cold,

For feare lest Agues trouble theire.

Wilke now answ Fennish soule Denis,

As now no holsome messe.

Now medecines and flegbotomy

Are vse with ill successe.

Eate confectiones condited with honey, to purge the blouw.

Eate apples.

To eate fresh beeſe often is hurtfull, or other moyſt meates.

Use not to eate any pot-herbes, but Parceley, Smaledegge, and such like.

Eate rather sodden meate then roſt, to keepe thy bodie soluble.

To bathe is not hurtfull, nor to take a potion.

Blede in the baine vnder the Thumbe.

Take pilles to purge the head.

Eate honey with bread, to purge the head and bladder.

Hewe	Lackſſete,	Rocket,
	Asparagus,	Cardus benedictus,
	Burnet,	Spinage,
	Artichocks,	Cucumers,
	Harte-horne,	Parcneps,
	Hampshire,	Coleworts,
Hauell,	Cabbage & Lettice,	

In the old Poone.

Hewe	Palma Christi,	Marygolds double,
	White popie,	Coriander,
	Rocket,	Flowre-gencle,
	Margeram,	Violets,

In the new Poone.

Hewe

Observations in Februarie.

Sow $\left\{ \begin{array}{l} \text{Lime,} \\ \text{Pumpions,} \\ \text{Parcelaine,} \\ \text{Reddish & Horage,} \end{array} \right\}$ in the new Moone.

Sow $\left\{ \begin{array}{l} \text{Chickweede,} \\ \text{Cichory white,} \\ \text{Barres,} \end{array} \right\}$ and $\left\{ \begin{array}{l} \text{Renell, &} \\ \text{Parcely,} \end{array} \right\}$ in the full Moone.

Sow $\left\{ \begin{array}{l} \text{Onions,} \\ \text{Cabages,} \\ \text{and Leakes,} \end{array} \right\}$ in the wane: and replant Cabages in the decrease.

In the new Moone, graffe, plant, and set almost all trees: cut Quickset hedges, set Holes and berry bushes, the weather god, and wind respected.

In the wane set Beanes, Pease, & Warkings, & all kind of legumen: and sow Onions and Parcemeys. And now good husbandmen set toward their gardens, in setting and sowing most kind of herbes and seedes, except Wazell, Margeram, and such like, which cannot abide cold nor drynes. Also sow kernells of Barberies, Peares, and Apples.

Set Hops.

Sow Mustard-seede.

Set Wines, and prune them.

Stake, and rearre by Ronnealles.

Restraine all things that scop the liver or heynes, or that thinke bloud, as Rice, Spike-pottage, with Mallowes, and al fumis meates.

Forbeare Phisick, and bloud-letting.

Beware of taking cold, for now Agues are apt to be taken.

Now it is dangerous to take sudden heate or cold.

Observations



Observations in March.

Here I cut my Vine spring.

Still have regard what sorte you take,
For now in man hysede humors great,
The learned of your counsail make,
Before you blode, bathe, purge, or sweate.
Such virtus March requireth,
As are both light and pure,
Bloud letting somewhat profiteth,
And medicines somewhat cure.

Eate pleasant and well spiced meates.

Restraine sharpe meates.

Drinke pleasant and the strongest wines.

Outtimes eate like pottage.

To bathe often profiteth much.

Take no potion to purge or blode by heine.

Eate often Penny-royal, to heate the stomack, & to make diges-
tions; in sallets eate Witory, to cleanse the sight, & to ariet the head.

Use $\left\{ \begin{array}{l} \text{Graines,} \\ \text{Ginger,} \\ \text{Nutmegs,} \\ \text{Calingale,} \\ \text{Pepper,} \end{array} \right\}$ and such like splices, profitable this time in
drunkes or meates.

Sow $\left\{ \begin{array}{l} \text{Cabbage, Lettice,} \\ \text{Cucumers,} \\ \text{Cardus benedicta.} \\ \text{Hampshire,} \\ \text{Gilliflowres,} \end{array} \right\}$ $\left\{ \begin{array}{l} \text{Wazell,} \\ \text{Saffron,} \\ \text{Harts-horne,} \\ \text{Harts-ease.} \\ \text{Mallowres,} \end{array} \right\}$ $\left\{ \begin{array}{l} \text{Artichocks,} \\ \text{Cardus} \\ \text{Chickweed,} \\ \text{Burnet,} \\ \text{Slop, Savoy} \end{array} \right\}$ in the old Moone.

Sow $\left\{ \begin{array}{l} \text{Keddish,} \\ \text{Pumpions,} \\ \text{Sauell,} \\ \text{Corader, Horage,} \\ \text{Parcelan,} \end{array} \right\}$ $\left\{ \begin{array}{l} \text{Margeram,} \\ \text{Violets,} \\ \text{and Time,} \\ \text{Marigolds,} \\ \text{White popie,} \end{array} \right\}$ in the new Moone.

Sow Cabage cole, Onions, and Leakes, in the wane.

Observations in March.

Sowe $\left\{ \begin{array}{l} \text{Beets,} \\ \text{Parcely,} \\ \text{Fenell,} \end{array} \right\}$ and $\left\{ \begin{array}{l} \text{White Cicory,} \end{array} \right\}$ In the old Poone.
 Sowe $\left\{ \begin{array}{l} \text{Lettice,} \\ \text{Reddih,} \\ \text{Spynage,} \end{array} \right\}$ at all seasons.

In the new Poone graffe any good fruit, respecting the wind: plant Quicksets, so that the weather be not too dry.

Set Vines and prune them, set Hops and Willowes, and cut Quickset hedges.

In the waine, set Pease and Beanes, and sowe Onions, Parcenes, Otes, and Field pease.

Good hulswines are now knowne by their gardens.

I neede not to tell that it is now good to set and sow all herbs, except Bazell and Margeram, and such like.

In y end of this month set Cucumers, Pelons, & Artichocks.

Sow Barley in moist and cold ground.

Grose feeding bædeth euill bloud and grosse humors.

Use meates of good digestion, and such as bæde good iuyce.

It is good to purge in warme and milde weather.

Now it is good to enter into the diet of Cinacom.

Sweete meates and drynkes are now holsome.

March sayd to Auarill,

I see three hogges vpon a hill:

Wilt thou lend me dayes three,

Ize do my good will to make them die.

When three dayes were come and gone,

The three hogges came hopping hoin.

A shoure in March, $\left\{ \begin{array}{l} \text{The third in Auarill,} \\ \text{Another in May,} \end{array} \right\}$

The fourth about the Laminastide,

When Corne beginnes to fill,

Is wel yworth a plough of gold,

And all that longs theretill.

Observations in Aprill.

Heere I heare the birds sing.

A LL things their strength now put in dre,
The pores are open, the bloud abounds,
Let bloud and purge: yet be thou sure,
From learned counsell no hurt redounds.

Those meates are meate in Aprill,
Whiche March desired for to haue.
Bloud letting now doth very well,
Now purging medecines do craue.

Eate pleasant meates.

River fish is holsome.

Gallets are commended.

Blode by any vaine in the body except of the Lungs: to open
that vaine, hurteth, and to open the middle vaine, profiteth.

Bathe often.

To purge the Stomacke with a potion; otherwise, is good.

Eate no kind of rootes.

Eate all kind of flesh but pigges.

Take phisicke, but blade safely.

Drinke moderately.

Blode for scabbes.

Eate Vitony and Wynts prepared in honey.

Drinke in the morning fasting.

Use herbe Grace in thy wine.

Beware of eating saltfish, which then ingendereth the scab
and ytch in the body.

Sow $\left\{ \begin{array}{l} \text{Cardus,} \\ \text{Artichocks,} \\ \text{Walflowres,} \end{array} \right\}$ and $\left\{ \begin{array}{l} \text{Geliflowres,} \\ \text{Hartseale,} \\ \text{Parcenes,} \end{array} \right\}$ In the old
Poone.

Observations in April.

Howe { Flowre gentell,
Rosemary,
Lavender, } and { Margerā,
violets,
& Lune, } in the new spone.

Howe { Cabbadge Colles in the wane of the spone.

Gather { Adders togue & Roles: } make { Syrop of Roles,
Camomill }

Purge, let blood and bathe.

Now go to Bathes: if thou canst not, be wned at home, frō the beginning of this moneth to Midsummer, and from Midsummer to the end of September, o; els it is too hot o; too cold.

Purge, let blood in temperate time.

Now housewifes that forger their gardens before, wil leaue no vacant plot nor hearbe vnsit, nor syde from sowing and setting, and specially Cucumers, Melons, Cithrons, Cucumbers, and Artichocks.

In the wane of the spone, set Pease, Beanes, and yele Poppes.

Dairy dasies, besir your families,
Let the Tanner looke for barke.

Observations

Observations in May.

I am as fresh as bird on bough.

To bathe and also to let blood
If neede require do not refuse:
To rise betimes will do thys good.
Be merry, but no myght abuse.
In May thou mayest with safety
Both bathe and take purgation,
Use Vnctry and Phlegbotomy,
And like evacuation.

Wash thy face often with faire running water.
Use not to eate much meate of hot qualitie.
Blood when need is in any place.
Cobled in the soote is most profitable.
Beware of eating any stale fleshe.
Eate no tainted fleshe that smelleth ill.
Eate your fallet in dole season.
Drinke but little wine.

To bathe is not unprofitable.
Drinke clarifid whey, simply o; drawen with cold hearbes.
Use to drinke pure wine mixed with goales milke, and with
that anoynt thy head and brest.

To drinke sharpe drinke profiteth.
Take Phisick if neede require.
Eate no head nor fette of any beasts, because of the moisture
of the hearbes beasts do eate.

Wine made of wood is profitable to drinke.
Use to eate Fennell rootes tenderly sodden.
Take tender lares to purge the bloud.
Sleeps a littell after dinner.
To blinde on the head o; liver beines profiteth.
Arise early: Pay loueth no sluggards.

Galke

Obseruations in May.

Walke into the fields.
Eate and drinke betimes.
Sage leaues and butter and Sage ale is holsome.
Eate no egges, nor the heades, face, or braines of any thing.
Drinke clarified whay with these herbes, Fumitory, Maiden-heare, Betrach, Sorrell, and Egremony, of each of them halfe a handfull: a few tender buds of hoppes, with a little liquoris: Boyle them, straine them, and drinke it at all times, except with meates.

Gather and make { Syrop of Roses,
Sugar Roset,
Oyle of Camomyll,
Oyle of Lillies,
Opium,
Rosemary flowers.

Howe Cardus Benedictus in the old Poone.

Howe { Lettice,
Ruddish,
Spinage,
Parseneps, } at all times.

Now cut, set, and plant all herbes and siedes: for it is sayd of olde, Set or cut in Hay, and grow all day.

Now sow Bazell, Margeram, Turneps, and all siedes and sallet herbes.

Howe Flare and Hempe, and set Artichocks.

Waxe Hops, set yong graffles.

Distill herbes gathered in a dry day in the after noone.

Howe good Gentlewomen will distill May dewe.

Now gather and make Rosa solis.

Put your Lambes from the Ewes.

Restraine all things that stop and congeale the bloud: all the spring time.

The labo:ring man needeth not vse any rules of Phisick.

Let weake stomacks vse thinne diet.

Receive phisick, let bloud, & bathe, & after this month restraine.

Drinke clarified whay.

Obseruations

Obseruations in June.

My Corne is weeded well enough.

A Wrayne from drinke both swet and new:

From Phisick do thy selfe restraine:
Wise riotous pleasures quite adew,
Lest that they bide thy endlesse paine.

Cold hearbes in June are very meete,

But such create shunne chiefly,

As shalbe eyther new or swete:

Take pleasures medicinably.

Abrayne from meates that engender flegme.

Drinke the pleasantest wines.

Drinke sometime fadling white wine, which purgeth choler.

Eate sallets of Lettice prepared with vineger, to purge humors descending to the kidnayes.

Use meates of light digestion.

Arise awaies from the table somewhat hungry.

Exercise thy body with some long walke.

Use Phlegmatony safely.

Eate no milke but that is well sodden.

Weyare of eating Apples this moneth.

To bathe is good, but not to tarry long in it.

To walch thy face often in cold water is commendable.

It is now good time to make Syrop of Damask Rose, & serues of red Roses, Clolets, Borage and Buglos, and to distill Rose water, and to make oyle of Roses.

Whare Corne and Gardens.

When the Sunne shineth, make Hay.

Set Gilliflowres, Carnations, and Rosemary.

Howe sallet herbes, & Lettice iiiii. daies before the ful Poone, and Ruddish iii. daies after the full Poone, in every moneth from March to September.

D

Set

Observations in June.

Set no herbes, hedges, nor trees in June, July, or August :
and have an eye unto Antes, Crickets, and Snails in your gar-
dens.

Sow { Lettice,
Reddish,
Spinach, and } at all times.
Parseneys,
Pumpions in the new Roone.
Cucumers in the old Roone.

Gather { Towne Cresses,
Peritory,
Lang de bies,
Dragons,
Diganum,
Calamint, and
Mary golds the xvi. day before the Battell,
without knife.

If thou must needs take phisick, take it early in the mor-
ning.

Use thinne diet of thy meate.
Let no blood, but in extremitie.
Drinke clarissed whay as in May.
Take no great thirst: for the pores of the brayne are open.

Observa-

Observations in July.

With this sickle my grasse I mowe.

Old herbes now wholesome herbes:
But let no blood in any wise:
By running streame and shadow tree,
Thy booke thou mayest well exercise.
Slope not too much, to cold Bathes go:
Refuse to use Phlegbotomie:
This month abstaine from Venus: woe
To him that keepes her companie.
Now make hay, fallow so; whicheate, forget not to carry out
syle.

Gather such flowres and seedes, as you will keepe all the
yeare.

Dry your flowres in the shadow till they be almost dry, and
then sunne them well that they mould not, and so also dry your
herbes.

Beware of bread made of fusty or pind coone.
Take no great thirst, and vse moderate diet.
Avayd euill ayres.

Walk not abroad too early nor too late: especially where
sogs, mistes, vapours, or dinkes in streetes be or lanes.

Kepe close your chamber windowes shut all night, and open
all day in faire weather, but shut in mist.

In the evening perfume your chamber with perfumes of Ben-
jamin, Storar, Spalsticke, Frankincense or any of them.

Eate in the morning butter, with bread and Rue.
Stepe Rue in Wine or Ale, all night, and drinke it in the
morning.

Feare God and serue him truly, lead a cleane lyfe ho-
nestly.

Sow white Succory in the full Roone.

Sowre

Observations in July.

Hoewe { Lettice,
Reddish,
Spinage, &
Parceneps, } at all seasons.

Use moderated diet in meate, so; the Stomack will better digest drinke then meate.

Take no chirst in June, July, or August, for nothing ingenereth more seruent heate, Agues, and the Plague, then it.

Now extreme thirsts, heats and cold, do suddenly come vpon them that are subiect to those diseases.

Observations



Observations in August.

Here I cut my corne full lowe.

Let little sleepe, and meate and wine,

And little or no venery

Huffise: abslayne fram medicine.

Fly cold Bathes, and Flegbotomy.

Good husband, bi thē to haue in thy Barnewell, and let him that best besturres him, haue a Garland, and be Lord of the Reapers.

Give her that followeth him best, preeminencc to be Lady.

Deny none to give them largesse.

Hoewe thy Fearnē.

Gather seedes of thine owne garden yterely, whiche are better then thole thou shalt buy of others.

Hoewe Lettice seedes to eate at Easter, and to bring timely seedes.

Moderate diet is good Phisick.

Weare of surset.

Take heed of taking great heate, or sudden cold vpon thē.

Sleepe not much at none.

Take no Ague now, for the fits are extreme sharpe and long, by reason of the Canicular daies.

Use glitters, and open a veine if strenght will beare it.

Obseruations in September.

With this flaire I carne my bread.

September yelds fruities pleasantly :

Restraine eate not thy fill :

Take medecines, vse phlegbotomy.

Pow spice in meates not ill.

Make conseruies of { Barberies,
& Quinces.

Sow seedes of winter hearbes, and set Artichocks.

In these we Moone cut Quickset, hedges of Roses, and boords of hearbes.

{ Berry bushes,

Set { Apples,
Peares, } that are yong.
{ Wardens,

It is good { Strawberies,
Violets,
to set { Gelliflowres,
Carnationes.

In the new of the Moone sow Parceneps.

Sow Wheate and Rie.

Gather Crabbes, for Mergis.

Gather Akornes and Bach malf for hogges.

Take the hony from the elder Bass, & keepe the younger bees warme and dry, and beware of Pyce, Antes, Snailles, Mothes, and such like.

Hy the Woze.

Put the Cws to the Ramme, that they may take by h. Ed-
wards time : and come by mid-March.

Pluck thy hempe, and cleane thy seed.

Take Phisick.

Bathe and be let blood, if need bee.

Eate all ripe fruities that are not infected, if thy Stomacke
Obseruations

Obseruations in October.

Here I sowe my wheate so red.

Go hunt, drinke wine that's old and god,

Take exercise for health :

Pow must thou take good store of food,

Whiche hast good store of wealth.

Sow Wheate, and cleane thy feed corne in thy barne at home.

In the branc of the Moone, it is god to set yong trees of Apples, Peares, Wardens, Roses, and Berry bushes.

In the wane of the Moone, set Beanes, and Bathe pease, and sow Parceneps in warme Gardens.

Send out boyes to gather Acorns.

Set all kind of Nuts, as thicke as they can stand in a pot or pale, and after remoue them.

Gather winter fruit.

Bid the boy goe skar the Crows.

Finishe vp the Phisick you mind to take, and rest till March.

Use good hot meates and drinke.

Drinke holesome wines to nourish the blod.

Go dry thyd, lell the Rhume or Pole take ther.

Provide warme clothing.

Pow it is dangerous, to take the quartaine Ague.

Obseruations in Nouember.

With this axe I kill my Swine.

Old wines and swete are holsome.

Let little bathynge serue.

Count Venus now as lothsome,

If health thou wilst p̄sereue.

In the new Moone remoue yong tr̄es, and set crab stockes in
Nouember, December, Januari, and February.

In the wane set Beanes, Hasslers, and Rathe pease, & some
Parseneps.

Let none that can make Hault be idle.

Hill Biese, and Bacon to hang in the rooſe.

Take no Phisick.

Bled not now, bathe.

Use good meates and drynkes.

Use warme cloathing.

Good exercise p̄sereueth health.

Obseruations

Obseruations in December.

And here I brew both Ale and Wine.

No fire and hot meates haue thou must,

December loues warme potions.

Drinke wine, beware of too much lust:

Goe warme and vse strong motions.

In the new moone, the winde being West or Southerly, the
weather being not extreme hot nor frozen, set or remoue trees
of al fruits, Rosles, and Berry bushes: in the wane set Beanes,
Hasslers, and Rathe pease.

Amend thy hedges.

Cleauē wood.

Loke to weake cattell.

Let thy horſe bloud on Saint Steuens day.

Couer such herbs as cannot abide cold and hard winter, with
Fearn or straw, and God send a merrie Ch̄ristmas.

Use Doctor Diet, Doctor Duict, and Doctor Pery man, for
thy phisicions.

Let thy kitchen be thy Apothecarie.

Let warme cloathing bee thy nurse.

Let god companie and god hospitalitie be thine exercise.

Let thy neare, old, poore, and hungry neighbours bee remem-
bered.

Remoue and set trees, Rosles, and Berry bushes, euerie new
Moone, from the beginning of September, to the end of Fe-
bruarie.

Grasse euerie new Moone, from Januarie to mid Ap̄ill, the
wind being not North nor East.

Sow seedes and herbes, or set herbes to haue seed againe, euer-
ie new Moone, from Februarie to June.

Cut hedges or herbes euerie new moone, from Februarie to
May: but viles onely in Februarie and March.

Set

Observations in December.

Set or sown seeds as shall be roome, as Onions, Turneps, Cabbage, Lettice, and such like, thre or fourre dayes before the full Moone: Onions in Februarie and March, Turneps in May, Cabbage in Januarie, Februarie, March, and September, Lettice euerie month.

Sowe all seedes that the rootes shall grove downeward: as Parceneps, Carrets, and Reddish, in the wane of the Moone.

Gather Apples, Peares, and Wardens, in the wane of the Moone.

Observations

Observations for gathering of Herbes, Fruits, Seedes, Flowres, and Rootes.

Should be gathered when they bee full ripe, and the moystre Seedes, some deale dryed.

Should be gathered when they be some deale opē, before they Flowres, fall o: fade.

Should bee gathered when they be full of moystre, before Herbes, they do beginne to shynke.

Should bee gathered when the leaues do fall. Rootes,
Should bee gathered when they bee at the full greatnesse, be: Fruits, soe they fall.

The heauier and the sadder that the fruities bee, the better they are.

Those fruits that be great and light, thou shalt not choose.

The fruit that is gathered in raine, are not so good as fruities gathered in faire weather.

That grow in the fields, are better then those which grove Herbes, in townes and gardens.

Of those herbes which grow in the fieldes, such as grow on hilles are best.

Commonly the hearbes growing in the fieldes, are smaller then herbes of the same kinde, growing in townes and gardens.

¶ Many herbes haue their speciall times of gathering.

¶ If they bee gathered in that time, they haue their vertues, but if they bee gathered in any other time, they are not so good.

¶ Some herbes helpe whensoeuer they bee gathered: and some do not, if they bee gathered out of their time.

Swine

Obscruations for gathering of herbes,

Swine-cresses,	are to be gathered at all times.
Red Docke,	
Pedeleon, after noone,	
Wallwort without yron,	
Groundswell,	
Garlicke,	
Dodoz, upon lyne,	
Saffron before sunne,	
and Galingale,	
Camomill and Adder-tongue,	
Tiioletts, _____	in Aprill.
Roses, _____	In March.
Towne Cresses,	in June and July.
Perritory,	
Lang de biese,	
Dragons,	
Origanum,	
Calamynt,	
Marygolde the rvi. day, before	
sunne, with yron.	
Rose-mary flowres, _____	
Wittony and Colombines, _____	
Centory,	when they flowze.
Wilde garlicke,	
Agnus Castus,	
Water Calamynt,	
Drake,	
Hares-tongue, _____	
Astrologia longa,	
Astrologia rotunda,	
and Fenell,	
Courds, _____	
Cucumers, _____	in the end of September.
Cittrull, _____	when the first is ripe.
Fenell rootes, _____	in the beginning of the peere.
	Gentian

frutes, seedes, flowres, and rootes.

Gentian, _____ in the last end of the yere.
 Flowre de lyce, _____ in the end of Marc.
 Wilde Pepper Berries, _____ when they ware yellow.
 Philipendula rootes, _____ in the end of Haruest.
 Aquens, _____ at all times.

Grapes: before they be ripe, prese out the lyce or moistnes, and drye it in the sunne, make it into powder, and use it with meates, it is good against casting comming of cholericke humours.



Obseruations for gardening, by Father Kinke of Tibolds.

Trench and levell your ground in summer, if it be not alreadie broken in winter.

Then may you sowe all maner winter herbes, for Sallets, and for the Bitchin.

Fourteene dayes before Bartholmew-tide, set knots of all maner herbes, and borders, with double Wall-flowres, Gillies, flowres, Pinks, and such like.

If the ground be readie, sow Endive to make white, fourteene dayes before Midsummer, and sow at every wane unto Halloweynytide.

Then must you take them vp in a drye time, and set or lay them as close as you may, that the earth come not among them.

At Bartholmew time is good sowynge of white Cabage.

Take them vp in Januarie, in the wane of the Spone, or in Februarie, and replant them two foote asunder, and they will be readie to eate about Midsummer.

Sowre of the same Cabage again about Februarie, then shalt you doe as aboue-said, and they will bee reacie about Yellomas and Chixmas.

Sowre about Februarie Cabage Lettice, in the wane of the Spone.

Observations for gardening.

Sowe in March all herbes for the kitchen.

Sowe in May, Turneps, Reddish, and Carrets, to serue for winter.

Cut your knots and borders in the spring of the Moone, to make them grow apace.

Do the like by all quickset hedyes.

If you will haue them to grow softly, cut them in the wane, and it will be the longer before they shall be cut againe.

Set and lay red and damask Rosees, and Strawberries, after Bartholomewtide.

Begynne to remoue all sorte of trees for fruities, at Hallown-tide.

In the latter end of Aprill, or the beginning of May, pricke in the ground, Bazel, Margera, Melons, Pumpcons, Cucumers, &c.

Lay your Cucumer and Melon seedes in milke to leke, a day and a night before you pricke them in the ground, in the wane of the Moone.

For feare of frost couer them in the night with pottes, and for feare of smayles.

Cut your vine in Januarie or in Februarie, in the wane of the Moone, or at the beginning of March, two or three ioynts: but in May cut it not too neare, for feare it blode and hinder the vine.

If it be a yong vine, cut but two ioynts, and cut it betwene the ioynts, not too neare any ioynt, and it will beare very well.

Set vines in Januarie or Februarie.

If in the end of Aprill, or the beginning of May, you will cut a branch of a vine, it will blode verie much: you may preserue that water in a glasse for your eyes.

Gather all fruit to last, in the wane of the moone, next before or after Sichalmas, and lay them in a close chamber, upon heapes.

In distilling of any waters, when your glasse is full, put in a Still full of Rosees, or of other things that you mind to still, and put your glasse into your Still uncovered, & let it stand till that be fullled: then close by your glasse, and never let it in the sunne.

To

Observations for gardening.

To graffe in the shield, is to be done in June and July, with the rynde.

To graffe in the Scocchin, is to be done in March and Aprill, in the new Moone, or a day or two before the change. First pare the skinnes readie to put in the stocke, before you cleave the stocke: straight put in your skins, and clay them sure: for if the sap of a Plumme tree take wind, it then will not prosper.

Kinke of Tibolds.



Certaine observations.

ALL raw things annoy the stomacke.

All rosted things, bee dye.
and all wines,

Eate not too much,

Eate but when neede is: whereby enjoy continuall health.

A good perfume to burne.

Take Storax & Calamynta, a quarter of an ounce: as much Beniamin, as much Lignum Aloes, beate the wood in powder, and then incorporate all the rest by beating together, and make it in small Cakes to burne.

A pretie kind of bread to eate in the morning.

Take Sugar one pound, fine wheat-flowre a pound, eight egges beaten: temper them well together, with a few whole Almonds cleansed: make it in Coffins, bake it, and eate it euerie morning.

For a web in a Horse eye.

Take Celidony and salt, and stampe them: and then put it in the Horse eye.

For

Certaine obseruacions.

For a Horse founred.

¶ Take fourre egges hard rostet, and all hot, laye to each foote one, shal and al, and stop it fast about with horse dung, and so let him stand.

To make Vineger.

¶ Take a quantitie of Bean flowre, knead it with Vineger, bake it, and twise or thise take it out of the ouen, and moyst it well with Vineger, til it haue drunken wel, then put it in wine, and it will turne to good Vineger, and the like you must doe to make easel or Alleger.

For a Horse that hath the Cough.

¶ Take two egges and buse the shelles, but biske not the yolkes, put them into one pint of Vergis al one night: the next day take out the egges, and put into the Vergis a peni. y worth of Polipody of the oke, and boyle it a good while. And after, whē it is luke warme, put in the egges, shels and all, and stirre them well together, and give it the Horse to drinke.

For Hoggis murren.

¶ Rootes of Polipody are good.

For squinancy of Hoggis.

¶ Harts-ease is good.

¶ Rub thy hands with the rote of Dragons in May, and take Adders in them, and they shall not sting thee.

Ad extinguendum Argentum viuum.

¶ I Argentum viuum extinguitur, bene cū salina & cincere calid, bene confricando.

2 Melius tamen cum sulphure & salina,

3 Optime cum salina, & calce vi.

For the Farcy on a Horse.

¶ Allumen mixtum cum Aceto & galla equali pondere ad stringendum Farsam ne sana loca perambulet, multum valet,

Obseruacions

Obseruacions for Diet.

P; time	Chickens,	{	Eggs in mooneshe w,
	Kids with vergis,		Roches,
	Boage,		Perches,
	Beetes,		Pikrelles,
time.	Polks of egges,		All scale fith.
	Capons,	{	
	Hennes,		
	Pigeons,		
Harvest	Good wines,	{	
	Good drincks.		
	Light meates,	{	Appelons,
	Chickens w vergis,		Gourds,
Humer	Pong Hares,		Cucumers,
	Rabbets,		Peares,
	Lettice,		Plams, (sals.)
	Purcelain,		¶ the fith also.
time.	Eafe,	{	Partriches,
	Poake,		Pholants,
	Watene,		Hares,
	Harts,		River sowles,
Winter	Hindes,	{	Wine,
	Other venison.		Good splices.

God to comfort
the braine.

Smelto Spiske, Quibbes, & Camomill:
drinke wine moderately: eate Sage not too
much: couer thy head: wash oft thy handes
and feet: walke measureably: slee reason-
ably: delight to heare melody & singing:
eat mustard and pepper: sunel to red Roscs:
wash thy temples with red Rose water.

C

All

Observations for Diet.

God for the baine,	All baines of beasts, Gluttony, Drunkennesse, Late supper, To sleep after meate, Corrupt ayre, Anger, Heauines, To uncover y head, To eate softly, Too much heate,	Too much watching, Too much walking, Milke, Cheese, and Puts, To eate before hunger, Bathing after meate, Dnyons, Garlick, Great noyse, To smel to a white Rose, Much stirring.	God for the macke,	Maynewood, Galingale, Putmegs, Measureable sleepe,	Too walking after meate, Every cold thing, and Vineger, Pepper.
God for eyes,	Look oft on gold, Red Roscs, Beruia, Kew, Fennel, Cusfrase, Garlick, Dnyons, Hunger, Leekes, Waking, Winde, Hot ayre, Cold ayre, Gluttony, Milke, Cheese, Much to behold, Smoke, Colewoots,	Pimpernell, Oculus Christi, Pluge clare water in y eyes, Looke on grane colour, Measureable sleepe, Wash hands and feet often, Lechery, Sleepe after noone, Much sleeping, Much waking, Blood letting, Looking against the fire. Cuill baked bread, Dust, Sleeping, Looking against the sun or Moone, Bright things, Red colour, White colour.	God for y throat,	Pistachiois, soft Egges, Slop, Sugar-Candie, Honey, the throat, Sugar, Butter with a little salt.	Too much waking, Much lying on the breast, and Much drinke, Smoke of Incence, Anger, Old cheese, Much running, Sowre things.
God for the eyes,	and	and	God for y heart,	Mustard, Wourage, Laughing, Joy, Muske, Cloues,	Too much wesk, and Much drinke, Smoke of Incence, Old cheese, Much running, Sowre things.
God for the macke,	Red mynts, Red Roscs, Comyn, Sugar, Sage,	Calamynyt, To bowyt once a quarter, Great hunger, Every day to stand after meate,	God for y heart,	Putmegs, Galingale, Red Roscs, Violets, Sugar, Cloues, Beanes, Pcale, Leekes, Garlick, Onions, Heauinesse,	Anger, Dread, Too much heauinesse, Tredell, To drinke cold water after labour.



Rams little Dodeon.

For the after-birth, seconde, dead child, or flowres.

Camepites leaves decoct in wine and drunke.
 Comiza leaves & flowres decoct in wine & drunke.
 Marygold flowres decoct in wine and drunke.
 Camomyl herb, flowres, & root, decoct in wine and
 Lime, boyled in water & hony & drunke. (Drunke.
 Penny-royall, boyled in wine and drunke.
 Masticke bark or leaues, decoct in wine and drunke.
 Horehound white, decoct in wine and drunke.
 Horehound blacke, decoct in wine and drunke.
 Rue leaues, decoct in wine and drunke.
 Lauender, decoct in wine and drunke.
 Dictain, decoct in wine and drunke: or a pessary.
 Cestly s̄edes, decoct in wine and drunke.
 Daucus s̄edes, decoct in wine and drunke.
 Marifrage rootes, decoct in wine and drunke.
 Pannar s̄edes, decoct with Womewood in wine, and drunke.
 Penedamū rote, h̄ lap by it self, or with bitter Almonds taken.
 Oppopannar: a pessary.
 Lacerpitium, with myre and pepper drunke.
 Hagapenum, with hōmed water drunke.
 Gibranum, with wine and myre drunke.
 Amommacum, taken a little at once. ‡‡
 Aristologia longa, with pepper and myre & drunke.
 Centoxi maius, decoct in wine and drunke.
 Veleborus albus, decoct in wine and drunke.
 Veleborus niger, decoct in wine and drunke.
 Cucumeris siluestris, decoct with hony, conveyed in the place
 conuenient.
 Bryony white roote, a pessary.

Scamony,

To prouoke flowres when they be destroyed.

Take the roote of Mader grane, make it cleane, enoynt
 it with hony, and spinkle powder of Mader on it, make a
 pccarie or suppository of it, and put it in place conuenient.

To deliuer a dead child.

Scalp Leeke blades, and binde them to the womans na-
 uell, and it shal cast out the dead child: and when she is de-
 liuered, doe away the blades, or else shes shall cast out all that
 is in her.

Rams little Dodcon.

Scamony, a pessary.

Mandragora, a pessary.

Lupines with myrrhe & hony, a pessary.

Smyrnium seedes, decoct in wine, and drunke.

Cresces seedes, decoct in wine and drunke.

Ciscus, taken.

Haven leaves decoct in wine, and drunke, or pessary.

Azaram with hained water drunke.

For the Ague.

Otherne wood sooked in oyle, and rub the body.

Tansye lycpe mingled with oyle of Roses, amoynt the body.

Hepatica decoct in wine and drunke. — Liverwort.

Hingrene lycpe with pepper drunke.

Bugle, or Brunell, decoct and drunke.

Violets the sirrop taken.

Flos Armoris, the flowre cōserued taken. — Sweet Williams.

Dayles small, the leaues decoct in water and drunke.

Cotula lutea, decoct in oyle put in Clister. — Wilds.

Camomill.

Dppopanbar, drunke with hained water.

Rubarb infused and taken.

For hote Agues or Feuers.

Willum or Flebane, the seede decoct o; steeped and drunke.

Virola decoct and drunke.

Violets sirrop taken.

White water Lillie decoct and drunke.

Scamony, the weight of sixe wheats graines taken,

Cichorij decoct and drunke.

Purcellain lycpe drunke.

Roses lycpe drunke.

Marrish worts blacke, eaten raw, or stewed with sugar.

Goose-berris, eaten raw with meates, greene.

Barbery bush, greene leaues made in sauce, eaten.

Apples eaten.

Lemons eaten.

Pomegarnets eaten.

Sobellenes

Incidenta.

Ague Cakes.

Drinke Centrale water.

Frie red Mints, red Petties, and otherne wood with butter, apply it hole as it may be lassified, of each one dram.

Roast Onions with butter, streare it, and amoynt the gries.

Drinke water of Slop,

Take Smaldege, chop it small, and make worts with ole meale, and eate cuerie morning for a time.

To abate extreme Heate in Ague.

Take French wine, a quart, and as much running water: planten the drame: boyle the halfe, and to abate the harshnesse, put to it a good peice of sugar: drinke this warme in extremis of heat: for want of French wine, take Gascoyne wine.

For S. Anthonis fire.

F Euerewe grēne leaves, pund and laid to.
 I usilago leaues, pund with hony and laid to.
 Penny wort in the wall, the iuyce laid to.
 Verroze, pund and laid to.
 Ponganum pund, and laid to.
 Flebane seed decoct in water or stiped, and laid to.
 Singrēne pund alone, or mingled with parched barley meale,
 laid to.
 Waruen pund with vineger, laid to.
 Water Singrēne pund with vineger, and laid to.
 White Lilly rotes rosted, pund with oyle of Roses applied.
 Hasston mingled with womans milke, laid to.
 Coriander iuyce with Ceruce, Litterge, Vineger & oyle of Roses,
 applied.
 Azarum stamped, and laid to.
 Palma Christi leaves pund with barley meale, laid to.
 Liverwort b̄used, and laid to.
 Popie heads not ripe b̄used with barley meale, laid to.
 Nightshade leaues pund with barley meale, laid to.
 Alkakengi leaues pund with barley meale, laid to.
 Olive tree leaues decoct in wine, and laid to.
 Melilot: a Quince and oyle of Roses, laid to.
 Drache pund with Salt peter, Honey and vineger, laid to.
 Succory iuyce with barley meale, laid to.
 Lettice grēne leaues b̄used, and laid to.
 Purcelaine leaues pund with parched barley, laid to.
 Coud iuyce with oyle of Roses, laid to.
 Carrick burnt to ashes, medled with vineger, laid to.
 Roses iuyce applied.
 Coleberries grēne b̄used, and laid to.
 Acacia the iuyce, laid to.
 Dates leaves and b̄anches pund, and laid to.
 Cypress tree leaues pund, and laid to.
 Turpentine, applied.

For

For S. Anthonis fire.
 S Tampe Adders tongue with swines greace, and apply it.
 Arache iuyce, laid to, easeth.

B̄etes ——— Burfa pastoris
 Succory rotes and flower
 Lye made of ashes of Colewoots
 Coriander iuyce with vineger
 Endive with Ceruce and vineger, applied
 Galion ——— Gourdes iuyce

Venbane boyled in water
 Myntes iuyce with vineger and b̄umfions
 Myntes, Rue, oyle and vineger

Opium with vineger
 Perritorp stamped, tempered with Ceruce
 Parcely with bread
 Planten leaues bruised with iuyce of Houselake
 Grēne popie heads, not ripe, pund with barley meale
 Red rose d̄ried leaues sodde in wine war me
 Rue with oyle of Roses, Vineger, and Ceruce
 Hauin stamped or the iuyce

Thoro-wax the water or herbe
 ¶ Boyle the herbe, roke & seed of Holy hocke, with barley meale
 in water, mixed with oyle of Roses, or oyle Oliue, and apply
 it to the holy fire and shingles.

¶ The water or iuyce of Knotgras cureth all Ringwormes,
 Welters, Shingles, Holy fire & Inflammation, stinking filth in
 eares, rotten sores, Gangrenes of the gumes, and all wounds
 new and old, but especially about the priuie partes of men
 and women, & preferreth the same from Inflammation, and
 all other cuill accidents.

¶ Take vnsel Porret & Lazels, wash them cleane, dryed them &
 rampe them, & take some clere water, & some oyle, and syr
 them on a soft fire, and apply it warme as ye can.

For wild fire.

¶ Take dreggis of wine or vineger, & the yolkes of Ratnes
 egges & whites by euene measure: temper them well toge-
 ther, and apply it to the griefe, and it wil heale.

To

seuerally
applied.

Rams little Dodeon.

For to restore Appetite.

Imperatorium roote decoct in wine and drunke.
 Lupines sooked long in water, eaten.
 Sorell de Boys and decoct, eaten or drunke.
 Lettice cruppe, eaten with meat or Hallet.
 Sea-Purclaine preserved and eaten in Hallet.
 Rampion eaten with vineger.
 Raphanum magnum eaten with meat.
 Skirworts eaten boyled.
 Parcely eaten with meat.
 Charuell decoct and eaten, or Rawe in Hallet.
 Mustard eaten.
 Pepper eaten with meat.
 Onions eaten with meat.
 Capers eaten in Hallet.
 Barberies eaten with meat.
 Lemons eaten.
 Putmegs eaten.
 Maces eaten.
 Olives eaten with meat.

For the Appoplexic.

Illy Conualle, the flowres distilled with Strong wine,
 drunke, one sponefull.
 Sarsifrage, the roote chawne in the mouth.
 Sagapenum the waight of a dram taken.
 Colloquintida the white pulpe, one scruple taken.
 Bony roote one dram taken.

For to restore speech in Appoplexic.

Small Sarsifrage the rootes taken.
 Euphorbium, corrected, taken.
 Peach kernels eaten.
 Viscus quercinus, the wood hanged about the neck.

For

Incidentia.

To make a man haue appetite to his meate.

¶ B Oyle Centroy in faire water, & giue the sick to drinke ther-
 of, at moynge iii. daies blood warme: ech day ix. spones full.
 A comfortable powder for digestion, and to procure
 appetite, with other good properties.

¶ Take Pellitory of Spaine, Centroy, Annis, Liquors,
 Graines of Paris, Ginger & Sinamion: of ech a like much
 beaten and serced, and drinke thereof moynge and even, halfe
 a sponefull in Wine or Ale.

Ipocras for a weake Stomack.

¶ Take one pint of Aqua vita, put in a glasse, the take ii. oun-
 ces of Sinamion, one ounce of Ginger, two penniworth of
 Cloues, two penniworth of Graines, one penniworth of Put-
 meggs, beate them al together to grosse powder, put al into the
 glasse to the Aqua vita, shake it every day often ix. daies toge-
 ther, and drinke it with Wine or Ale, halfe a sponefull, or a
 quarter, with halfe a pint of Ale.

For the Appoplexic, and to restore speach in Appoplexic.

¶ V Se to drinke Borage water.
 Bpony roote one dram a whole yere together cureth.
 Colloquintida taken in glisters and subpositories, cureth.
 Cowslip flowres cordited with suger often eaten, cureth.
 Mire Euphorbium with oile, and apply it to the nape of the
 neck, or the neck. And also Margerom comforteth: and
 Mistletoe of the Oke hanged about the neck, the wood of it.
 Drinke the juice of Ros solis, & it cureth the drawing of the
 Sagapenum one dram drunke, cureth. (mouth alyp.
 Sothern wood juice drunke with wine, defendeth &c.
 Water of Clolets profiteth.
 Lauender flowres steeped in wine & distilled, the water hol-
 den in the mouth, restoreth.

¶ Stepe the kernels of Peaches in water of Penny royal, and
 drinke it.
 Powder of Sarsifrage, and the siedes cureth conuultions.
 Sarsifrage chawed restoreth speach.
 Vineger, Spimel, or Lohok of Squilla helpeþ.
 Stepe flowres of Luliconualle in wine xxx. daies: then take it
 out

Rams little Dodcon.

For the Ars-gut going out,

A Steer Ariticus, pond and laid to.
Small flowers, pond and laid to.

For Ayre infected.

R Whe, Walnuts and Figgis, eaten in the morning.
Small Savfrage seedes.

Angelica roote holden in the mouth.

Penedanum Whe lappet taken with Rue, and bitter Almonds.
Ientian the roote in powder taken.

Lemons iuice taken: and Juniper berries perfumed.
For the belly to purge mightily.

C Olloquintida the white Pulpe taken one scrapple.

White Wzony roote the iuice taken.

Juice of Mandragora roote taken in small quantitie.

White Wzole iuice taken.

Buckthorne.

For the belly to purge gently.

C Iclamen iuice stroked on the nauell or belly.

Black Velebo; taken by discretion.

Hopps iuice taken.

Horned Popie seedes decoct and taken.

Beanes grane, unripe taken.

Kidney Beanes fruit and Coddes unripe eaten.

Bitter Fitches decoct and eaten.

Lentils decoct, the first decoctian taken.

Lupines decoct and taken.

Fenigreke seedes, prepared and eaten.

Red Colewojt leaues, decoct and eaten.

Shepes sorell leaues, boyled and eaten.

Cucumer seedes, drunke with milke and sweete wine.

Gourds iuice boyled, drunke with honny & Salt-peter.

Onions eaten with meat.

Squilla with honny and oyle.

Affidill, the roote boyled and drunke.

Grapes greene eaten: & Apples sowze boyled & eaten.

Peach leaues, pond and taken: & Cicamoz fruit eaten.

New Figs, plums, Cherries, and Carobes eaten.

For

Incidentia.

out of the wine, and distill the wine five times over in a Limbeck or body of glasse: this wine with sre graines of Pepper, and a little Lauender water drunke, is a pricous remedy agaist the Appoplexie, and more pricous then gold.

For falling of the fundament or Matrix.

Take oyle of Camomill and Rose water, and anoint the griefe.

Take Red nettles, bray them well, & put them in an earthen pot, with a good portion of white wine, seethe it to the halfe, and giue it the patient to drinke, & lay the herbes to the fundament, as hot as may be suffred.

For Ache in the backe, a soueraine Medicine.

TTake Pigs greace, strike it plastrer wise on a piece of leather, picke it ful of little holes, with a sharp pointed knife, and lay it to the Raynes where the paine is.

M. Tibold.

Take Ache and Egritmony, and pan them with Howse-ears rootes and leaues, & barrowes greace, & distill and lay to the backe.

Take Vnguentum Alabastrum, and Vnguentum Aureum, of each one quarterne, meddle them together, and anoint the backe.

A

Rams little Dodcon.

For to cause blasting, and paine in the belly.

Raw Turnep rotes eaten.

For to open and loose the belly.

Saffron seede iuyce drunke in milke.

Bastard Hubarbe leaues in meate.

Mercury boyled and eaten oʒ drunke.

Violet sirrop eaten.

Daysses small decoct and eaten oʒ drunke.

Drigan with Hidromell oʒ hained water drunke.

Trago Digan.

Eelony with Hidromell oʒ hained water drunke.

Pencidanū rotes the iuyce with Rue & bister Almonds.

Amomacum a dram taken.

Aloes the iuyce taken.

Palma Christi sedes taken.

Elder tender croppes in broth eaten.

Whalle Briony tender buddes in Sallet.

Wind weed leaues, the iuyce taken — Helvina.

Drache in pottage.

Coleworts the iuyce by it selfe, oʒ with Halt peter.

Lettice in Sallet with meate.

Mallowes with meate.

Alperagus buds decoct with oyle and vineger in sallet.

Red Roses iuyce.

Quasdimack of Quinces after meate.

Peaches, Pulberies, and Figgis ripe eaten.

Mulberry roote, the bark decoct and drunke.

Cassia, the pulpe eaten.

Cline trē h̄ bl̄tter barkē one ouce with wine oʒ water.

Rosen of Larix trē licked with hony.

Rosen of Turpentine trē licked with hony.

For inward Scuruines of the bladder.

Oppopannax with meate oʒ hained water.

For Ulceration or rawnes of the bladder.

Cucumer seeds drunke with milke oʒ sweet wine.

Sebesenes.

Cyprus nuts leaues boyled in sweet wine oʒ meate, drunke,

Hurtfull

Incidentia.

A Receipt to make a Purgation.

Take Seny 2. ounces, Epithimi 3 1. Ginger 1. Racine, Sianamom. 3 1. Violets, a quarter of a handfull. Passes de sol 1. quart. 1. damaske Prunes stoned v. or vii. dim. pint of faire waters put al in a pot closed, and let it boyle softly in another pot one houre, straine it, and put to it Pencidros, & drinke it. G.K.

For going off of the skinne of the Coddes, and the rednesse and inflamation of the same.

Take Ch-molcā, Vernice, Nitre, Colofony, Rosin & Betony: beate them that are to be beaten, & mixe them with oyle, and put to the Rosin, and incorporate them, and wash the coddes with warine water, and being well washed, put the receipt vpon the red place.

A most approued experiment against the same griefe.

Take Tapis Barbati, smal nettles, violets, mallowes, beane b̄an and compyn, cut the herbes, and put leaves of Ebni, eldar and worme wood to it, and boyle it in god wine: and after plastrer it to the griefe, as hote as may be忍受ed, and put to it roles and the huskes of gallicke.

For warts and pustules on the priuie members.

Tchanceth, that sometimes Warts and Pustules grow on the yard. To take away the Warts, put to it the pouder of Harmodactilus: which being done away, make a medicine for wounds: but first let the place be washed with water, that mallowes and Brank Vrsine haue bene boyled in.

For inflamation of the yard ex Coitus.

Take leaues of Willow trē and boyle them in water, (in quibus pistatis) & make therof a plaister and lay to it.

If any pustules be, lay to it Vnguentum album, and so vineger, water of roses, and so common oyle, oyle of violets.

Rams little Dodcon.

Hurtfull to the bladder.

VV White Ho:chound taken in, any waies.

For inward scabs of the bladder.

B Koklem leaves decoct in wine & drunke with Asperagus.
Myrtell berries.

Liquoris roots and iuice taken.

For paine or stopping of the bladder.

G Reat But the iuice.

G Tansey iuice with oyle of Rose.

Philippendonia roots boyled in wine & drunke.

Teabe ffayre decoct and drunke. — Osiris.

Planten roote boyled in wine and drunke.

Hoylestagle boyled in wine or water, drunke.

Hedion decoct with wine and drunke.

Consound the iuice taken.

White water Lilley roote boyled in wine & drunke.

Camomill decoct in water, drunke.

Hecados decoct in wine and drunke.

Hystorage roote decoct in wine and drunke.

Pencebamū roote, the iuice, by it selfe or with Rue or
bitter Almonds.

Frontroots boyled in water and drunke.

Distill the selde one dram taken. — Tragium.

Cuicula decoct in wine and drunke.

Petti mortell stamped & applied outwardly.

Alkebengie fruite eaten.

Callomus Aromaticis iuice drunke.

Gumme dragagant with honey and wine.

Hallow leaves with salt eaten.

Smyrneum selde decoct and drunke.

Scaudix, or shperds neecell decoct & drunke.

Water Cresses in Sallade. Dried Raisons eaten.

Pinteggs eaten or drunke.

For to coole the bloud.

P arcelain in Sallade eaten.

P arrish whortles eaten. Red Gooseberries eaten.

For

Provico in vesica.

Take French Barley a handfull : Plantine leaves, Balsome leaves, Strawberry leaves, or eche a handfull : the fourre cold seeds two drams : boyle them in thre pinte of water to a pynte : put to it of Mel Rosarum two ounces : red Rose water halfe a pynte, and ble it by immedie per virgam : when this imfection is not readie, then bis an imfection of Milke and Sugar luke-warme.

Abstaine from wine.
Strong drinke. also Cassia offic.
Wineger. Wergis.

F 2

Per

Mathiolus Fly —— warre.
super Di. { Spider —— pestilent sicknes.
olcorides Worme —— scarcity of victuall.

For to staunch blood of greene woundes.

HErbe Robert b;used *to stanch* *all* *woundes*
Cleade b;used
Pellitory *to stanch* *all* *woundes*. *to* *stop* *all* *bleeding*.
Sinke soyle *to stanch* *all* *woundes*, *comme* *the* *Spurges*
Porterwort *to stanch* *all* *woundes*, *comme* *the* *Spurges*
Pimpernell
Pelow Millefely
Parow

For to stop the bloud of all woundes.

Sage pundi
Aloes in powder
Liverwo^t pundi
Lungwo^t in powder — Pulmonaria
Altragalus roote in powder — Pease earth nut
Couche grasse leaues pundi
Parnassus gras pong leaues — Hepatica alba
Cliver or Goose grasse
Galon
Pomegranates leaues and blossoms
Coneill trice leaues and tender croppes
Dike leaues
Ciprus trice leaues

pundi and
laid to.

To purge bloud of all corrupt humoris.

HOppes decoct and drunke.
Juice of Hoppes drunke.

For Inflammation of bloud.

Liverwo^t decoct and drunke.
Marsh whoots decoct and drunke or eaten.
Pomegranat juice taken in.

For to cause to pisse bloud.

Garden Padder roote decoct and drunke.

For

For to staunch bloud of greene woundes.

Take one drach of Wode Turney, & bind it hard to y wound, & it will staunch the master vaine cut, of man or beast.
If you see a man in great perill of bleeding, if the wound be about the foot, bind him abow the knee: if upon the hand, bind him abow the wirst: if on the arme, bind him abow the elbow with a god iiii. or viii. sould, and it shall stay some after, therly.
Apply moose of the Hazell tree, the older and longer kept, the better.

To staunch bloud when a master vaine is cut.

Take a page of salt hiefe, the leaner the better, & no fat, as much as will go into the wound, lay it in the hot ashes in the fire, and let it roaste till it be through hot, and being so hot, thrust it into y wound, & bind it fast, it will stanch, and never after breake, upon warrantise.

For pricking with a needle, or thorne in a Sinew.

Take bolted Wheate Sowes, temper it with wine, & boyle it till it be thicke, make a platter thereof, and lay it to as hot as may be suffred, & it shall theache, and heale up the hole.

Regula.

There be certayn places in man, which being prickid in a line, except he haue helpe within seuen daies, he shall die: for there will come a clampe from the hurt place, to the neck, and draw his Jaws together, that he shall not open his mouth, which is called Spasme.

Therefore if a man be prickid in the line wher accordeth to the same, take god oyle Rose, and chuse the hurt place as hot as may be suffred, and poure thereof into the same hurt, & lay wolle upon it and bind it vp, and use this till it be whole, and none other, for this is kindly for it above all others.

Rams helle Dodeon.

Mathiolus Fly — warre.
super Di- { Spider — pestilent sicknes.
olcorides Worme — scarcity of victuall.

For to staunch blood of greene woundes.

Herbe Robert brused
Cloade brused
Peto w Pythiaclias
Hinke soyle
Motherwort
Pimpernell
Peto w Pillesaly
Patow

For to stop the blood of all woundes.

Sage pundi
Gloss in powder
Liverwort pundi
Lungwozt in powder — Pulmonaria
Altragalus root in powder — Pease earth nut
Couche grasse leaues pundi
Parnalus gras pong leaues — Hepatica alba
Ciner or Goose grasse
Galion
Pomegranates leaues and blossoms
Cornell tree leaues and tender croppes
Oak leaues
Ciprus tree leaues

pundi and
laid to.

To purge blood of all corrupt humors.

Hopps decoct and drunke.
Juice of Hopps drunke.

For Inflammation of bloud.

Lauerwozt decoct and drunke.
Marsh whortz decoct and drunke or eaten.
Pomegranat juice taken in.

For to cause to pisse bloud.

Garden Padder roste decoct and drunke.

For

For to staunch blood of greene woundes.

Take one dram of wido Tansley, & bind it hard to y wound, & it will staunch the master vaine cut, of man or beast.
Tis you see a man in great perill of bleeding, if the wound be about the soot, bind him about the base: if upon the hand, bind him about the wirst: if on the arme, bind him about the elbow with a good iii. or iiiii. sould, and it shall stay some after, therly.
Throw mose of the Vazell tree, the older and longer kept, the better.

To staunch blood when a master vaine is cut.

Take a piece of salt bife, the leaner the better, & no fat, as much as will goo into the wound, lay it in the hot ashes in the fire, and let it roaste till it be through hot, and being so hot, thrust it into y wound, & bind it fast, it will stanch, and never after b^eake, upon boarantise.

For pricking with a needle, or thorne in a Sinew.

Take bolted Wheateg Colye, stiper it with wine, & boyle it till it be thicke, make a platter thereof, and lay it to as hot as may be sustred, it will ease the Ache, and heale up the hole.

Regula.

There be certayns places in man, which being pricked in a sinew, except he have helpe within seuen daies, he shall die: for there will come a cramp from the hurt place, to the neck, and draw his Jawes together, that he shall not open his mouth, which is called Spasme.

Therefore if a man be pricked in the sinew that accordeth to the same, take god oyle Rose, and chase the hurt place as hot as may be sustred, and poure thereof into the same hurt, & lay vuell vpon it and bind it vp, and use this till it be whole, and none other, so this is kindly for it above all others.

12. Rams little Dodeon.

For to stop the Fluxe of the belly.

Sin jas forke rootes decoct
To minnill roote in powder, with wine or water of
a S. nithes forges, wherein yron or Steele bath beane
often quenchd
Planten leaves decoct, — Lett gras the juice.
Ho: Taile decoct in wine, — Great wingraene decoct,
Pelow flowre deince decoct in water
Viacinty roote decoct in wine
Fly orchis roote boyled in water
Vulall mountaine boyled in wine
Trago Organum decoct in wine
Annisteeds decoct in wine — Piony rootes in powder
Cypres seede — Gallingale decoct in water
Warts tongue leaues decoct
Mayden haire decoct in wine
Black popie seede decoct in wine
Tares seede decoct — Hares foote decoct in wine
Phænix or Waybennet decoct
Garden Purcelane iuyce
March Mallow rootes decoct in wine
Gowdes tender topes byused with wine
Smyrneum leaues decoct, & the rootes in water bysed
Chestnut red backe boyled in wine
Lentisk tree leaues and barks
Lacerpitium with hony and vineger
Ditemale in meat — Dry blanched Beane
Tares seede decoct — Earth nut boyled
Smyrneum leaues and rootes
Hiponstus taken — Unripe Gooseberries
Fruit of White thoyne — Pawes
Almonds before meat
Medlers
Greene Pulberries bysed
Yellow plums — Lotus
Carobus bysed
Cypas tree fruit

eatn.

For

Incidentia.

22

For to stop the fluxe of the belly.

¶ Make powder of the bloomes of Walnuts whē they fal, two
drams, with a hard rosted egge and oyle, eaten thysen mor-
nings fasting: if that serue not, take thysen drams with an egge.

For a Marmoll.

¶ If givis the patient this sirrup, that is, take Parsely, Fe-
nel, Kneholme, Sparage, Scabios, Enula campana, Af-
dill rootes, Dock rootes, rounes and Sharpe Ebulus, Elder, Ca-
medrios, Camepitis, Endive, Horvill, Hartfongue, Cetrack,
Polstricon, Capillus Veneris, Adiantus, one dram. Violets,
Scene, Polipody, Electri, of each soure ounces. Flowres of Bo-
rage, Sparatrum, Limes, Epithini, Culcoti, Hicados, Liquoris
clensed, of each one ounces: Bozage iuyce, Affodill iuyce, Fu-
mytoyle iuyce boyled with Hicory, one pound, sugar soure
pound.

Give it the patient by nine dayes purged, vt potionatus redi-
get, and after anoynt the pustules places with iuyce of Af-
fodill halfe a pound, Lapaci acuti & Rotundi, iuyce of Celidoni, of
each five ounces, Sulphuris viui, quicke Lime, Litarg. auri, of
each two ounces: Madder, Citrine, of each thysre ounces: Aloes,
Caballine, Tartarum, of each one ounces: Viridis cris, two sun-
ces, Picis natalis, one pouid, Olei communis, two pound, Auxim-
ic, Angrull. poti sal, one pouid, Petrociliini, 2. ounces: Omnia
incorporentur, in maner of an oyngement, and therewith anoynt
the gretted parties by eight dayes, and then let him enter into
a bath, in whiche the leaues and rootes of long and round Docks
and Scabions wild, and domesticall great Lawzell, and little
Lawzell, Lithimall, Rootes of Ebulus, Elder rootes, and
leaues of Enula Campana shall be boyled, of each thysre drams:
All which must bee stamped and boyled in water, and make a
bath, and anoynt the patient dayly by sixe dayes, and let him bise
this for a competent season, till he be cured.

For

Rams little Dodeon.

For windinesse, and blasting of the belly.

W Dime wood eaten in the morning saffing,

Rampe seede in small quantitie,

Pellitorie of Spaine roote, decoct in whe: & drunke,

Wild sea Porcelane kept in byne eaten in sallet,

Blacke Pepper eaten.

For griping paines in the belly.

C Emza leaves and flow:es decoct in wine or water,

Baruin decoct,

Barerum decoct in white wine.

Garden Mint boyled in water,

Coldmary alone, or with Parcneyes seedes decoct,

Rue decoct with Dill,

Anislectes decoct with wine,

Comin seedes decoct with wine,

Lybanotus seedes decoct in wine,

Cesely seedes decoct with wine,

Daucus seedes decoct with wine,

Saxifrage seedes and rootes decoct with wine,

Louage roote and seede, decoct with wine,

Osclepias roote boyled in water,

Centauri malo: , the roote two dyamis with wine,

Rubarbe infusel,

Walwoxt leaves and yong tops decoct in wine,

Polipody of the oke in powder decoct,

Parnar seedes decoct in wine,

Phenix decoct with red wine,

Gringus ross: in powder, decoct in wine,

Cardus benedictus boyled in wine,

Sea Porcelane decoct in wine, & Radish decoct,

Parcely roote decoct in wine,

Pulmecs decoct, and Juniper berries decoct,

Lyne seedes boyled in water appglisterd,

Penedamum roote, the sap by it selfe, or with bitter Almonds eaten.

Parcely eaten, and Squilla rosted, prepared, and eaten.

Pulmecs eaten.

For

Incidentia. 21

For fret in the belly.

E Ate Wansey, Kew, and Hothernwood,

For hardnes of the belly.

D Drinke thre spoonesfulls of iuyce of Ruto leaves thre times in a day.

For griping paine in the belly.

T Take Hothernwood, and lay it against the place of the contrarie side wheres the torment is, and it will drinke it out: if it be layd to the nauill, it will drinke away the paine.

For ache in the backe.

T Take Ache, Egrymony, Monse-eare, Mairne, and Ellorne, wood, of each a like much, Rampe them small with butter or barroves greace and white wine, frie it, and make a playster of it, and lay it to the backe as hot as may be suffered.

For ache in the bones.

T Take an old hoare Fore, bind him sure that he stirre not, put him quicke into a brasie pot, and put to him sixe or eight gallons of oyle Ollue, set them on the fire, and boyle it easly fiftene houres, then let the fire coole, then straine it throug a cleane linnen cloth: with that oyle anoynt the ache, which profiteth greatly: you may keepe it so: sixe yeeres or more: whe it is boyled, you shal find of the Fore neither haire, skinne, nor bones, but onely the clawes, and the oyle consumed to one gallon, or a little more.

For ache a Cerecloth.

T Take Rose half a pound, Perroseyn, one quarke of a pound, Deere sult two ounces, Turpentine one ounce, Cloues and Mace of e:ch alike, one ounce, Haffron, one ounce, oyle of Rose, two ounces: boyle altogether, and use it.

For

Rams little Dödeon.

45

For to cure the bloudie Fluxe.

Wort Rootes,
Periwinkle,
Agrimony seede,
Yellow Lycymachus,
Shepheards purce,
Cinquefoyle,
Toomentill roote in smiths water,
Wild Tansey in wine,
Gnaphalion leavens in red wine,
Planten leavens in wine,
Broot-gras iuyce drunke,
Hoole-taile in wine,
Flebane seede parched, the powder in wine
Hediond dried in powder, two drams in wine
Create hingene in wine decoct,
Sophia. Flex wort seede in wine or smiths water, decoct,
White Malyn roots, in red wine
Primernell in wine decoct,
Millesolly in wine decoct,
White water Lillie roote or seede, decoct in wine
Yellow Flowre de luce, decoct in water
Costmary leavens alone, or w Parcely seede in wine
Hage decoct in wine, & Rubarbe infused (decoct,
Polimorum roote decoct in wine
Panax seede decoct in wine
Vine greene leavens and claspers decoct in wine
Pomegranat blossoms in powder
Mulberries greene and unripe, decoct in wine
Chesnut barke boyled in wine
She leaves, barke, and Apple, decoct in wine
Pine Apple, fruit, and scales decoct in wine,
Nutmegs drunke,
Turpentine leaves decoct in wine,
Lentilles decoct, the first water cast away; and after the second
recoction, eate them. Lycium of bor thorne takne.
Cornelle Plums, and Rosen of Larix taken.

and drunke.

For

For to cure the bloody Fluxe.

¶ Take powder of Acornes cuppes, and drinke it with red
wine, yolkes of hard eggs and cynamon.

For bleeding at the nose or bloody Fluxe.

¶ Take a great Toade, put it in a glasse, and stoppe it fast: then set it in a dunghill, and all the great Leates thereabouts will draw to it: then take them and put them into an earthen pot, and stoppe them fast, and set that pot on a strong fire till they be drye: but come not to it, till they be cold, sc; the stinch: then sow them in silke.

If it bee the bloody flure, lay it to the right side: If it bee soe
bleeding at the nose, lay it to the stomacke warme: But if it
be great nad, heat two Toades thereon, and dry them and lay
them to your stomacke warme in silke as aforesaid. &c.

A Caudle for the bloody Fluxe.

¶ Take a pint of red wine, and the yolkes of 5. newlaid eggs,
a god quantitie of Hygameni, a little sugar, the pell of a
Pomegranate dyed and made in powder, a god quantitie:
boyle all together in a platter on a chafingditch, till it be thicks,
and let the patient eate of it early and late, and as oft else in
the day, as his stomacke will serue him: and it will stoppe it,
be the flure never so great.

A singular approued remedie for the bloody Fluxe.

¶ Take as much fine linnen cloth, as will make a soppo-
tozie, being wrapped round together, bottom tose, wet it
in the best Aqua vita or Aqua compoſita: and let the patient
convey it into the fundament, and within thys or ſcure times
dressing, by Gods helpe it will doe good.

Another.

¶ Take gads of Steele made redd & hole in his drinke, often-
times quenched, and drinke therof.

Another.

For spiting of bloud or corrupt matter.

Great Bursad in powder one dram, pundi
with kernels of pine Apple in wine

Bermacle in wine } decoct

Shepheardes purse in wine } decoct

Toimentill roote in powder with wine

Knot grasse juice

Black Polya with his pleasant flowers decoct
in wine

Pimpernell in wine or smithes water decoct

Sanicle decoct in wine or Water

Millesolly decoct

Rumglyme juice half an euce with vineger } drunke.

Mint juice with vineger

White horehounds decoct in water

Vetonic decoct in wine or water

Capillus Meieris decoct in wine

Molle decoct in water

Spelt Peale decoct with red wine

Ladies Thistle roote decoct in wine

Purcelane decoct in wine

Vine Ten drels or Claspers boyled in wine

Burthozne, or the sed, decoct in wine

Tellithie leaves and bark decoct in wine

Wke leaves, bark, and a corne cups decoct in wine } drunke

Rosen of Lanr, or Argant decoct in wine

Turpentine tree leaves and bark boyled in wine

Waslick or Lefisk tree leaves & bark decoct in wine

Hage juice taken with honie

Wheat meale boyllo to pap, and often licked

Bulba Casta. eaten. Tamarisk fruite eaten.

Quinces Quodimak any wayes taken

Almonds any wayes taken

Chestnuts & meale made in electuarie, or Cypas fruite eaten.

De Sanicula.

Ce lui, qui Sanicle à, de'mire il u'a.
Who so hath Sanicle, nedeth no Surgeon.

For

Another.

Take Winkesople, boyle it in wine, and let the patient hole
his mouth over it.

To remoue a botch from one place to another.

Take Wormewood and Mugwort Root, stamp them
together, and drinke the wine in ale: then take a quicke
Oyster, and lay it on the place that thou wouldest b'reake, and
thitherward it will draw it.

Take Oculus Christi and Werniu, make a plastrer of them,
and lay it from the botch two fingers breadth, and es-
sences put it far, and doe so till thou come to the place where
then wilt b'reake it.

Take Colombind, stamp it, & with the juice wash the botch
or boyle well, and make a wreke with the same juice to
place where thou wouldest haue it b'reake, & there lay a plastrer
of the same herbe stamp'd with juice, and it will b'reake it.

Take the iuge of Lansey in a nutshel doth the like to remoue
a felon.

To ripen a Botch.

Seethe Dremale in milke, and lay it plastrer wise as hole
as may be clattered.

Take Toimentill, Honey and Salt, tempered with the
white of an Egge, and lay it to, and it will b'reake it.

Take Hungreue, Helilot, Linseedes, and Mints, boyle the
in water, make thereof a plastrer, and lay to, to b'reake it.

Roast Toade stooles hole, and lay to, to b'reake it.

Lay Galbanum to it, and it will b'reake it.

Take Sorell, the white snayle, and the lesser Brokelyme,
a like quantitie, stamp it, frye it with shaples iuit, and
lay it to the griesse.

To b'reake a Botch when it is ripe within, and
the skinne thicke and hard.

Stamp Soperewort with oyle, and lay it on the head of
the Botch.

To

Rams little Dodcon.

For to stoppe pissing of blood.

A Grimony.

Shepherds purse.

Planten leaves.

Cozonopes, or Harts-horne.

Knot grasse.

Pimpinell.

Knights parrot.

Molle.

(in powder.
Tribulus terrestris or Saligot nuts

Mirtle berries.

Withie leaves and bark.

Dke leaves, bark and Acorne cups.

Masticke.

Lormentill root in powder, decoct in Smithes water.

decoct in wine and
djunke.

For to cause pissing of blood.

Garden Badder iince of the roots much vsed.

For to strengthen the bodie.

Sandiergrasse full and sappy root eaten — teticulus o-
doratus, Goates Dichtis root eaten or boyled in Goates
milke, djunke: Satirion root eaten boyled.

For obstructions and stopping of the body.

Germawnder with his flowers boyled in water and djunke.

For to dissolve congealed and clotted blood in the bodie.

Camptis decoct.

Wild Tansey boyled in salt & water.

Mortis diabolis root decoct in wine. } djunke.

Bugle

Auenis.

Lyme. } decoct in wine.

Mustard.

Figges decoct in water and djunke. — Figges.

Bargerom

To strengthen the body and stomacke, and
to procure good digestion.¶ Take Palmeley one pints, as much Mint water, Hy-
namom, Ginger, of each an onnce, boyle them and put
them together with halfe a quarter of Sugar, let them stand all
night, and in the morning drinke it.

Mistris Barret.

Rams little Dodcon.

Margerom, dyed and taken with honie, —
 Rue roote, in powder, with Honie dyed, }
 Amers, dyed with Honie, } eaten.
 Lacerpitium rootes, stamped with Oyle,
 Gentian rootes, the juice taken.
 White Bryonie, in Electuarie with Henic.
 Wild Bryonie, in Cleuarie with Honie.
 Dulcamara, decoct and drunke.
 Garden Hadder roote, or powder decoct and drunke.
 Water Pepperwozt leaves and Ale, decoct and drunke.

For windinesse of the bodie.

Nigella Romana sedes with wine, }
 Agnus castus sede with wine, } drunke.

For to strengthen the Bowels.

V Vio Lanste, }
 Calamint, } decoct in Wine and drunke.
 Parnassus Crasse, }
 Frangula Bark, boyled with Hops, Pontike, Clovewood,
 Cupatorie, Sianamen, Fenel, Parcely, and Endius, with their
 rootes taken, in quantite of fine Lunces.

For inflammatiōn of the Bowels.

Flebane sedes, boyled in water or stiped, }
 Verbe Bennet roote, — Acons, decoct, } drunke.
 Trifoli by it selfe, or with the flowers boyled in Pease or Hained water, — } drunke.
 Purcelane juice, drunke.

For windinesse of the Bowels.

Agnus castus sedes, }
 Janiper Berries, } decoct in Wine and drunke.

For to mundifie the Braine.

Pennie Maiz, poud with Wineger, drunke.
 Margerom by used, }
 Orygans juice, } put or snuffed in
 Howbread juice, } the Nostrills.
 Wild Cucumber, delayed with sweete Milks,

Ale

Inte juice of fruite,
Whise Bete juice with Ponie, } put of snuffed in the
Colewaste juice, } nose.
Onion juice.

Saxifrage roote of sode chewed.
Oppopanax, two Drams taken.
Sagapenum, one Dram taken.
Amomacum, one Dram taken.
Sarcacoll taken.
Laurell leaves, chewed and holden in the mouth.
Whise Byonie roote, one Dram taken.

For to comfort the Braine.

Bayell, decoct and drunke, and often smelled on.
Rosemaris flowres, in conserue, eaten.
Lauender flowres, eaten alone or with Sintamum.
Nutmegs and Cloves, taken any way and smelled to.
Stecados flowres smelled on.
Nigella sades dyed, poud, and wrapped in a Harcenet, or fine
linen cloth smelled to.
Stauesakre, chewed in the mouth.
Jessamine drizeth Rhetomes.

For to warme the Braine.

Castmarie leaves, in conserue.
Pellitozie roote taken with Ponie.
Rie-meale, put into a bagge, laide to the head.
Jessamine, drizeth and warmeth the braine.

For to remoue llymic flegme from
the Braine.

VV The Pellitozie, chewed and hold in the mouth.
Whise Clebor, the roote in powder, snuffed into the nose.

For Impostumes of the Braine.

A Caricke with Sirrup, Aceles taken.

A com-

A comfortable Pomaunder for the Braine.

Take Labdanum one Ounce, Beniamins & Hiozay, of each
two Drams, Damask powder finely scarred, one Dram:
Cloves and Mace, of each a little. A Nutmeg, and a little Cam-
phire: Muske and Cuet, a little. First heate your Myster and
Pestell with coales, then make them verie cleane and put in
your Labdanum, heate it till it wax soft, put to it two or three
drops of oyle of Spikes, and so labour them a while: then put in
all the rest finely in powder, and work them till all be incorpo-
rated, then take it out, anoynting your hands with Cuet, roll
it vp, and with a Bodkin pierce a hole shrowd it.

Rams little Dodcon.

For to cleanse the brest.

Line siede, mingled with Honie in Electuarie.
Scabius, herbe and roote, boyled in Wine & water, taken.
Scoydion, dyed in powder mingled with Honie, drunke.
Chupis, decoct and drunke.
Romane nettell sade, tempered with Honie, licked in.
Avens, decoct with Wine, —
Comphye rootes decoct in water, —
Iris rootes, decoct,
Lyme with Honie, decoct,
Hennie Royall with Honie, decoct,
White Hozebound, decoct in water, —
Annis seedes, dyed by fire, and taken with Honie.
Betonie decoct.
Oppopanax, two Drams taken.
Lacerpitium rootes, boyled with Pomegranat p̄ls and Winegar,
 drunke.
Sagapenum, one Dram taken.
Tentian rootes, or Croſſe woſt decoct and drunke:
Conula campana rootes, decoct in Electuarie.
White Bzorne rootes, decoct, the juice.
Cruſſe meale, or butter Pitch with Honie, licked in.
Fengreke sade, decoct with Dates and Honie, eaten.
Cardus benedictus, boyled and drunke.
Redish young, decoct and drunke.
Percnepe rootes, eaten.
Phyſis rootes, boyled in flesh broath, eaten.
Cresses, the seedes boyled in the broath of a Hen or Pullet.
Crisemon sade, in Lohok with Honie.
Leke juice, in Lohok with Honie.
Liquoſice rootes, mixt with other spices.
Mula fruite, eaten.
Fisticke Nuts, eaten.
Pine Nut kernels, eaten.
Liquid Pitch with Honie, eaten.
Rozen of Larix with Honis, eaten.
Turpentine, in Electuarie with Honie.

For

Incidentia.

For a sore brest of a woman.

TTake Rue, Hage, Archangell, white Marke rootes, Plantain, Angelica, Occlus Christi, of each one scruple, wash them and dry them in a cloth, shred them, and stampe them with halfe a pound of flesh greace o: Warrowes Greace: Stampe all together, and boyle them with halfe a quarter of a pound of Rozen, and as much new Clary: till the Clary and Rozen be molten with the herbes, then straine it tho: o: w: a cleane cloth, and it will be a faire oyntment to vſe.

To purge the brest.

TTake a great quantitie of Isop, ſarthe it in a pottell of good Wine, and drinke of it early and late, at Euening hote, and at Morning cold.

TTake a good quantitie of white Hozebound, a leſſer of Groundewell, and the leaſt of Malwoſt, boyle them with fleshy Warrowes Greace, incorporate it and make a Plaſter and lay to the Wrek: in one night it will cauſe the Patient to caſt out much corruption, and profiteth againſt the Cough.

To cleare the Pipes.

TTake a handfull of dyed Isop, as much of the rootes of Annula campana, and not ſo much of good Liquoſis b: uſed, boyle them in running water, from a galon to halfe: ſtraine it, and put to it halfe a pint of clarified Honie, drinke thereof ſirke and laſt.

Bladders called ſire Bladders, or burnings.

TTake ground Jute, alias Aleboone, Shepes dung, Housake, Goſe dung, Shepes tallow and ſcraf Butter: Stampe all together, and let it ſtand two or three dayes, then ſtraine it, ſtraine it, reſerve and vſe it daily.

G 4

For

For stopping of the brest,

Sotherne brod steve boyled in wine or water, drunke.

Saffron saud the juice boyled with homed water, or in the broth of a chicken.

Blacke Polin with his pleasant flowres decoct in wine or water, drunke.

Stop decoct with Rue, Figs, and Honie, drunke.

Wortis boyled in wine, drunke. — **C**le of Jerusalem.

Sticados with the flowres, decoct and drunke.

Cumin in decoct and drunke.

Rimacum, one dram taken.

Hartacall taken.

Caphia, the bark of the roste, one dram.

Hengike seeds decoct with Dates and honey to strop.

Mustardseed vased in meates.

Liquoris juice mixed with Ginger and spices, and small Calices made of it and eaten.

Pine nut kernels eaten.

Liquid Pitch with Honie eaten.

Rosen es Larix with Honie licked.

Turpentine in Electuarie with Honie taken in.

For exulcerations or swellings of womens brests or pappes.

VV Heale bren decoct with Rue, laid to.

Spelt meale boyles with winc and Salt-peter laid to.

Erbum meale with Honie applied.

Dried Raisons the kernels pund small with salt laid to.

Roles pund and laid to.

For to drie vp womens brests.

Assarabackalcanes pund and laid to.

For impostumes of the brest.

Tellago leaves vased, & a perfume therof made vpon coales, taken in at the mouth by a funnel or pipe.

Seabios boyled by it selfe, or his rote in wine or water, drunke.

Asclepias leaves pund and laid to.

For a sore brest, where peeges fall out so broad as the boome of a sawer.

Take the fls of Elder tre, scrape off y russet bittermost bark, and take the middle grane take from the white next the stick, damp it with Right shade, 4. or 5. leaves of it: but if the brest burne soze, take the more Right shade to couer it: then straine it thorow a cloth, and put to it the yealke of a new layd Egge, take away the scom of it, & put thereto pure honey combs of the hives, faire strayned so sone as they are taken out of the hives: then take faire wheat flower, and beat all together. The young Elder buds that spring out of the twynts of the Elder tre so better then the rind: temper all these together like a salve: if it be well made, it will looke graine: it must be made as thicke as may lye on a linnen cloth plaster wise, and vresse the brest: then take a linnen cloth as big as the soze and somwhat bigger, that it fall not in en any side: lay the salve vpon the plaster of linnen cloth, and so lay it to the soze brest, not comming neere the fire.

If there bee dead flesh in it, sceth the running water, Allom, and Sage, till the strenght of the Allome and Sage bee in the liquor.

Whan the brest is to be dresed, wash it first with this water: cleane the soze, drye out the water, but take some fine lint scraped, and lay it on the soze.

Let it be dresed moyn and cuen.

This medicine is to bee regarded, so it will heale any other soze, as hath bene often proved.

If the brest bee blise, araynt it with Peates fote oyle.

If the hole of the soze bee in farrre, lay of the salme above mentioned vpon the one vns of the lyst, and couer the soze withall.

And if there be dead flesh in it, then must you wash it with the said water before you lay on the plaster.

You may put in Mallows to the Elder and Right shades, and it will be the better.

Rams little Dodcon.

Carantia, the Dyle, applied.
Crisaturum siccus with Honie, a Lohocks.
Yellow Ascorull rootes, boyled in Lees of Wine.
Kernels of dyed Raysons and Halt, pond and laid to.

For old disease of the brest.

Lobanum seed, **R**ue of the wall, } decoct in Wine and drinke.

For great paines of the brest.

Hembane siccus, decoct and applied.

For vnnaturall swellings of womens brest.

Chestnuts, the meale in powder with Barley meale and Vi-
negar, plaster wise applied.

For hardnesse of womens brests.

Chameritis grone, pond with Honie, and laid to.
Mint, mingled with Barley, laid to.

For

Incidentia.

Ad idem.

Bryde Mallowes with Shakes Suit, till they be verie ten-
der: then straine it and keepe it in boxes.

If the brest have neede to bee tented, take the stalke of Mal-
lowes that are sodden, and tent therewith: this is approued to
be verie good.

For the brest and side.

Take Sage Royall, Alexanders, red Mellesta, Wormewood,
red Fenell rootes, all of one yecres growing: then make a
great fire on the ground till the ground bee hote a foote thicke,
then lay the herbes abroad on the ground, and a linnen cloth
over them, and then lay the pained place on them so long as the
heate durst: and cover him well about.

Take Ambrose, Rue, and Hozehound, of each a like much,
stampe them and drinke it with Wine.

Take Pints, and Dyle Dlue, boyle them and applie it
to the griefe.

Take a Coates boorne that is boyled, and give that scrap-
ing to the Patient.

For inflammation or swelling of the brest or
elsewhere.

Take leaves of Marsh Mallowes, or Poly-hocke, sodde in
white wine till they be verie tender, mince them small, and
make them in a Cathaplasma, and lay to the griefe wheresoever
the swelling is.

D. K.

Take seed of Hembane, break it and boyle it in Wine, and
lay it hote to the brest.

Take Linseed, and the white of an Egge, or the iuice of
Smialage and lay to it: and if shee lose her Milke, give her iuice
of Marren, and it shall restore Milke abundantly.

For rankling Teats of too much Milke.

Make powder of Hempseed, and giue her to eate and drinke
in all meates and drinke.

To make Teats small.

Stampe seed of Hemlocke with Wineger, and anoynt
them often.

Powder of Rucns and Wineger doe the like.

For

For shortnes of breath.

SDthernewood seed decoct in water and drunke.
Luffage leaves dyed, and a perfume taken into the mouth
by tannet.
Jarmander with his flowers decoct in wine or water, drunke.
Romans Pettie seeds with honie often licked in.
Stock Giller flowres decoct in water, drunke.
Iris roots taken with sugar or Honie.
Lime boyled in water and Honie, drunke.
Wargerom mingled with Honie and } taken.
Tragopigan mingled with Honie and } taken.
Bazell decoct in water
Calamint decoct in wine
Rue and Will decoct in wine } and drunke.
Stigella seede decoct in wine } and drunke.
Succilus seede decoct in wine
Pincedanum roots, the sap by it selfe, or with bitter Almonds.
Oppopanax two drams
Sagapene one dram } taken in.
Galbanum one dram
Amomacum one dram
Assarabacka roots boyled in wine, and drunke.
Dragunculus roots rosted or boyled, mixed with honie, eaten.
Rubarbe taken in.
Viloe Cucumer Claterium dyed, halfe a scrupule.
Whony raste in Electuarie with honie.
Bleded Whistle powder in wine.
Smyzneum leaves decoct in wine.
Mustard taken any wayes.
Crisimon seede with honie often licked.
Squilla prepared with oyls and honie.
Bitter Almonds eaten.
Figs eaten before meat.
Whistick nuts eaten alone or with sugar.
Garlick one dram taken in.
Danley seed taken. — Saffron in sweet wine drunke.
Oke of Jerusalem decoct in sweete wine, drunke.
Honysloe fruitly decoct in wine and drunke,

For

For Tisick and shortnes of breath.

¶ Take Chala Campana the roote in mid May, dry it, pare
it, cut it small and put it in Vinegar till it be soft: then
dry it, and take purified Honie, and cast both into a chaser, and
boyle them together, secundum artem, and boyle it.

Against the Tisicke.

¶ Take Barley of the cleanest, wel ground in a Mill, that the
husks & bark be cleane taken away, boulted in a fine cloth:
of hysian wherof make a poultis in cleane water, with a spoon-
full of butter thicke washed in water, and hereof let the Patient
often use.

¶ Also boyle the sweetest Apples you can get with newe
poike: let the Patient eat the Apple, his brest and places annoy-
ted against the fire with fresh butter.

Against horsencie.

¶ Take Gum Arrabeck, Dragagant, Liquorice, Anudi,
Cucumer seedes, Courd seedes, Purcelane, Pemdon,
Horsehoue, Terrestris Canabi seedes, Acholus roots, Ilop, Men-
tastrum, Violets: boyle them together in white wine, and let the
Patient drinke thre or moyn and evyn, &c.

For wind and sticke in the side.

¶ Take Camomill and Wormewood, of eache one handfull,
greene Wzome two handfulls, stamp them small together:
then make a bag that will goe from the Navel to the Keynes, &
put those things into the bag couched abzoade that will lye ouer
the wombe: then take a good quantitie of Mallowes, and boyle
them in a pottle of rayne water or clere running water, till it be
thoroughly boyled: then plunge the same bag in that water till it
be thoroughly hote: then squeeze out that water, and all hote lay it
ouer the womb till it commeth to the reines, and when it is cold,
heat it againe, and renewe it often.

A

For paine in fetching breath.

Saffron seed the iulce with boyled water, or broth of a chiche.
Sypistick nuts with sugar eaten.

For to amend a stinking breath, and to procure
a sweete breath.

LAcropitum roots eaten with meat or salt.

Lpillis of Lemons condited and eaten.

Putmegs eaten.

Gaffick holden and chewed in the mouth.

For such as are bursten or broken.

ACanthus roots taken in drinke.

Rubarbe infused, taken in.

Olmond, the heart or middle roote taken in boyled.

Garden Padder roote,

Womsears — Petisilla rootes or leaves,

Hoylealle, or Shauue grasse

Morius Diaboli,

adders tongue,

Comphris roote, pund and applied to ruptures.

Climopodion decoct in wine and drunke.

Carantia oyle anoynted.

Calamus Aromaticus, decoct

Caroline roots decoct in wine, and drunke.

Cruciata decoct in wine —

Parcenep roots eaten

Yellow Ascodill roots decoct in wine one Diame.

Cypus nata pund and laid to the rapture.

A paste for stinking breath.

¶ Take Wine and Vynle a quantitie, boyle them a little, then
put to it grated bread and stir it, put to it Annis seeds, L
iquoris, and Pepper in powder, and make paste of it; make it in
cakes, bake them of any fashlon, and eate of it.

¶ Take two handfuls of Comyn in powder, sethe it in good
Wine from a pottle to halfe, drinke it at euern hot, and at morne
as hot as you may suffer it: at euern and drinke a pinte, 9. daies.

¶ Take Vniall Montan, one handfull, wash it, shred and
rampe it, put to it halfe an cunce of Comyn, pun and meddle
them well together with white wine one pottle boyled to halfe,
and give the patient to drinke hot as he may suffer it, halfe
a pinte a day, once after meat and not before, and once at euern
hot, and it shall be well in fiftene daies.

For one that is bursten.

¶ Take rootes of Comphrie with the leaves, Petisall rootes
and leaves, Polypoy roote, Centoz called Peterwort,
make it in powder, and drinke it in Ale.

For

For children bursten.

Flebane siede with Winesgar,
Water Crow foot mingled w^t wheat flower laid to y gries
Profoliatum pund with meale and wine, outwardly.
Penedanum iuice, — — — — —
Profoliatum mingled with Mare, Oyle or oyntment fit to cure
wounds, applied.
Sanicula decoct in Wine or water, and drunke.
Pilosella leaves decoct,

For burning or scalding with water
or fire.

Great Buglos root pund with Oyle and Mare,
Grēne Cloete leaves pund with whites of eggs,
S. Johns wort leaves pund,
Whilde Wallspund,
Grēne Biroil pund,
Whitel Lilly roots rosted, vyned with oyle of Rose,
Parcissus medio luteus roote pund with honie,
Jule leaves boyled in Wine pund,
Tipha the downe mire with swines greace,
Wanke brayne grēne, pund,
Galion flowers pund,
Beete leaves pund,
Lettice grēne leaves pund,
Marsh Swallow leaves pund,
Gourd iuice,
Yellow Affordill rootes boyled in oyle,
Mulberie leaves boyled with oyle,
Ashes of Sfigtrē with oyle of Rose and Mare,
Palme trē broken mixt with greace,
Pine apple scales with the barke of Pine trē pund
With Litarge of siluer and frankincense, — — — — —

applied and
laid to.

For

For to preserue one from bursting.

Take Compyle, Pep, Ropall, & Egemony: pan them
and make a posset with the iuice thereof, and drinke it:
and somtyme chip and syr them with Egges, and eat it
as a Lansey.

Take tender crops of Dismond in May, dry them in the
wind and not else where, make it in powder, save it in a bla-
ver Winter and Sommer, and drinke thereof: It will make the
belly goe as if it were new burst. Let the Patient be well and
easely trusted to goe withall in the day, and to lie in the night, till
he be whole, whiche will be in 24. dayes, if he will bee ruled.

He must lye by night as much as he may, and keepe his bed eue-
ry morning two houres after hee taketh his medicine, and eate
no white meates till he be whole, no drayne him any wapes.

For burning.

Take iuice of the leaves and berries of Iuy, the oyle of Routs,
of each 8.ounces, Mare two ounces: boyle it to an oynt-
ment, and use it.

For burning or scalding.

Take Slightshade, Parely, Isop, Tim-hone, Soxell, Mar-
gold, and Hertwall, of each two handfuls: Campe them
and straine the iuice, and put to it a pound of Spike, a quar-
ter of a pound of Derc-salt well clarified, or fresh Butter, or
Shaples salt, boyle all together a little while, then put it out and
anoint the griesse: it will take out the fire in ten or twelue houres:
then lay ouer it, the soft Longwort lease, but first wash the griesse
with salt brayne, whiche will speedily take out the fire.

Another for the same.

Take Sallet Oyle and running water, boale them together,
and then lay a latone ouer the griesse, and anoynt it on the
latone without remouing till it be whole.

Take the black water remayning in the making of salve
or oyntment of Tabacco, and anoynt the griesse, it killeth the
malignant heat of any burning or scalding.

¶

Take

For Cankers.

Scrophularia leaves, {
Plantain leaves, stamped and
Nettle leaves, layd to.
Dragons, the fruite,
Lobius boyld, mixt with Honey and Barley meale, applyed.

For to prouoke carnall copulation.

Dhernwood layd under the pillow, bed, or bolster.

For to ingender male children.

Barrous Mercurie, or Phellon, {
Dianke or
Fly Orchis full rootes, — Seaten.

For to ingender female children.

Giles Mercurie or Phellon, {
Fly Orchis withered rootes, — Seaten by
women.

For

¶ Take running water, a pottle, as much white wine or vinger, halfe a penyworth of Honey, as much Allom as an Egge, white Cuppus a quarter of a pound, Rosemary, Rue, J-sop, Time, and red Sage, of each a banch: boyle them to halfe, straine it and reserve it to vs.

To destroy a Canker.

¶ Take Chid sope and quicke Lyme, make a plaister and lay it to the soze, and be well ware that the Canker be there, so; it will certainly slay the Canker: And when it is slayne, lay to the soze a sworde of Bacon, and it will heale it.

This is called Veni in cum, so; it will not sayle if it be layd to the quicke flesh.

For Cankers in teates.

¶ Take Culuer dung, Honey, Virgin waxe, flower of Barly, Beanes and Lynesæds, sethe them in Winiger or wine, put thereto Rams tallow, make a plaister and apply it.

For a Canker in the mouth.

¶ Take the rase of Flower de luce, wash it and slice it, and a few leaves of Pennyroyall, steep them in condit water, and wash the grise therewith.

Rams little Dodeon.

For pestilent Carbuncles.

MOrsus diaboligræne, —
 violets with Barly meale,
 Pomegranat seed with hony,
 Cip;ustræ leaves with parched barly meale, —

} poud and
lays to.

For cholerick humours.

Common wormewood, —
 Fumitory,
 Loarentill roses,
 Flebane herbe,
 Gentie rods & leaves one dram,
 Olive tree leaves,

} poud and lays to.

For cholerick inflamations.

Feuersel græne leaves and flowers, poud and applied.
 Fumitory
 Saffron } stamped and applied.
 Spyns two or thre branches, the juice dranke with juice of
 lewe Pomegranats.

For

To purge Choller.

Take Diagredij, one dram, beat it grosse, put the powder of Aromaticum Rosarium Gabrieles to it, halfe a scruple, Ginger fine sliced, halfe a a sponefull, & Suggar as you list: take a sayre Apple, cut off the cap, take out the core, lay a tyle upon embers, rost the Apple, and when it is rost, pare the Apple, and put into white wine, and take it early in the mooring.

D. K.

H 3

For

For the collicke.

Saffron saide the ioice with hōmed water —

Auens roote dyed and wine

Camomil herbe and flowers with wine

Cotula Lutea with wine decoct

Mynts boyled in water thre dayes

Daucus seede boyled in wine or water

Ricinus seeds pond with whay

Lapria the bark of the roote, one dram

Colloquintida white pulpe decoct in water

Hōmed Water,

Seahull rootes boyled in wine

Holly berries decoct —

The ferne roote boyled in Hōmed hōth, or of a Chicken or Capon, or the decoction of Pallowes or Barts, and a little Annis, or the powder thereof with hōmed water drunke.

For cornes in the feete.

White Lilly rootes boyled in Vineger, applied as a plaister.
Lacerpitium with Rue water and Honey, applied.

and drunke
or eaten.

For

For the Collicke, and to cause digestion, and for
gryping paynes of the belly.

¶ Take herbe John, Camomill, Wormewood, of eche one
handfull, the yeolkes of two egges hard rostes, shred the
together, not ouermuch, fry them with salt Butter: then take a
frēne dish and fill it with warme ymbers, and lay the fryed
herbes vpon the embers, sprinkling the embers with wine bi-
neger: and lay a lynnēn cloth vpon the dish, and knit it fast in
the bottome, and lay it close vnto the payne.

G. K.

For swelling of the coddes.

¶ Take powder of Compyn, Barley meale and Honey: fry
them, and make a platter thereof, and bind it to the cods.

For Cornes in any place.

¶ Take crops of a prettie, boyle them and lay them to the
Cernes.

¶ Cut them till they bleeds, and then apply to it ashes of
Tabacco burnt.

H 4

For

Rams little Dodcon.

For a consumption.

Sandergrasse, full and sappy rootes boyled in Goates milke,
Seaten, or alone.

Bayberries pyns small, mingled with Hony or Syrop,
often licked.

Pine Nut kernels eaten.

Agarick sodden in sweet wine, drunke.

For the Cough.

Iermoulder with his flowers boyled in water,

Saffron seed iuice with hained water,

Stock-Gillifer flowers decoct in water,

Rue and **D**ill decoct,

Betony decoct,

Lacerpitum roots boyled to Electuary with hony

Galbanum in like sorte,

Conula campana roots decoct in hained water,

Galingale rootes boyled in wine or water,

Hony succle fruite decoct in wine,

Capillus Cineris decoct in wine,

Popie heads decoct in wine,

Henbane stades decoct in wine,

Agaric, Mallow rootes decoct in wine,

Parcely decoct in wine,

Pellow Aconit rootes decoct, one dram,

Wild Cherry tree gumme decoct in wine,

Planten leaves eaten with meates.

Viollets Syrop eaten.

Pencebanum iuice with an Egge (reare) eaten.

Spelt meale with god sweet Butter, or new Goates
suis taken, appcaseth the Cough.

Colewozt iuice boyled in syrop, often licked.

Raylons dyed

Bitter Almonds { eaten.

Figs

Sebastenes

Labdanum layd to the brest with oyntments and
plasters to mollifie.

For

Incidentia.

For the perilos Cough.

Take Sage, Rue, Comyn, and Pepper; boyle them in
Hony, and eate of it early and late a sponefull.

Take Hound and Hony, and eate of it thre dayes
and thre nights.

For Cough of cold.

VV Ash his fete every even with hot water: then set his
soles against the fire: then stamp Garlick, and a little
Hound, straine them and annoynt the soles of the fete against
the fire, at evyn when he goeth to bed.

For Cough of flegme.

Take Figs a pound, a quarter of a pound of Liquoris, &
a handfull of Slop: Stamp them and sethe them in wa-
ter, from a gallon to a pottell: Strayne it, and doe thereto halfe
a pound of Annice and clarified hony, and drinke of it, as of a
principall remeedy.

For a Cough of Rewme in the lungs.

Take Origanum, Slop, the rooke of Conula Campana,
of eche a good quantity: boyle them in water, and bray
them well: Strayne it, and put to it halfe a pound of Annice, and
sethe it againe till it be thick: then take it from the fire, and put
to it a quarter of a pound of Sugar, and halfe a pinte of clarifi-
ed Hony, one ounce of powder of Yeat, and so haue you a sin-
gular good remeedy.

For

Rams little Dodcon:

For the olde Cough.

Veronica water distilled with wine,
Veritory,
Spanilaria in wine,
Scabious,
White Polyn roote in water,
Scolie seedes with wine,
Dancus seedes with wine,
Young Radish with wine,
Smyzneum rootes and leaves with wine,
Crismon seedes,
Lyne seede mingled with Hony,
Scabions flowers conserved,
Germanander in powder,
Isp decoct with Rue and Figges,
Tyme boyled in water and Hony,
White horehound decoct in wine,
Annis seedes with bitter Almonds and hony,
Oppopanax two drams,
Harcacoll one dram,
Dragon roots boyled or rostred with hony,
Bacon roote in electuary,
Leeks juice made in electuary,
Scilla prepared with oyle and hony,
Cakes made with Liquoices, Ginger and
other splices,
Meale of Chestnuts and hony in electuary,
Kernels of Pine Nuts,
Agarick one dram.

For the Crampe.

VV **I**ld Tyme decoct in wine or water, dranke.
Hartfage roote dyed and chewed.
Betony dryes, one dram with honyd water.
Pence danum roots sap, with oyle of Roles & vinegar applyed.
Oppopanax two drams taken.
Lacerpitum rootes broken with the yolk of an egg, taken.
Hagapenum one dram taken.
Caphozbign prepared, taken.

decoct & dranke.

taken and eaten.

F
Allara.For the Cough, rutling of the brest, boyles and sores
in the side: for the Milt and stomacke.

Take Horehelme, Groundswell, Isp, Centory, Smal-
lager, Rue, Holewojt, and Puliall, of eche a like, and doe
thereto Pepper and Hony, and eate of it early and late.

For the dry Cough.

Take Anet, Smalleedge seedes, a like much; make it into
powder, temper it with wine, and seethe it till it beginnes
to ware thick: then boyle it, and use it first and last.

For the olde Cough.

Take white Horehound, a god quantity, Groundswell, a
lesser quantity, and Wallwojt, the least quantity: boyle
them with water and fresh greace: temper them wel together;
make a plaster thereof and lay it to the brest: in one night it
profiteth greatly, and expelleth much euill corruption.

A notable Electuary for the same.

Take iuice of Horehound, Feuerfew, Centory, Hore-
mynt, Betony, Rose and all, and Fenel; boyle them with
powder of Pepper: looke ye take like proportion of the iuices,
and of Hony clarified, as much as all the rest: seethe it till it be
somewhat thicke, stir it fast, and gine it not too great a fire: bole
it, boyle it vp, and eate of it.

For the chine cough.

Take womans milke, and anoynt the childe brest about
the heartspone: then take powder of Sauoy and strow
thereabout, and bind it with a clout: doe this thre or four
dayes, at euen and morne against the fire, and keepe the childe
from cold and from all sowe meate.

For the Crampe.

Take an hearbe that groweth on the roote of Wonne, one
handfull, as much Laurel leaves, a quart of white wine,
as much oyle of Olive: boyle it till the wine be wasted, cleanse it
and keepe it well, for it is full god for the Crampe, being a-
wonted therewith.

Take

Rams little Dodcon.

Amarabacka boyled in wine, taken.
 Rootes of Dragons, boyled or rostred with hony oftenlicked.
 Rootes of Rha Ponticum.
 Oyle of Caranita anoynted.
 Sea hul rootes decoct with wine and drunke.
 Blank brisne taken in drunke,
 Carline rootes decoct in wine,
 Purcelane rootes decoct in wine,
 Marsh Mallow rootes decoct in wine,
 Yellow Affodill rootes decoct in wine, one dram,
 Bay berries with oyntments and oyles for Cramps applied.

For deafenesse.

Round Iuy bysed and put in the eares.
 Cardus benedictus in meate or drunke.
 Colewort salse with vineger put in the eares.
 Mustard salse pond with Figs, layd to the eares.
 Yellow Affodill rootes boyled in oyle, put in the eares.
 Bay berries decoct in wine, put in the eares.
 Cedria or liquor of Cedar with vineger dropped in the eares.

For distillery or dangerous fluxe.

Wy flowers made in wine, drunke twice a day.

For

Incidentia.

¶ Take Rue Samp and mixt it with fresh Greace, and kepe
 it in a vessel nine daies well covered: boyle it, and scumme it, and
 while it is hote, put powder of Incense into it, stir it and make
 it into an oyntment, and anoint the grisele with it.

For the Cramp or convulsion of sinewes.

¶ Take Olei Castorei one dram, Olei Inniperi halfe a dram,
 Olei Liliorum, Olei Vulpini, of each sixe ounces, mingled
 all together: anoynt at moone and euen, the hinder part of the
 necke, both the shouuler blades and downes all the spoones of the
 backe even to the hips.

Ad idem.

¶ Take Voly oyle, oyle of violets, and Barrowes greace, and
 anoynt the grisele.

To

For to cause good digestion.

Carroway seeds
Coriander seeds alone or with sugar,
Hariſſage root dried in powder with sugar,
Betony decoct with Honey,
Ligusticum seeds
Wallerwoſt the rote decoct in wine
Gentian rote decoct in wine or water,
Enula Campana conſecrated,
Convolvula ſeeds
Barcely with meat
Mustard
Rocket,
Long Pepper,
Orange or Lemon pilles,
Oyle of Mace annoynted on the Stomack.

taken and eaten.

For biting of a mad dogge.

Chole leaves pond with a little salt,
Planten
Pettle leaves with salt,
Mynts with salt,
Blacke Hozehound,
Fennell rootes with honey,
Angelica leaves & Rue leaves with honey,
Wallerwoſt,
Lacerpitium roots with honey and Ginger,
Asclepias leaves,
Capillus Veneris greene,
Wheats raw charmed, or
Juice of Rue with wine,
Asclepias rootes boyled in water, **3** dranke

pond and laid to.

For

To cause good digestion, and to destroy wind,
and to comfort the reynes and ſide.

Take Annis, Lonage, Smalage, Canel, Cardamonum, Oli-
ganum, Careway, Fennell, Hicermontanu, Sage, Comin,
Calamint, Lime, black Pepper, long Pepper, Slop and Parce-
ly, of each halfe a dram: Liquorice, Ginger, Pellitory of Spaine,
Nutmegs, of each one dram: Amomacum three drams: Cloues,
Calingale and Saffron of eche halfe a dram: and Sugar, as
much as all the rest by weight, and bie this powder.

Dropic

For the dropsic.

Common Wormwood decoct and drunke.

Juice of the seed of Haffron with honi pundi, or chleke byoth.

Pennywort on the wall, the leaues and roote eaten.

Mercurie boyled in water, drunke.

Water-Planten leaues late to y Spine & shanks in great abundance.

Marsons confound boyled in water and drunke. (dancē)

Polipodi in water or wine

Rue boyled in god wine to halfe

Betony decoct

Laser decoct in wine

Marabacka boyled in wine

Galingale rootes boyled

White Clebor; roote decoct

Palma Christi leue with whay and milke

Trifolium rootes, two drams with wine

Lawrell leaues decoct

Wilo Cucumer iuice dried halfe a scrapple,

Elder siedes one dram,

Willow rootes decoct in wine

Wilde Bryony roote boyled with sea water

Calamus Aromaticus decoct in wine

White Camelion root with red wine decoct

Sympyneum leaues and roote decoct

Garlick boyled

Wome leaues or branches boyled in wine

Barbery tree, the barkie of the roote in wine

Ash tree leaues, bark and tender crops decoct

Rue mixt with Honi and Figs, applied.

Black Clebor; root made a playster with barley meal and wine

Haldonella boyled in the broth of fat meat, eaten.

Solanum Somniferum the berries eaten.

Garlick eaten

Figs mixt with Barley meal, applied.

Frangula.

For to slake the belly of such as haue the dropsic.

Leaues of the wilde Ash tree boyled in wine and drunks.

For

Dropisy in the wombe.

Q Take Cowherd and Parcey leafs of Alethodis, Wome Ro-
wers, a like much: boyle them, & wring out the water whē
it is sodden: then take Charuel, Camerick, & the other Parcey,
and stamp them all together, & wring out the iuice, and boyle it
till it be halfe warked, put thereto Cassia Fistula, and put that
of into the patients drinke, and kepe him warme.

Dropisy and launders.

Q Take a great bundle of Wome that is greene, and burne
it to ashes: then take Madder, and make Lye with good
wine, and let it runne thorow the ashes all warme, and put to
Spike, Sugar Candy, and Galingale, and let it stand a night:
This drinke will destroy the Dropisy, used yre, dayes at moone
and euell.

For Dropisy.

Q Take Turmerick, Iuopy, and the shell of Pomegranet in
powder, boyle it in god Ale or wylde: put thereto iuice of
Cellidony, Honi, and Spike: when it is cold, give the sick to
drinke thereof in the new Spone, and leave at the vio.

Hote Dropisy in the wombe.

Q Take iuice of Cresses, and sweet wort a like much, and the
third part of clere Honi, temper them together, & straine
it, and giue to drinke yre, dayes.

Cold Dropisy in legs and feet.

Q Take young tendrells of Cleas, such as be black, and boyle
them with Eldern leaues, and boyle them well in cleane
water; put it in a bessell, and strew the legges, and lay the herbs
to them when thou goest to bed, as hot as may be suffered early
and late.

Q Drinke thine owne water, and it profiteth.

For

For payne in the Eares.

Jules of Parrotay —

Great Chickeweb juice

Crane Hempe leaves juice

Great Pilosilla juice

Planten juice. Knot grasse juice

Hasten with lemons milke

Spyn juice with hoised water

Ruc juice boyled in a Pomegranet Shell

Penedanara juice with oyle of Moles

Dragonculus juice

Cattis Cowender juice

Happes juice Right shade juice

Mylelot juice

Goose grasse juice

White Beete juice

Gourd juice and oyle of Moles

Petlowe Aftewill root boyled in oyle,

Dyred Moles steeped in Wine,

Labanu with hoised water, or oyle of roses

White Popler leaves, the juice —

Black Peterbar root, put in the eare two or three dayes.

Opium layes to with oyle of sweet Almonds, myrrh and Saffron, cureth.

Penhane leaves the juice draknes and layes in the foun, mingled with Colteries for the eares.

For Impotumes behind the Eares.

N Cattis leaves poued with Salt,

Right shade poued with Salt,

Sheps Horrell decoct,

Marsh Malibors boyled in wine, and layd to.

boyled with hoised water,

Cristmon seed mingled with hony and

water, —

For wormes in the Eares.

Pellatum decoct in water, —

Capers the juice of the leaves, fruits and crops,

Codzil —

dropped in the
eares.

For payne in the Eares, and to restore hearing.

¶ Burne young banches of greens Alch; and take the leafer that oppereth from them an Egge shell full, as much juice of Leche blades, and of the drapping of Coles: boyle them together a little: strayne it through a cloth, and keepe it in a glasse: put of it in the whols eare, and lye on the soze eare, and in nyne dñe dñe it will be hole: then take woonell bader, neare a blanke syde of a belly, wet it in that juice, and lay it to the eare.

For wormes in the Eares.

¶ Take Honey from the Combe, and doe it in the eare, and lye downe on the other side, and it will come out.

¶ Jules of mynts mist with hote wine Doe the like

¶ Jules of Aris-smart with hote wine Seopped in.

For inflammation and rednesse of the eyes.

Othernew wood with a rosted Quince,	
After Atticus Greene,	
Great Chickweed,	
Plumpernell,	
Violat boiled with Honey meale,	
Magdalene Wort, and part of wort Daeg,	
Affabachis leaves,	
Gentian rute juice,	
Palms Chayt, leaves,	
Perry Marroll Greene leaves,	
Parcelane leaves with Barly meale,	
Pepins Poule finely stamped,	
Gourd pulp finely stamped,	
Greene Parsely with white bread or Barly flower,	
Planters juice	
Great Singreene juice	
Perrygold distilled water	
Lilium Convallae distilled water	dropped in the eyes.
Parcelane leaves pond with Barly meale	
Heath juice Acacia juice	
Wilde Dlue leaves the juice	
Wenbane juice dyed in the Sunne, mingled with Cillitries, to be applyed in hote caustes.	
For diuerse of the sight and eyes.	
Wormewood mingled with hony,	
Waxell pond with wine,	
Hyacinthum seed mingled with hony,	
Fennell juice and the gall of a Hen,	
Libanotus juice of þ herb & root with hony,	laid to the eye.
Great Sentsury juice with hony,	
Aloe & Citratre with hony,	
Wall-flower juice.	
Sarissege distilled water alone, or with vi- niger.	
Sagapenum, Sarcacoll,	put in the eye.
Gramen Pernase juice,	
Saligot leaves the juice,	
	For

A water for sore eyes, that if a man had lost his sight
ten yeres, if it be possible to be recovered, it
will helpe in ten dayes.

¶ Take ~~smallidge~~, Rue, Fennell, Maron, Cinnamon, Balsom, Anise, Saffron, Bals. Oryng, Cistare, Pepperell, and Sage, a like much, mix all them with a little wine of a man child with fine graynes of Franchincense: Broy & lay hereof every night in the sore eyes.

To cleare the sight, and remoue the Webes.

¶ Take red Rose, Smallage, Rue, Maruer, Mayden hayle,
Endiuc, Singraue, red Fennell, Hollywoort, Celitory, of
the hulse a quartheine: Wash them cleane, and insulfe them in
white wine saure and twenty houres; then distill them in a
stillitoy: the first is like Gold, the second like Silver, and the thidre
part like Balme: kepe it in a glasse as a precious Water or
Balme for all maladries of the eyes.

For a stripe in the eye, though the sight be perished.

¶ Take the white & stale thyme you can get, burne it well in a
firepanced hole, beats it to fine powder, and as the Patient
enlypeth in his bed, make thre small balles with clarified butter
and that powder, and pac them in the eye once in thre
daies.

A Powder to conserue the sight.

¶ Take Befopp, Rus, Celidony, Marigage, Louage, Annes
seeds, Hynnatton, Fennell, Diganum, Petroselin. Siler,
Montanum, of eche a dram: Gallogale, one ounce; make pou-
der of all these, and take it continually with meats.

To perfect the sight.

¶ Take saffron, Fennell, Peppar, Rose, Currant, Bala-
mnell, Linkeſoln, and ſix ſteppes in white wine ſoure
and twenty boorees: diuill it in a glaue ſtill, which is belt.
¶ ſix water boill it a boile ſixt perſonnes.

For

For blood-shooken Eyes.

WADWOR wood mingled with hony, layd to.

Chelubay juice mingled with Honey, boyled in copper o; brasse, dropped into the eyes.

Wall-flower juice dropped into the eyes.

Nigella seed mingled with yrons oyle, put in the nose.

Cassis seed layd to the forehead.

Hagapenum dropped in the eye.

Harcacoll sleeped in Alles milke fourre o; three dayes, the milke every day renued, and the stale milke cast away.

For payfull bleared Eyes.

W Dymewood mingled with hony, layd to.

Lyms eaten in the morning fasting, and before supper.

Honbane leaves, the iuice dyped in the Henn, applied.

Croundsall, the boones of the flower with Saffron and water, applied.

Roses the juice layd to the eyes.

For the Haw in the Eye or Pearle.

Armaunder juice with oyle straked on the eyes.

Lacerpitium with Honey applied.

Howbysse mingled with hony, layd to.

Anemone root boyled in wine prepared, layd to.

Swart Trifoli juice put in the eye.

Mellilot juice dropped in the eye.

Enyon juice dopped in the eye.

Cedra dropped in the eye. — Liquor of Cedre.

For Fistulac in the corner of the Eyes.

MONS rare —

Cannomyll

Alles Cicatrine

Dates graine leaves

Raspis flowers with hony

Licium made of the broneyn, roots o; linses, laid to.

Lentils meale, with Mellilot and Lincases, and oyle of Roses, layed to.

Mellilot boyled in sweet wine alone, or with the yolkes of rosted eggs, or the meale of foyngreche, o; Linses, o; Comin applied.

pund o; layd to the eye.

For

For Eyes that water, runne and itch.

¶ Take Lapis Calaminaris, burne it red hote, and quench it often in white wine, fill it full in powder, and put thereof in the eyes.

For swelling bladders in the eyes.

¶ Take Turne, and annoynt the soote eyes.

For sore Eyes in man or beast.

¶ Take a handfull of Dasy roots, leaves and all, & the white of a new lard Egge, beaten in a dish: let it stand halfe an houre, then scum it: then put the juice to it with a little Honey, and the Egge, and annoynt the eye.

For the Webbe in the Eye.

¶ Take the gall of an Hare, and Honey clarified, a like much, mixtre them well: lay it with a feather on the Web, and it will bzeake it in thre dayes, and sauve the sight.

For all paynes in the Eyes.

¶ Take Fenell, Rue, Cutrale, Warren, Coymenall, Sittany, red Roses, Oape leaves, Smaleidge, Egrimony, ground Juy, and Juy that groweth on the Oke, a like manch, steep the one day in white wine, the second day in water of a man child o; virgin, the third day in womans milke, the fourth day in clarified honey: then distill all together, and use the water as proctious, one drop at a time.

For eyes that swell, comming of cold.

¶ Take Egrimony, the leaves of Warren, Fenell, Rue, and Roses, and distill them.

And if you will have it strong, doe thereto leaves of Oaletrium, and of Morsus Galline, whiche is Chick-wed with the red flower.

For inflammation of the Eyes.

¶ Take the iuice of Marrell o; Rightshade thys o; fourt sponefull, the whites of Egges beaten, and the foamis taken off: mixtherem, and strike them on a linnen cloth, and lay it to the temples and forehead.

G. K.

For

Ranis Little Dodeon.

For payne of the eyes.

Wthme, wherew^m dyed Roses haue bin boyled, layed to.
Yealh leaves suice dropped into the eyes.

To stop the running eyes.

Plane tree young tender leaves pund and layd to.

For flowing downe of humours to the eyes.

Saffron mingled with trewans milke, applied.

Begell pund with payne, applied.

Sightshede suice dyed in the Sunnes, mingled with Cillies,
against heats and Rhetwines layd to, or taken with Bido-
well, or boyled water, the wayght of an halfe pence, layd to.

Amillium or Starch made of Wheate, applied.

Pepons pulpe finely stamped, and bound to the shadde.

Plumtree leaves beaten and layd to.

For to quicken and sharpen the sight.

Fumitory juice —————— }

Cry-bright juice

Lthanctus roses juice

Hagepenetum

Bellots Devils bit juice

Witte Lettice juice

Rampions leaves & stalks juice

Dyon juice

Lyctus

Ceda — Lique of Cedar — }

dropped into the eyes.

For

Trotterells.

For rednesse of eyes, and to cleare the sight.

¶ Take fine Aloes, Turnip, a new layd egge shell, of ech the
wayght of a French crowne: beat them in powder, and
put them in a cleane cloth, and so w^mit as neare the powder as ye
can: hang it in a w^mde. in a glasse, i^m two onces of red
Rose water, and one ounce of Cry-bright water, and dip the
cloth vpon the eyes as oft as ye thinke good.

G. K.

A goodwater for eyes.

¶ Take Fennell, Maruen, Roses, Celidony, Rue, Philago,
Custrase cuds, and Woodwinds, distill them, and distill it.

Ad idem preciosissima aqua.

¶ Take Smallage, Rue, Fennel, Ceymon, Witany, Seable
sow, Quens, Hounds toun, Custrase, Pimpernel & Ronge,
distill them with a little wine of a man childe, and fine graynes
of franchincence, drop thereof every night into the eye.A precious water to cleare the eyes, and to destroy
the Pyn and Webbe.¶ Take red Roses, Capillus Veneris, Fennell, Rue, Maruen,
Custrase, Endiuis and Witany, a like much, so that there be
in all bider sixe handfulls let them rest in white wine, a day
and a night: the second day distill them in a Stillcōp: The
first water will sene in colour like Gold: the second, Silver:
the thise, Bronze.

To

Rams little Dodcon.

For to quicken and sharpen the sight.

Hedionnium seeds mingled with Honey.

Helubina twice mingled with Honey in copper or brass.

White Rosemary twice mingled with Honey and Wine,
apples.

Rue eaten raw, or condited with Salt, or mingled with Barley
meals, layd to.

Harmola stamped with Wine, Honey, Saffron, Fennell leaves,
and the gall of a Hen, layd to.

Dppopanar

Lacerpitum

Sagapenum

Amomaeum

Solubred roots with Honey,
Hernallis grasse the lute in Cellite,

Mustarelled twice or þree in the Sunne, al-
layd with honey, afterwards

Yellow Saffell roots twice boyled in good
olde Wine, Myrrh, and Saffron —

For enchaunments and bewitchings.

A Lissen hanged in the house, at the gate, or in the entry.
A Spullen.

Moly.

Rhamnus branches and boughs hanged at doores and
windowes.

For the falling Euill

Camock, or Petty Whyn boyled in honey and hinger.

Cherryes distilled, the water powred in the mouth.

Spell of the Dre hanged about the necks.

Agarick with Cirop Acetell taken.

Annis seedes eaten by infants and children.

For

Incidentia.

To purge the bloud, and cleare the sight.

¶ Take fourre ounces of Rose well picked, one pound of
Time, Rosemary halfe a pound, red Myrrh iij. ounces,
Comyn iiij. ounces, Annis seedes one ounce, Cloues one ounce,
þay them to powder, & keepe them all together twelve houres
in þre þyngs of pure white Wine, distill it, and keepe the
water in a þayre glasse, and set it to rostie in the Sunne, and
þynke thereof every morning satting a sponefull.

A good water for eyes.

¶ Take Fennell, Waruen, Nolles, Celidony, Rue, Philago,
Cuphysale Cods, and Woodbyne, distill them together,
and bis it.

Falling Euill.

¶ Bread cakes of Wheate meale, with the Dewe on þis
summer day morning: bake it and eate it.

¶ Gather Waruen whiles the Sunne is in Aries, and þynke
it in white wine, and powder of Penny seedes.

For

For bruises by falling or beating.
Wth God Sage boyled in wine or water, —

Masterwort the root decoct,

Oppopenar with mead or hewed water,

Gentian juice decoct,

Dulcamara decoct in wine,

Cardon madder root decoct in wine,

Ciprus iure bark decoct in wine,

Juniper berries decoct in wine or hewed
water,

Agarick decoct in wine or hewed water,

Rubarbe infus'd,

Almond hart or middle root boyled, —

White Popler buds made in oylment, and us'd.

For one fallen in a woone.

Bayell basted with Clinick holden to the nose.

For to prouoke carnall copulation.

Gladolus upper root in wine, —

Saffron boyled in wine,

Standergrasse saffy root decoct in

Goates milke,

Hasturon rootes boyled in wine,

Myrrinum sade with wine,

Ally keyes decoct with Nutmegs,

Curpentins tree fruit in wine, —

Artichokes young tender bellies steeped in wine,

Caret rootes

Kocket

Clary any wayes taken.

For proud flesh.

O^{ne} Apples or galles steeped in Miniger, layd to.

Drinke.

Drinke.

eaten.

Fog

For a Salfiplen face.

¶ Let the patient be competently purged, and then let
his legges and thyghe bee washed with the decoction
of mallowes, or Lapaciatur, or Lexinij Sarcmenti, or white
wine; boyle them, and make this oylment:

Takes Spallick, Ceruse, Litarge, Emula Campana decoct in
water, juice of Redditch, Oyle and Miniger, incorporate them,
and use it.

For

For the Fistula.

¶ Inque soyle leaues pond and layd to, and mingled with salt
and hony applyed, closeth vp the Fistula.

Planten leaues ——— { pond and layd to.
Yellow Gillifolys.

Testiculus Odoratus roote ———

Arisarum made in Cillirie and plaister.

Small Centozys in powder, mingled in plaisters, ointments,
powders, and applyed.

White Eleborus cut in gobbius, and put in Fistulaes.

Dates greene leaues pond and layd to, with the meale of the
seed of poore Dates applyed.

Pitch liquid pond small with Franchincence applyed.
For to prouoke flowers, and to bring them downe.

Champeritis leaues ———
Sothernwood seeds greene or dry, boyled in twines,
Crima leaues and flowers decoct in wine,
S. Johns Woort with h flower & seed decoct in wine,
Hoselapple decoct in wine or water,
Scordion with wine,
Wall-flowers dyed, decoct in water,
Stock Gilliflowers decoct,
Marigold flowers decoct,
Caniomil, herbe, root and flower decoct in wine,
Lyme boyled in water and hony,
Winter Savory boyled in water and hony,
Poly boyled in water and hony,
Clinopodium decoct in wine or water,
Botrus boyled in wine or water,
Calamus decoct in wine or water,
White Wozehound decoct in wine,
Rue leaues decoct in water,
Parmula decoct in water or wine,
Lauender boyled in wine,
Hectle seeds pond with Myrrh, bled by pessary.

Iris roots receyued into the body by pessary, or bath.

White Lilly roots rostet and pond with ore of Rosas, applyed.

Clary any wayes taken. — Dretcamum verum boyled in wine,
drunk, or by pessary,

Nigella

For the greene Sickness.

¶ Take thirty greene leaues of Ascarabaea in Wyne all
night: then strayne it and put it in a close pot, with a piece
of fat poske: boyle it, eat the poske, drinke the wine. It also
helpeth the Jaundes, the feuer, the beginning of Dropys,
Wympany, Quotidian, Woormes, and swelling of the Do-
macke: for all which others is no better remedy.

¶ Powder of Ash Beves with Bittern, red Sage, Mints, &
Margerom, boyled in running water from a pottle to a quart, a
good draught with Sugar taken early and late, is good.

¶ Eat the Blessed Thistle, or drinke the decoction
thereof.

¶ Eat Onyons.

¶ Stamp Rue one handful, red Sage two handfuls, strain
the twice, and put to it a pynt of hote hony, well clarified, and a
great spoonfull of grosse Pepper, stire them well together, and
gine thereof one spoonfull and halfe, blond warme, at even and
morn, and let her eat soure or fine times every day sre or se-
uen Rayns of the Hanne at a time.

This will cure it, though it appeare not at the first: and if
she amend not at the end of ten weekes, give her the same receipt
agayne.

¶ Take soure drams of the powder of Juniper, sre or seven
drams of Turpentine, soure penny waight of Saffron, and
drinke thereof with stale ale at mornigne and even.

¶ Boyle clones of Garlick in milk till it be thick, and let
her eat it, and walke after it boldly.

B

For

Nigella Romana decoct in wine, —
 Libanotus roots, Cecily seeds, }
 Cordillor seeds, Daucus seeds, } by Junke.
 Haricrage roots, Betony dried, —
 Pannas seeds with Woodswod & wine,
 For to prouoke flowres, and to bring them downe.
 Lacserpitum with myrrh and pepper, —
 Agapenon with boined water,
 Astrolochia longa, with myrrh and pepper,
 Allarabacca with boined water,
 Great Centozy with wyne,
 Howbred dyed in powder with wyne,
 Enula Campana decoct in wine,
 Wyony roots dyed with Hydromell,
 Betwall roots decoct in wyne,
 Stragium seed one drachm decoct,
 Galingale roots decoct with wyne,
 Trifolij leaves, flowers & seeds decoct in water,
 Cardus Benedictus decoct in wine,
 Crithmum leaves, flowers & roots decoct in wine, } by Junke.
 Bulbacaltanum seed decoct in wine,
 Reddish decoct,
 White Carret seed decoct in wine,
 Mountayne Marcey seeds with boined water,
 Smyzneum seeds decoct in wyne,
 Henry seeds with boined water,
 Celsis seeds decoct in wyne,
 Garlick decoct with Drtigan,
 Yellowe Affodill roots boyled,
 Brachylomis decoct in wyne,
 Laurus Alexandria decoct in wine,
 Ciprus roots decoct in wine,
 Lotus Daunings decoct in wyne or water,
 Hauin leaves decoct in wyne, —
 Oppopanax, —
 White Cleboz the root, } by pessary.
 Blacke Cleboz root,
 Wild Cucumber sodden with honey, put in —

For a Felon.

¶ Take Rue, the yeole of an Egge, and a little Bay salt, as much Rose and oyle of Mayles, a little wheat flower, a spoonfull of honey, two spoonfulls of Aqua Composita, bruise the herbs small, temper all together, & make plasters of white leather, and ley to the grieze, which will heale the Felon, and preserue the leynt.

To draw out the Core and corruption.

A white salve.

¶ Take oyle of Rose, boyle it over a soft fire: Wash the grieze first thre or fourre times with white wyne: then put in a little Woodbine water, and boyle it to a perfit oyntment: then take a handfull of Wall-Gillosters, and a handfull of Lent-sauue, and make juice of all together, and boyle it to a god salve so that vse.

To heale and close vp the wound, after the other salue hath drawne.

A greene salue.

¶ Take Ware halfe a pound, Bay Butter a pound, set them on the fire and try them: then take Plantain one handfull, Ribwort halfe a handfull, Galerian two handfulls, Boklem halfe a handfull, Smallice halfe a handfull, Dspin, Cowslape, Wisolium, Ground Ivy, Elder flowers, of eche a handfull, cut them small, and boyle all together, with Ware and Butter, and make it vp to vse so that purpose.

Rams little Dodcon.

White Bony roote, Seamony,
 Lupines with myrrh and honey,
 Garden Hadder roote,
 Wild Carret seed sodden in wine, by pessary.
 Bayons decoct,
 Agnus Castus alone, or with Penny royal,
 Savins decoct in wine, For to stop the inordinate course of flowers.
 By goat roote, Periwinkle,
 Toxmentill roote, Strawberry plants,
 Wild Tansey, Planten leaves,
 Knot grasse, Pimpernell,
 Yellow Clatter-Lilly, decoct in wine,
 Piony roote boyled with horned water, as much and vjunk.
 as the quantity of a Beans,
 Galingale, Black Poppy seed,
 Yellow Liliacous juice of the leavets applyed outwardly.
 Roseapple juice decoct, by pessary.
 Hingerue juice decoct with cotton,
 Right shade juice decoct with cotton, Comynmingled with Jaray meale and pulpe of Raspins, ap-
 plied to the belly playster-wise.
 Henbane laid one halspenny waight with Hydronell, vjunk.
 Lentils twice decoct, the first decoction cast away: then put to
 viniger, or Cicory, or Purcelayne, or red Barle, or Myrtiles,
 or the pills of Pomegranats, or boyled Roiles, or Godlers, or
 Herruces, or blinding Peares, or Quinces, or Planten, or
 whole Galls & berries of Shumak, decoct in wine & vjunk.
 Berries of Shumak, Pease earth nut,
 Phenix or way Bennit,
 Red Rattell,
 Yellow sea of Roiles or Rose flowers, decoct in wine
 Hypocistis, and vjunk.
 Bramble juice,
 Fyses,
 Tamarisk,
 Acacia juice, Myrtill berries,

Shumak

Incidentia.

82

There are foure maner of Fluxes:

- 1 **C**Olides, Aicknette of the stomake, comming of choleric humours: it maketh a man haue a great fluse, & great calling: It slayeth within thys dayes, except it be prevented.
- 2 **L**Yenteria, whiche is, when the meat departeth vndefied.
- 3 **D**Yaria is a fluse, vurt mixed with blood.
- 4 **D**lscinula, is where there floweth blood and the Hawing of the Guts together.

B 3

Te

Shumak leanes, —
 Willde Olue leaves the iuice, } decoct in Wyne
 Withy leaues and bark, } and drunke.
 Turpentine tree leanes and bark,
 Caroline the lesser, —
 Barbery leaues, —
 2. white Thorne fruit, } eaten.
 But wigs and Rose,
 Quinces decoct,
 Take Apples decoct in water, and sit and bathe in it.
 Raisins kernels broth, bath with it.
 Sharpes Horrell punc with vinger, applied so.
 For white flowers.
 White Dansey —
 Yellow water Lilly root in red wine } decoct in wine
 Trifoly leaues and drunke.
 Pellew seeds of Roles —
 Shumak leaues eaten as sauce with meats.
 For to ripen flowers.
 M. Elliot boyled in wine and drunke.
 Reddish broth decoct and drunke.
 Feuerick in powder with hony (two drams)
 Cods and lads of Hony one dram
 Polypoly of the Dre, the iuste dryed,
 Pepper in meat,
 Buxchorne berries to young lusty persons, } eaten.
 Figgis
 Wyne Puts
 Turpentine with hony in Electuary,
 Juniper gumme with hony, —
 For cold flemmes of the stomacke.
 Elme under-barke one ounce decoct in wine,
 Eller yellow barkie steeped in wine or beere, } drunke.
 Juniper gumme infused in wine,
 Cardus Benedictus powder eaten.
 Capers eaten in sauce.

For

To stop Whites.
 ¶ Take Weregoud, and Rosemary dryed, beat it in powder,
 mixe them and lay them to the hand.

To purge Flegme.
 ¶ Take pure white Lubith gumme cleane scraped, thin slice
 ed, and fine minke as may be, one dram, pure Ginger in
 like soft dryed, two drams, Sugar thre drams, make all in
 fine powder, and put it into an Apple that the coze is taken out,
 the cap taken off, and set a fayre tyde on hote ymbers, and ther
 upon i off the Apple, and turne it often: when it is tolde, pare
 away the rende, and put that apple in white wyne, and drinke
 it in picces, and adde to it a little Ginger early in the moring:
 and if ye take it at night, ye must slee early.

D. K.

To avoyd flegme.
 ¶ Take Rose-water eight spoonfulls, Combust or spring wa
 ter fourre spoonfulls, white vinger two spoonfulls, Rose wa
 ter two spoonfulls, of fine white sugar two spoonfulls: boyle
 them on a soft fyre, scum it cleane, and vse it.

D. K.

B. 4

For

For Frenzy.

Scamony juice dyed, the wayght of sixe wheat coynes,
Sounke.

For out-going of the Fundament.

Aloes Cicatrice boyled in Velline and Honey, applyed.

For to settle the Fundament displaced.

Asper Atticus carried about a man.
Pomegranat pillem and flowers in plaster applyed.
Lentiske leaves and bark decoct.

For swelling of the Fundament.

Asper Atticus carried about a man.
Aloes Cicatrice in powder strowed, or plaster-wise.

For

For Frenzy.

¶ Take of ~~water~~ wine, Sage, and Marigold, of eche halfe
a pynt, white wine one pynt and a halfe, brew them to-
gether, and give the sicke to drinke nine sponefulls warme in
the moorning fasting, afterne dayes together.

D. K.

¶ Take the herbe called Shepheards yard, stampe it, and
lay it to the head shaved.

Choller, maketh a man harmfull & debatous.
¶ ~~Madnesse~~ Blond, maketh him playing, Singing, and not
harmfull,
¶ Frenzy or Melancholly, maketh him sad, fallen, and dread-
full of all things.

Fundament going out.

¶ Take Apostolicon, and touch it hote, and it shall goe in: doe
so once or twice, as needis, and after bathe it with water
that Perritory bath bin boyled in, and the Fundament shall go
to his place agayne.

¶ Wash the fundament that goeth out, with thine owne
water.

For bleeding at the Fundament.

¶ Take Aloes and Myrrh, and make them into powder, and
with oyle of Almonds anoynt the soze, and cast on the
powder, and put up the Fundament with a Scarlet cloth, and
it will helpe.

¶ Take Collets of Vaybred and Sancle, and eate them.

For

For chops, rifts and fistulaes about the fundament,
Take rotes pond and boyled in wyne, to the thicknesse of a playster or oyntment, applied.

Agnes Castus seedes mixed with oyle and oyntments, made to heat and mollify, applied.

Lyctum made of the banches, rotes or seedes of Berthoigne, applied.

Clare liquid Rozen of fyre tree, with Nutmegs and sugar, the quantity of a Nut, cureth the excoriation of the secret parts, by the fluse of them.

For to open the stopping of the gall.
Doe boyled in wyne or water, drinke.

For blasting or swelling of Genitores.
R the leaves and Bay berries pond and layd to. Gourd rynd burnt to ashes, strowed on.

Cypus nuts pond with Figs, applied.

For spreading or fretting sores of Genitores,
or Privities.
Flowers of unripe fruit of the wilde Wine, mingled with the oyle of Roses and vintger, applied.

For

For swelling of the Genitores.

Take Beane meale and vintger, temper them, and apply it all about, and let it not come neare the fire: and if you haue greene leaues, staine them, and temper them with hony.

¶ Juice of Wallwort and Cissell, a like much, and Fennel, boyle them to thicknesse, and apply it warme.

¶ Powder of Comyn, Barley meale and hony fryed, applied warme.

¶ Take Wormelwo, Camp f, and Beane meale, powder of Comyn, dry them, and warme lay it to the W. This is good for all weakenes of the W. and when ye take away the playster, wash the W. with warme vintger at eche time. This is well approued.

¶ Take Scabious, Matselion, and Quens as much as both, grind them small, and make thereof pelises: dry them in an oven when your bread is drawne: then make powder thereof, and drinke thereof early and late: and if thou mayst haue the juices of these herbes, it is the better.

For

For to expell Gnats and flies.
Canna brewed or burned in any place.

For swelling of the Gowt.
Wild Cucumber made soft, or sooked in vintiger, applied.

For to allwage payne of the Gowt.

Henbane seeds poud with wyne,
Lentils boyled with barley meale,
Colewoort juice, and meale of Fennygræk,
Turneps boyled in milke, applied, or
Bosome flowers poud with swines greace, laid to.
Castia,
Black Poppler leaves, and yong buds.
Plunge the patient suddenly into a heape of whole straws, up
to the knes.

For

For the Gowt.

¶ Take Bosome flowers, Peony Rootes, and Rose of the
wall, a like much, stamp them with Hay Water, put the
in an earthen pot, set it twenty dapes in hote boyle-dung cloth
copped: then syr it with a part of Cheveron sallope, straine it,
and ble it.

For the Gangrene.

¶ Stamp leaves of Colewoort, and apply it, or the wine
of hem that bath to eat Colewoort.
¶ Stamp blacke Clebor with vintiger, and apply it.
¶ Stamp Rettiles with salt, and apply it.
¶ The water and juice of Knot grasse applied.
¶ Decoct Lupins in water and wash with it.
¶ The tares and roots of Pedilote applied.
¶ Reddish with vintiger applied.
¶ Take bones of Raynes, stamp them, and apply them.

A playster

For Gowt in hands or feet.

Perrioz (ailes entangled with Deers hale,

Cornish lemons,

Singatane,

Penys royal,

Libanotus (ailes entangled with Turay meale
and vngifer,

Wild Imperatozia,

Elder graine leaves,

Sea-moss,

Acanthus graine,

Orach graine, with Saltpeeler, honey and
vngifer,

Succory and Endive graine,

Lilly Conuale flowers distilled with good wyne, one spoonfull
drunke.

Cyme with wyne, take in time and out of time of griele with
Primell.

Libanotus seed entangled with Turay meale & vngifer, applied.

Oppopanax applied.

Lacerpitum roote in powder, with oyle of Tricos and wax made
into playster, layd to.

Ammoniacum one dram taken.

Howbys root decoct and layd to.

White Clebor roote taken in small quantity.

Capsa, the bark of the roote, one dram taken.

Opperium with vngifer applied.

Figs milky juice with meale of Fennigrack & vngifer applied.

Plunge the patient suddenly into a heape of Wheat up to the
knees.

pound and
layd to.

For

A playster wherewith the L. R. was cured, when all Chi-
rurgions thought him incurable.

¶ Take unto yought war halfe a pound, Rosen half a pound,
Olibanum one ounce, fine Litarge of gold & quarter of a
pound, white lead thre quarters of a pound beaten to pow-
der, and finely searced, a pyn of oyle of peats feet, set it on a fire
in a small vessell with the Ware and Rozen: and when it is
molten, put thereto the other powders, and stirre it fast with a
sticke, and then put a little therof in a salver, and if it be hard
scryped, take it from the fire, and anoynt a sayle boord with
some peats lont oyle; and as you may handle it for heat, work
it as it were Cordwaynes waxe, and make it in rolles, and
make playsters of it with a chafingdish of coales, spread it thin
on lynnen or leather, and lay the playster warme wheras the
payne is, and so renew it at morne and evening, untill you bee
whole, or till the ache be dauen to some other soyns, & so follow
with the playster as the payne remoueth, and beware of cold,
and hote wynes.

A playster to cure the red Gowt, or
Gutta Rotaria.

¶ Take old Lard, and put to it strong vngifer by two dayes:
then staine it, and put to it the barke Lappacij acutitakes
boyled in water, Quicksilver sublimed, and Quicksulpher wel
incorporated together, and make therof an oyntment, where-
with anoynt the face when thou goest to sleepe, and in the mor-
ning wash the face, and rub the face with the liquo.

A most excellent remedy for a cold Gowt, that is Oleum
Benedictum, to heale Guccam Rosaciam.

¶ Take a fat Gander, a fat Churle or male Cat, new Ware
thre quarters of a pound, Pasturcum one handful, Bar-
rowes Greace, beat them together, and put it into the Gander:
bayle it and cole it, and with that oyntment anoynt the griele.

For

For to auoyd Grauell, and the Stones:

For perfecte without his flowers, —

pepermin,

Corampos,

Matron rote,

white Lime,

Cochr gralle,

Cardus Benedictus,

Haltig, the Rutes dyed with wynes,

Carret roots in powder with horred water,

Gingilotum

Asperagus alone, or with Chicke pease,

Winter Cresses leavys,

The rough spongeous ball of y wild Rose,

Wistme Rape,

Perry walben, tender spryngs,

Blacke Holme,

Rhamuns sedde tertium genus,

Meddler Stones in powder,

Cannamomil decoct in water, applied outwardly in the
Region of the bladder.

Mallows leaves raw, eaten with salt.

Stone Parcely seed taken.

White Thorne fruit eaten.

Witter Almonds with sweet wine taken.

Figs before meat eaten.

Plumatre gumme dissolved in wine,

Gold Cherry tree gumme sozonke.

Nutmegs taken any way.

Cassia taken.

Fruit of Wyns tree taken.

Liquid Rozen of Firre tree taken.

Rozen of Larix tree taken, and licked in.

For to strengthen the Gummis.

Penny Royal burnt to ashes, and rub the gummis.

Pomegranats.

For

For swelling of gummes.

Dryed Rose in wyne, anoynted o; put to.

Wamble new spryngs boyled and held in the mouth.

Lycium o; Wortho; me decoct and held in the mouth.

Plumtree leaves decoct in water, applied.

Digne tree leaves pond with Honey, applied.

Wastick o; Lentisk leaves pond and holven in the mouth.

For fleshy myosture of gummes.

Oyle of unripe Olives applied.

Oyle Apples mixt with oyle oyntments, applied.

For Gouts fallen into the Cods.

Cypus gouts pond and layd to outwardly.

For heauiness of the heart.

Garden Buglos eaten in Salade.

Garden Buglos flowers keped in wyne, o; conserved, taken.

Pimpernell leaves, — Burnet keped in wyne, drunke.

For

For the cold Gowt.

¶ Take the iuice of Pettles, the white of an Egg, Wheate
hian, make a playster and apply it.

For a Canker in the gummes.

¶ First wash the sore with vintiger and Sugar syre dayes:
but first rub it, and then wash it with this liquor.

Take quick Lime and Sage quenched at the fire in an earthen vessell, and put to it Rozen and melt it: then coole it, and re-scrue it to vise.

¶ The Canker oftentimes chanceth in the pallet, which ought to be burnt with a hote Iron, or with Gold.

Sometime it chanceth in the nostrils, the roose o; pallet of the mouth, the lips, and the gummes.

The place where it is, is eaten and compastred, and is red, and sometime it turneth in the skin, and the skinnes is not eaten, but the flesh within.

Sirobis.

This disease commeth of a melancholy humour, comming like to a Canker, which in the beginning is called Sirobis.

Noli me tangere.

In the face it is called Noli me tangere.

Singulum,

In the mid body, A Circle.

Lupus.

In the feste, thighes, &c. A wolle, which is incurable, because the feste are the moore parts.

Regula.

In facie, Noli, in medijs partibus, Herpes,
Si sit inferius, dicitur esse Lupus.

¶ And it is proper, vt omnis proprietas in solidioris substantia fortius imprimat effectum suum, & sic vnum: and therefore is rather cureable.

For swelling of the guts.

¶ Eat wth heat wth vintiger, and iuice of Pimpernell, and make a playster and lay it to.

Rams little Dodcon.

For to drine venome from the heart.

To mentill leaves and roote boyled in wyne, drunke.

For to comfort the heart.

Clous Gillosers conserv'd with sugar,
Lilly continually distilled water, } taken, or
Mareill } drunke.
Sage } decoct in wyne, ——————
Balme } drunke.

For stiches or gripings at the heart.

Oxigannum boyled in wme, drunke.

For trembling and shaking of the heart.

Succory and Endive leaves pond, } and laid so
Bramble tendzels and leaves stamped, } outwardly.
Maces decoct and eaten.
Juice of Rose decoct or infus'd, drunke.

For

Incidentia.

For fatnesse about the heart.

QTake iuice of Fennel and hony, and boyle them till they be
hard, and eate it at moane and evening.

For swelling and stich at the heart.

QTake xxiiij two handfuls, Maruon, grane ~~W~~ormrod, of
eche alike, stamp them and temper them with Hale Ale,
and drinke it at meales.

For a Stich.

QTake the bottone of a Rye leafe, an inch thick, soft it, and
then take a ppynt of god viner, and sprinkle it, till it bee
well drunk in: then sprinkle a little Palmsey on it, and lay it
so hot as may be, to the stich, and follow it from place to place,
warming the tolles from time to time.

For a stich about the heart. A Cawdell.

QTake Comyng seedes, Alisander seedes, Cloves and Mace,
Graines, Licois, of eche one dram in fine powder, a pint
of stale Ale, soeth it, and scum it clean: then put in your powder,
and make a Cawdle with an Egge potched as rare as may be.
Drunke this fassing in the moring, and last at night with
Sugar.

D. K.

Trembling and shaking of the heart.
Mrabolane in gross powder taken, from two drams to
five drams, comforteth the trembling of the heart.

QMyrtle leaves taken, profiteth.

QPutneys eaten, comfort the same.

QWinges, the iuice and inner part of substance where
the iuice is taken, profit much.

QThis distaste commeth to women, by reason of the cold-
nes of the materie, and is thus cured:

Scrape a Goats hoyn that is boyled, and give that scraping
to the patient to drinke.

For

Ramsbelle Dodder.

For scury heat or itch of hands.
Swall Chickweed boyled in water and salt, often washed.

For chaps or rifts, in hands, feet, or fundament.
Walper gummie, with oyle of Roses, applied.
Pitch liquor mixt with Sulphur, applied.

For head-ache.

Flebane seed mingled with oyle of Roses, vniqer, or water, applied.
Hingraze juice mingled with Barly meale, and oyle of Roses.
Warwen leaves poud with oyle of Roses, & vniqer, laid to.
Violets alone, or with oyle of Roses, poud.
White water-Lilly flowers conserv'd and eaten.
Iris roots mingled with oyle of Roses, applied.
Sage boyled in wine, drunk.
Rue leaves poud with oyle of Roses.
Decades with the flowers, decoct and drunke.
Amnis seeds burnt, and the fume taken at the nose.
Pigella roots mixt with roots of Treos, laid to the sozhead.
Betony decoct in wyne and drunke.
Pencebanum juice with oyle of Roses and vniqer, laid to the sozhead.
Sagepnum, one dram —————
Aromatum, one dram taken.
Caphozbium prepared by discretion, —————

For

For extreme head-ache.
Samp Violets alone, or with oyle, and apply it,

L 4

For

For head-ache.

A Rose wort with oyle of Rose and vinger, applyed.

Wenyl leaves one dram taken.

Maydenhayre, a garland worn about the head.

Solanum Hortensis pond and layd to.

Melilot juice mixt with oyle of Rose and vinger, poured on the head.

Cresses seed and honey layd to the head.

Vine tendzels or claspers pond with parched Barly meale applied.

Wilde Tyme tendzels, with oyle of Rose, pond and applyed.

Double tongue, a garland worn about the head.

Marmalad, or Quodimack of Quinces eaten after meat.

Bitter Almonds applyed to the sozhead.

For giddynesse of the head.

Euersels dryed to powder, two drams taken.

Brunell bruised with oyle of Rose and vinger, applyed.

Running Tyme pond with oyle of Rose and vinger, applyed.

Lauender flowers alone or with Nutmegs, applyed.

Syngamom and Cloves applyed.

Bellito, y root with honey eaten.

Colloclinthida boyled or sokcd in hained water or other liquo.

Witony rots one dram taken daily one yare.

Blessed Thistle used in meat and drinke.

Agarick with Cirop Acetess, taken.

For scurfe of the head.

White water-Lilly rote with Tarre layd to.

Capillus Veneris dryed or boyled in Lye, to wash y head.

Poole reede ashes mingled with vinger, layd to.

For to purge the head.

Gall Cellidong decoct in wine, gargarized.

Spimpornell juice snuffed in at the nose.

Celeworts juice snuffed in at the nose.

Garnix perfume taken in at the nose.

For

For head-ache.

¶ Mise Wheat bran with Pigeons dung, and apply it with the white of an Egge, to the contrary side of the grise.

For head pushes.

¶ SLEampe Violet leaves with honey, and apply it.

For a scald head.

¶ SLEampe Primrose rootes, fry them with fresh Butter and Tarre, and lay to the grise.

For

For Impotencies and humours of the head.

Cypisanthaxum flowers pond with oyle and wax, applied.
Sharpes Horel graine leaves pond with oyle of Rose and
Saffron, applied.

For dry humours of the head.

Clamyn pond and layd to.

Termit perfume taken in.

For to heale wounds in the head.

Clear liquid Rose, applied.

For old payne of the head.

White Clebor roste taken in.

Say twice with oyle of Rose layd to the head.

Rye meale put in a littel bag, layd to.

Garlick brused betweene the hands.

For kybed heeles.

Penny Woor on the wall, layd to.

Bathe the heeles in wine, and anoynt the grief with
gummre of Lacerpitium boyled in oyle.

Howbwoze roste boyled and applied.

Beets boyled and wash therewith.

Turneps rosted with oyle of Rose, applied.

Sequilla inner part boyled in oyle o; Turpentine,
layd to.

Yellow Aconill root boyled in oyle, layd to.

For the Hydrophy.

Poly boyled in wine o; water, drunke.

Ortigan eaten with Figgies.

Bazell eaten.

Soldoneilla boyled with broth of fat meate, corrected
with Anisis seeds, Synammon, sugar and Ginger.

For

For qualifying of any hore matter, practised
by D. Achelo.

¶ Dicill spiske ——————
swallows
planten
whites of Egges into a boater,
and die it. **D. K.**

Kybed heeles.

¶ Boyle Bengwyn, or Lacerpitium in Oyle, and anoynt
the kybed heeles, being first long bathed in white wine.

¶ Make a plaster with Cullare and burnt Figgies, and ap-
ply thereto.

For

For the Emerods inward and outward.

Dogs young rosted in imbers, applyed hotte.

Small Cendony pum in wine o; wyne, the rest layd to.

Galeoplis the roote eaten.

Caparia b;ulsc with oyle of Roses, layd to.

Wild Imperatoria pund and layd to.

Lacerpitium roots boyled with Pomegranat pilles, and vint-
ger, layd to.

Wyl wort mingled with Popaston, applyed.

Aloes boyled with wyne and hony, applyed.

Balsamum oyle applyed on cotton.

Parcelandre juice drunke.

Onions eaten with meat.

Wamble tendjels and leaves stamped, layd to.

Shumak, or Khos, pund with The coles, applyed.

Figs milky taken layd to.

For the Yex or Hicket.

A Lissondjunke, o; held to the nose.

Spyns, two o; three branches with juice of lowe
Pomegranats, drunke.

Dill seed chaled, and often smelled to.

Astrolochia rotunda given in drunke.

Rubarbe taken.

Ceterach leaves decoct and drunke.

Herit roots, the juice with wine o; Goats milke,
djunke.

Nutmegs eaten o; drunke.

For to dissolve cold humours.

Solihern wood infusid in oyle, anoynt the member taken with
cold.

Barula decoct with wine and drunke.

Stechados decoct with his flowers, o; alone drunke.

Wile Parcely roote holden in the mouth.

For noyle and sound in the ears, and to
move hearing.

Figges and Mustard seed, pund and layd to.

For

For the Emerods.

¶ Take Flare seed, boyle it in Spay bulter, till it be soft and
thicke, and lay it to hote.

Duglas.

Ad idem.

¶ Take blacke sope one ounce, Swines greace one ounce
and a halfe, a little bay salt in fine powder, temper it and lay it
to the griefe.

¶ Take beards of Lachs unset, boyle them and stamp them
with Saffron, Grayne it, and lay that ointment hote with a
cloth to the griefe.

For the Yex or Hicket.

Whan the Yex or Hicket comemth, let the patient speake as
it should be to the Hicket, and lay this word, Enough.

Duglas.

Ad idem.

¶ Take oyle of Lillyes, and anoynt the body of the sick with
it oftentimes.

For Emerods.

¶ Take leaves of Renypher, called Canell leaves. wash
them cleane put them in a paper, roaste them in imbers,
and apply them hote as may be iustred: make powder of them,
and call it into the soze.

For the same.

¶ Take red Worts, boyle them in a pot, and sit ouer the
fire in a clole chayre, till it be cold, & anoynt the griefe.

For the same.

¶ Take a plate of Lead, and rub thereon Barrowes greace
for a man, and Swines greace for a woman, wash it out
with white wine, and anoynt the griefe.

For

For the launders and yellow soughe.

Small Centropy decoct. —
 Howbres inie decoct, }
 Black Elebor boyled in water with Rue, }
 and Cynamony, or balsard Cuparoy, }
 Scamony iuice dyed, six wheat co;nes wayght with Drache
 seeds and hōmed water, taken.
 Sheps horrell decoct and drunke.
 Knepholt decoct and drunke.
 Cassia ozawne and eaten.

For swelling and corruption of the lawes.

Saligot leaves —
 Figgis } decoct and gargarized.
 Piumtre leaves —
 Hallich, the teeth and lawes rubbed.

For Impostumes.

V/ Dad of the Garden, —
 Lynsed with Figs, } pond and
 Planten leaves, } layd to.
 Corula lutea,
 Wild Cowcumer root, with parched Barly,
 Sea-molle,
 Chick Pease with Barly meale and hony,
 Lopines flower, with parched Barly meale } layd to.
 and hōmed water,
 Juice of Endive with Ceruce, — white lead,
 Vnguentum potion,

For

For the yellow laundes.

Take Isop, Betony, Scabios, Cynamony, holly Thistle, of
 eche a braunch as big as both your thumbs: Boage,
 Buglos, Succory, Endive, Hoyle, Limetoy, Planten, Violet
 leaves, of eche a quarter of a handfull, Spere mynts fine crops,
 Mercury leaves, water-Cresses, Celidony, of eche halfe a hand-
 full, Raisins of the Sunne stoned, halfe a handfull, Damaske
 Pynnes stoned iueuen spoonfulls, of Barley coynes knocked &
 cleane washed, 3. spoonfulls, of Liccys scraped & thin sliced two
 spoonfulls, of water thre pintaes: boyle all to the third part wa-
 ter: Straine it, and put to it Pemelios halfe an ounce, Synna-
 mom the wayght of eight pence bruiser: then setteth it a little,
 and scrapne it againe, and glue the sick to drinke of it first and
 last, a draught blood warme.

D. K.

Ad idem.

Take Turneric, and the inner barke of Pisperich tree, of
 eche an ounce, make it in powder, & eat it in potage every
 morning and supper: and take Celidony water, a god draught
 thre hours after supper.

For blacke laundes.

Take Aloes, Cpatike, Azarum, Annis seeds, Synnamem,
 Comyn seeds, Hemp seeds, Liccys, Cnula campanarof,
 Brome seed, of eche one ounce, make it in powder, and easie it
 in potage.

For iaw-fallen, mould-fallen, or roofe-fallen.

Roll a handfull of Chickweed in ymbers, and apply it to
 the hōne of the necks, and apply somme levin of Culheate
 hōnes to the mould of the head ix. hōures, to rase it.

99

For

For Impotumes about the priuy members or genitores
of men or women.

Sherewort greene stamped, layd to.

Welbyte Lilly rote mingled with biniger, or the leaues of
Hennebane, or Barly meale, layd to.

Dill seed burned or parched, layd to the pard, cureth the swel-
ling lumps and rifts of the same, and of the fundament.

Dill hearebe made into albes, strowed on the shire or priuy
parts, cureth moist vleers.

Astrolochia rotunda mixt with Treos, and bathe the gricse.
Galengale in powder, strowed on.

Gloes in powder strowed on, cureth the vleers of the priuy
members and fundament.

Wall-wort leaues and newbuds, pund and layd to.

Brane meale layd to.

Endive or Succory greene leaues pund, —

Lettice greene leaues pund,

Souchus iuice,

Cristation leode mingled with hony and water,

Peilow Aſſodil roots, boyled in wine lees,

Agnus castus leaues with Butter,

Plane tree young leaues decoct,

Mistilote leaues and fruit, with Tarre & Colare,

Plamtree leaues pund,

Fennell bagled in wine, —

For to soften Impotumes about the fundament.

Violets stampes with Barly meale, —

Roots of Iris mingled with hony,

Blacke Rosebound pard,

Dillseed burned or parched,

Libanotus leaues pund,

Helilot, a Quince and oyle of Roses,

Helilot by it selfe decoct in wort wine,

Liquid Rozen with Putneye and Sugar, —

app'ped, or
layd to.

For the Ape gall

¶ Burne a cleane linnen cloth to ashes, and meddle it with
oyle of egges, and apply it vrgt.

¶ Burne Clay to ashes, and lay to the gricse, and wrap a
linnen cloth vrgt.

For swelling of the P.

¶ Take iuice of Morell, Lynſed and Barrottes greace, syr
them, and lay to hote.

¶ ¶ Take fourre Figges and Dateineale meddled with oyle
Olive, and lay to.

¶ ¶ Take Lynſed in powder, thicke boyled in womans
milke, and lay it all about the pard.

For scalding of the P.

¶ Take herbe Robert, herbe Waller, Boglos, Quens, Egri-
mony, Banicle, Petymoſell, Gentiane, Pimpernel, Hen-
bane, red Petiles, of ech a handfull, Marigold, Maydeheye,
Hemp, Opin, Kilwoſt, Brier tops, of ech a quarter of a hand-
full, wash and rawp them well, and to thereto a quart of god
May butter clarifed stamp all together: then put them into an
earthen pan, and crush them well with thy hands, that it be not
hollow: then couer it well, and let it stand iſ. dayes and iſ.
nightis: then worke it, iſ. it well, and stamp it to an oyntment;
and anoint the gricse. It will heale the scalding, or any wond
that is curable, on wairantise.

For scalding of a womans priuity.

¶ Take herbe Robert, Rose, of ech a handfull, stamp them
in a moſter, put thereto hony, and syr them, make a play-
ter, and apply it to hote as may be to the fundament.

For Sacritis, or ouching of the pard.

¶ Eat ſeeds of Agnus Castus, or boyle it in wine, and pla-
ster it to the reynes and ſeret parts.

¶ Boyle Compyn with wine or water, and drinke it, or ap-
ply it to the gricse.

¶ Stamp white Lille, and apply it.

To break hard Impotunes, or swelling Vlcers.

Narcissus roots mingled with Hettie seeds & vintiger, layd to.

White Bryony roote pund with oyle, ——— }

Barley meale boyled in hained water, with Figgies, ——— }

Barley meale with Pigeons dung and oyle of Lynseed boyled and applyed to, ——— }

Fenigreke meale boyled in hained water, ——— }

New Figs with wheate meale, with Lynseed Fenigreke and rotes of Lillies, ——— }

For inward inflamations.

Patunces flowers with the herbo and plant boyled, } 2 vjunque.

2 vjunque boyled in wylle or water, ——— }

For hote inflamations.

Hounds tound boyled in wylle or wylle ——— }

Cassilago greene leaues pund with hony

Pennywort on the wall, pund

Knot-grasse greene leaues, pund

Hingrene alons, or with barley meale, pund

Maruen greene leaues, pund

Adders tound incorpo;ates with Sbrines greace

Blompernell greene leaues pund

Willisoli leaues pund

Comfr, with the leaues of Groundsell, pund

Ulolets b;ruised with Barly meale

Trifoliate leaues sod in oyle

Cane read greene tender leaues stamped

Cardus Benedictus, pund

Drache grene b;ruised

Umbitis Beete leaues b;ruised and boyled,

Colewort juice alons, or with parched barley meale

Endive and Siccorp greene leaues, pund

Acattia juice, Rhamnus juice,

Date tree leaues and braunches, pund

Red Gooseberries chawed and holden in the mouth.

layd to.

Pur

To cleane the lungs and brest.

¶ Flowers of Heartseale, or Paunces, boyled with the herbo or plant, and vjunque, cleanseth the lungs and brest, and is good against Feuers and inflammations.

Vnguentum Album Camphoratum.

¶ Take oyle of Roses halfe a pound, sweet beale soft tryed, three ounces, white Ware one pound, let it on a soft fire and melt it: then take it off, and put in a quarter of lead, and the white of two new layd eggs, beaten with Rose water, labour these in a morter, and then put in the Camphire, fine b;rought powder, one vjunque, the space of two houres: then put it in a gallie pot.

This mitigateth payne, and quencheth all hote cause.

sp. 3

Fol.

Rams little Dodcon.

Forache of ioynts that haue bene broken.
 The great Wurroot, one dram poud with Pyne apple ker-
 nels, layd to.
 Flebane leade mingled with oyle of Rose and vintger, or
 water, playster-wise layd to.
 Dead Nettles poud and layd to.

For parts being out of ioynt.
 Swetwroot boyled in broth, and eaten.
 Caner root, or Spere root, poud and layd to.

For itch of scruinesse.

Hydrosp decoct, and bathe the itch.
 Stansagred mingled with oyle, and anoynted.
 Swet leaves decoct with a Chickin broth, or with Perry,
 made with Peare, or some other good liquo, & junks.
 Vpon fruites anoynted.
 Shreps Sorrell broth boyled in vintger, applied.
 Lampsana bruised and layd to.

For hollow kybes.
 P Dolere de cotton applied.

For extreame Itch.
 Like a reude queint the same with fasting Satell
 & pouoce, or juice of Helcyn. Incorporate the
 same with oile Lankino. Anoynt the vns
 the palmes of the handes pulling thon with
 the other & hant to thy handes vpon thy
 mouthe open. let this be vsed threec dayes
 together first & laste without druncking after
 ffeit in three howers.

For the Itche of Gribbles
 2. xij. Orenches, cut in Slices & putt them
 into a gallon of water with ij. of Sich:
 boyle the same to the halfe & putt the
 halfe to the other.

For the scuruy itch.
 B Oyle Rosemary and Helondine, of eche one handfull in
 halfe a pynte of vintger, Grayne it, and putt to it a quan-
 tity of White Coperois, whilst it is hole, & wash often with it.

Wle salt with oyle and vintger.
 Boyle smal Chickweede with salt in water, and wash often
 the scuruy itch.

Wormes in hands and feetes.

B Oyle the iuice of Cloverwood in May Butter, and red
 Docks, and make it to a laine, and anoynt the griefe.

Rue, — — — Rue wa-
 ter the hands with iuice of ^{Rue,} ^{Wetymozrell,} ^{Ter and}
^{or Spyns,} — Salt.

Wormes in Chidren ^{to Gerarde}
 The iuice of grasse mixed wth haine of the powder
 of Saffernet & Sode taken indeinate; ou the
 place the iuice draw wth the finger & anoynt
 ou the place drawne anoynt the Chidren bane
 or bosome wth the iuice & pouoce the wanche.

For the King's Eulfe.
 Rose leves with white whande pepper, Allspice and Pe-
 pp, of poud with Swynes greace, and applyed.
 Coriander greene with Beans meale, poud
 Lacerpitium roots poud with oyle
 Beupleros poud with salt and oyle.
 Saltigot leaves poud
 Aperine leaves poud with Swynes greace } and layde.
 Groundsell with salt, poud
 Indian Pepper with honig, poud
 Pepper poud with pitch
 Figtree leaves poud
 Squilla leaves layd to soure dayes.
 Shaps Dozrell roots hanged about the necke.

For Vlcers of Kidneyes.

Sainte decoct in wine or water, dranke.
 Bessentel, Sce, one, yambopie with wine, dranke.
 spallato greene beans beane, or gallage, or with hale.
 Rozen of furet, with an oyle salpynge.

For a complestis of Rynke for vltres.
 Take a yarde of swete fayre wolle, to
 make ther a bryd, then laye it on the
 Rynke of Iron. &c. 13. Cap. 15.
 Take wicks couring earth twighte in oyle, & les-
 sers in Eryngotrie, scales of Iron, and iher
 twighte, & to muche twighte of waxe. inter-
 porate them well according to arte, & one bryd
 of oyle. as this being nerde fleshe & in rounnes
 the bryd of wicks wch the good Cerot.

To dissolve scriphules or kernels.

¶ Take Mustard seed, Settle seed, Spuma Maris, Astrolo-
 gic, Armomacum, old oyle and waxes, make a playster
 and apply it.

whers or the porcs.

¶ Take vntis of water. & quenche ther in hote
 Trenes often times & vntill raise the water re-
 conuincid. then incide in the hote water one
 pounce of hore or vthine vnted vntil the spund
 of vthine growes. after that strayne the water
 & then by gaine ther in 15. graynes of Eryngotrie
 vntis. or 15. graynes of Vtzirole. & two vntis
 graynes of Camphire. this dothe cleare &
 drye vltres excellently.

Boyle in a newre carthen vngell verry cleare
 water. as fone as het beginneth to boyle
 put into vt vntes vntis. & presently putt
 it into a newre pote of earthe. lett vt reske
 ther vntill it be conuincid vntil vtronic cleare
 ther vntill. after vt be conuincid vntil vtronic cleare
 ther falling to the bottome leete pap.
 ther leane the vngell a syde, & reske ther
 vtronic cleare in a cleane vngell. in vngell
 being warmed vpp a lymyd & stodde supplied
 in stede of a playster to the vltre. vtronic
 vt often.

Rains little Dodeon.

For stopping and payne of the kidnycys.

V Eronica decoct
Simpornell decoct in wine

Eode flaxe decoct

Plantain rotes and lode decoct in wine

Doxetayle decoct in wine

Devils Bit decoct

Fennell herbe, rose and leede decoct

Betony decoct Cuscata decoct in wine

Hops decoct Melilot boyled in wine

Sea-ball boyled in wine

Garden wadet boyled in boyled water

Tragagant steepet in wine

Caret rotes in powder with boyled water

Parcely rotes decoct

Water Cresses decoct

Sebastenes decoct

Cassia in decoction of Licorice, Parcely rootes,

or Chiches

Fruit of Juniper decoct in boyled water or wine

Penceadanu iwt by it self, or with bitter Almonds,

Schespes Chiches

Purcelane in Salade Bula Cilanca

Petrociumum Macedonicum seed

Smyrnium seed

Sassafras roote

Bitter Almonds

Figgis before incate

Purmeigs steeped in oyle of sweet Almonds.

Agarick one dram

Rozen of Turpentine tree

For to drive away Gnats.

Y Chely Lysianachus, boyled and perfumed.

For lamenesse.

T 2 the Cuphobium, and twelve times so much oyle, and alittle
the war, & lay it to ache of tornis, palsey, lame, & so, cramps,
shaking of knewes, and against all aches, and paynes of
the same.

and drunke.

taken and
eaten.

For

Incidentia.

For swelling and ache in the knees.

¶ Take Wormwood, Egremont, and Marren, Lonsgo, herb
Bennet, Petty morell, and Rue, of eche a like much,
Camp them and dry them with two parts of fresh Butter, and
one part of white wine, make a playster, and as hotte as may be
suffis, apply it to the payne.

Payne in the knees.

¶ Take Rue and Lorange, stamp them, and meddle them
with hony, dry them, and lay to the knees as hotte as may
be suffis two or three times.¶ To knotes & Knobs.
Re the oldest & moste mouldie ~~tree~~ you can
finde. encase yit with the bootle of tart Buton, or
Larde, & ther wi make a playster to laye on
the p. we. After take Conchala, Incora
& stampet yit in vingeren wth Myrra &
and applice it to the place. After
Take three hundres iwt of Balme & Danacion, or
in vnic pyntes of Vrone boile the and a
goyl (spur) in a potte of exche close couered, &
that exche wch all come to a pynted.
then straine vth & putt ther to halfe a pounde
of newre yesthe, booke, grea sel, & iwt of aqua
vire. So boyle all together the pate of one hower.
Stale, after putt ther to vte on Spyle vna & iwt
vegari: 3. i. stir yit well wth a spatuale. wth
the ointment that the members by the re.

Rams little Dodeon.

For to stop the Laske.

Blisst roote in wine.

Pervincke in wine,

Grimony seide in wine,

Hypericen with his flowers and seeds in wine,

Shepherdes puris,

Lormentill roote in powder in wine,

Strawberry plants in wine,

Wilde Lanley, Hostetayle,

Flebane seeds, parched and bruised,

Flax weder of sophia, in wine or Smithys water,

Parrow, Flower gentle,

Whible water-Lilly roote or seeds,

Hiacynthus Orientalis,

Fly Orchis rootes, Wild Bazell,

Garden Rue leaves, Annis seeds,

Coriander seed parched, Dancus roote,

Harts young, Roselle,

Blacke Poppy seeds, Pannik seeds,

Lentils, y seconde decoction, the first cast away,

Pease earth Nut, Hares lase,

Common Rush seed parched,

Deck seed and Horrell,

Great Condrilla suice,

Holes yellow lades,

Castus flowers,

Lotus root hanings,

Oak leaves, bark, and Aconite cups,

Pyne apple scales,

Hwines Cresses rosted in ymbers, eaten.

Annis seeds taken any wayes.

Rubarbe taken by discretion.

Endive and Succory bycled and raten with viniger.

Purcellayne seeds taken in,

Marth Hallowes, gréne seed or dyed, purnd and drunke.

Hherit roots thrice drunke with Goats milke.

Mayson kernels hroth drunke.

Whripe grapes flower, & bntipe fruit of the wild grape, taken.

For

For coctinenesse.

¶ Make a Subpositoy with hony.

¶ Take Sowyn, Sopre, and the flowre of wheate, & the halfe of the rest of Wallwort, seethe them together, make a plaster, and lay it on the womb, and it wil procure a spedye siege.

¶ Take Hallowes and Mercury, and boyle them with a piece of poike, make pottage therof, and eat well thereof, and drinke white wyne to it.

¶ Take a piece of poike enterlarded, and boyle it well in water: then take the broth vp in a dish, & cole it, till it be milke warme: then take Mercur, Violet leanes, Borage, & Aunes, a like much, make wortz with that poike and broth, and eat thereof a quantity; and in the middle of your eating, take a quantity of stale Ale, and meddle it with the sayd broth, and drinke it in the middle of the pottage, &c. and vs this.

An easie Laske for digestion.

¶ Take two penny weight Elecampe Rosarum, and rate it so drinke it with Ale or Wyne, and it shall procure easie Laske. It is tolerable for a woman with childe.

To stop

For to stop the Laskē,

Great Eatwarsch the fruite taken, —
Barberies the fruite
Acacia the soice
White Thorne the fruite
Lichen taken in,
Pomegranat seeds dyed in the Sun,
Quinces
Almonds before meat,
Hawthorne rough choke Peares
Wild Plummes wince
Black lowe Cherries
Cornell fruite
Hawthorne Apples gathered before they be
ripe, dyed in the Sun, —
One apples or galles taken any wyses.
Cypus fruite, or decoction thereof take it.

eaten.

To stop the Laskē, comming of chol-
eric humours.

Red Coseberries eaten.

For to heale legges or armes broken.

Elime leaves, the broth, or the bark or roots, to bathe
the legges or armes broken.

For sores that runne in the legges.

Powdered, or water to pike, purvd with water and
vyniger, applyed.

For

To stop the Laskē.

Take an Egge, and Aqua composita, boyle it with the
Egge till it be drye, then eate it with Synammon and
Sugar.

Take Boyle starch in milke and Sugar to pouer, and give it
the patient.

For a sore shynne.

Take Diamond, Bagle, Plantain and Betony, Sampell
well, and meddel it with Beane meale, honey and syle,
boyle it well, and vise it till it be whole.

For screlling legges or brude.

Take bearebes gracie, Sotheeren rotode, mugwort, &c
red micered, anna &c. Taniper breeches in. iiiij. cut the bearebes small & boyle the breeches. then put
them in a pipon vij. iiiij. quarters of strong red
vynegar, &c. let the nose standred & infuse
24 hours. if the bearebes be grene. but if the
bearebes be drye, let them infuse a week. after
distyll all in Balned armys till all be drye. then
take leake quantity of bearebes & breeches, &c
put into that distilled water to infuse. &c.
be distyllled againe as before. for to be
the thricc time. into the laste infusion add
Methyrate. & in. & keele & by the distyll

For the Litargy or sleeping sickness.

R the juice with vyniger given to smell unto.
Spicedamum root given to smell unto.
Cupheodum mingled with oyle, straked and layd to
the Temples.
Sennys made in plastrer with Figs, layd to the head.

For the Lazer and Lepry.

Calamint boyled in wine and vynke, and the same eaten,
and to drinke whay of sweet milke after it.
Cithemall root boyled in vyniger, applied.
Bistony leafe applied.
Vitis alba, or Clematis leaves laid vpon.
Quare mede with sulphur and vyniger, applied.
Sennys mingled with vyniger, applied.
Garlick poud with oyle and salt, layd to.
Figges milky juice with Barley meale parched, applied.
Diqueys leaues poud with vyniger, layd to.
the same vintill the feges be drye as before.
the dae vs to the water, pr a man vs 3 m
take a man, to be exacy to beken about vnyce
ex exces of the diete in the morning, excepte
vntyl proide recreate. by the more vone
recreat the better. during the dayes
solering leather. for a certaine tyme
creat vnde clothes for a day
vnder every setting in vnde vnyce

For Lazer and Lepry.

- 1 A Cartia being grased with vyniger, abateth pouches of lepy.
- 2 Ashes of the bark of Ash mixed with water, and anoynt the Lepry.
- 3 Plasters made with Barley meale applied, profiseth the scurfe and Lepry.
- 4 Bistony fruit good against itch, lepy, and naughty scab.
- 5 To preserue the same from lepy, cheue Calamint saffing, and hold it in thy mouth, and it profiseth.
- 6 Let Lazars and Lepers eat of Calamint, and drinke it in whey of street milke.
- 7 Stamp Selondine with vyniger, and apply it.
- 8 Mixe three parts of the juice with two parts of vyniger, and anoynt the scurfe.
- 9 Darnell with Bismstone and vyniger applied, cureth.
- 10 Black Elleboze stamped with vyniger, applied.
- 11 White Elleboze boyled in wine, with Lenage & Fennell, and wash the grecle.
- 12 Boyle Cloer leaues in strong wine, and bathe.
- 13 Clime græne leaues stamped with vyniger, anoynted, helpe greatly.
- 14 Figs milky juice anoynted, cureth, and the same applied with the yolk of an Egge, helpe.
- 15 Veronica, or Fluellen stamped and applied, profiseth.
- 16 Wires ashes of Garlick with honig and May butter, and anoynt: or anoynt with the juice thereof, or stamp it with oyle and salt, and apply it.

Lippe salve.

¶ Take Rosemary flowers, Sallet oyle, Rose water, vny-
wrought waxe, bruise the buds, and boyle them all toge-
ther, but very little, for fears of burning black, and vse it.

Rams little Dodeon.

For lice and nits in the body and apparel.
 Glden Stechias boyled in lye, and the hayre washed.
 Gumme of Foy killeth them.
 Beetes broth, wash the head with it.
 Wilde Passerag boyled in lye, and wash the head.
 Garlick decoct with Oxtigan and wine drunke, killeth them.
 Stecag, alias Philago, boyled in wyne and washed.
 To drive them from the head and body.
 Oxtigan decoct in wine, drunke.
 Stavesage mingled with oyle, and anoynted.
 Tamarisk with the buds and tendzels decoct, and wash them.
 Ceder decoct, the liquoʒ anoynted.

To strengthen the Liver.

A Grimony decoct in wine, —
 White Hozehound juice,
 Pentaphilon juice,
 Seahull made in powder,
 Woodzone put in wine,
 Drach smite put in wine,
 Rose's juice, or decoction,
 Phisick Puts eaten.

} Drunke.

For

For lice and nits in the body and apparel.
 A Ppe the shirt ouer Quicksilver burnt upon coales.

¶ Strewe Hojsenys in your chamber.
 ¶ Take juice of Rue, and anoynt your body with it.
 ¶ Take Coſt, boyle it in water, and ſprinkle the house with it.

To drive away lice.

¶ Take Quicksilver, i. ounce, Marifrage, two ounces, Barrowes greace ſix ounces, meddle them together, & anoynt therewith the armeholes, and the Pavell, the broth of a penny, and they ſhall geue away: or anoynt the with juice of Rue.

For ſcabs and lice.

¶ Take Quicksilver, and lay it with ſalting ſpittle, i. ounce, meddle them with the white of an Egge, and boile on a wollen clout, and gird it about thy naked middle, ſhaped like a girdle, and then couer it with a lynnen cloth, and gird it as aforesaid, and weare it ſix, dayes, and it ſhall lay all.

For the conſumption of the Liver.

¶ Take a pottle of wort, not ſtrong, Maydenhaire one handfull, Liverwort one handful, Harts loug fy. leaues, parcellly roots one handfull, Fennell roots halfe a handfull, the pitch of both roots taken out: boile the roots a little, wash them & boole them to halfe, or thre pynts: imediately after the firſt boyle put to it Saunderes one ounce, and when it is almoſt ſod, put in a quantity of Canell bruited: then ſrayne it through an Ipcras bag ſoftly, and let the patient drinke thereof every morning ſix or ſix ſpoonfuls, one houre beforre repaſt, and as much at night beforereſt.

For inflamation of the Liver.

Ramans Wormewood,	Decoct in wine and drunks.	
Balkard Egymony		
Hepatica		
Scordium,		
Small Dayles		
Clolets		
Linerwort		
Peppermell grān leaves pond & layd to outwardly,	satēn.	
Wortz black stewed, — wortzell berries,		
Gosleberries greene with meats,		
Licorice roote,		
Pomegranat juice, —		

For stopping of the Liver,

Quenpeltis steeped in wyne.	Drunks.
Chelubny roote decoct with Annis seeds in white wine.	
Flowers of Saffron with hōmed water.	
Pimpernell decoct in wine, —	
Cerimony decoct,	
Hempsead stamped in wine,	
Oris, — Rose flake decoct,	
Toymentill leaves and roots decoct,	
Planten root & seed decoct in white wine,	
Wagle, — decoct in wyne,	
Anens, — decoct in wyne,	
Harssens conseund decoct in water,	
Hage decoct in water,	
White Rosebord decoct in water,	
Stecados flowers decoct,	
Fennell, herbe, seed and roste decoct,	
Betony decoct,	
Centauri maius the roote decoct,	
Rubarbe infusēd by discretion,	
Piony roote dyed,	
Clebozynē decoct in wine, —	
Goldbord root dyed, taken with wyne and Peppermell.	

For

A plaster to cool the Liver.

¶ Take a piece of scarlet, cut it like a liver, the size of a
pound, as much vinger, and a little Rose water, the powder
of Saunders; boyle all together, and lay it hot to the place of
the liver.

For to restore the Liver.

¶ Take a quantity of wild Ransey, stampē it, and drinke it
with wyne or ale, ix. dayes or more.

¶ 3

For

For stopping of the Liver.

Sceny leaves prepared, decoct, —
Dulcamara decoct,

Popes,

Poppes,
Capillus Veneris,
Liaerwysjt,
Horned Poppy roſe decoct in water to halfe,
Lupines with Rue and Pepper in wine,
Succory halfe,
Caret roſtes in powder with hōmed Water,
parcely decoct,

Shepherds Purde decoct in wine,
Asperagus by it selfe, or with chiche pease,
decocct,
Juice of red Roses,
Lemonie leaues, crops and banches decoct.
Agnus Cattus leadez,
Peach tree leaues decoct,
Sulberry tree roote bark decoct,
Wild Ash leaues decoct,
Fruit of Juniper decoct in Wine or Wy-

~~bxomell, —~~
Cetrach taken with vintger for sy dayes, —

Chiches **Wheetes**
Hampcre in Salade **Dried Bananas**

Barcely Dyed Rayons

Capers in Saliva Bitter Almonds

Putnems

pine tree fruits

Agarick
Root of Turpentine tree — —

For payne of the loynes.

Bagles roste boyled in wyne, drunke.

To increase language

Wilde Cerf roots taken any wages.

W. G. BROWN MARCHING BAND

Fo

For Gonorrhœa.

Ex ole of Nymphæa. iijd. ~~ole~~ of Camphor c iiij.
ole of Turbentine re: mid Rose ar: iijd. Succi
gum: make all in fyne pouder & make the
vanc to an Electuare: Ex lib: manu scripto.

For to increase love.

Eggs the roots of Carets.

1

A walk

Rams little Dodeon.

For inflammation of the Lungs.

Ethiopis roote boyled or conset, roasterfied in Red wine.

Syrup of Violets eaten.

Pulmonaria roote in powder, and drunke, — Sea-moult.

Bitter Almonds eaten.

For to cleanse the Lungs.

Praunces herbe and flowers detolt, drunke.

Wortus, — Oke of Jerusalem boyled in wine, drunke.

Iris rootes new gathered, with Sugars, Honey,

Penny royal with honey

Wigan with honey licked in,

Sarcocoll one drame taken,

Licois roote

For roughnesse of the Lungs.

Figgis eaten.

Jabobs in Eleuary or Syrop, eaten.

Summe of the wild Cherry tree in wine, drunke.

For drynesse and harme of the Lungs.

Veronica water with wine distilled, and often drunke, vnsill

it be red of colour, drunke,

Munularia

Sinksoyle tender roote iustice,

Tojmentill roote

Scabios herbe or roote,

Black Polyn with his pleasant flowers,

Santicle leaves & roote decoct in water & honey,

Comphry rootes,

Rue

Stecados

Ethiopis roote conset with honey, often licked.

Garden Parcenep rootes

Raspins dyed, Licois rootes

Peché kernels

Bitter Almonds

Figgis

Hebesteres

Flax Roots

Pine Nut kernels

Turpentine in Eleuary with honey, taken.

eaten.

decoct in wine
and drunke.

eaten.

For

Incidentia.

A water to cleane the lungs and stomake.

¶ Take new Ale out of the fat, one gallon, a good quantite of
Licois cleane scraped and shaued, as much Annis seeds,
as much Fennell seeds, as much Coriander seeds dyed, Cento-
ry one handfull: lay them into a crepe xxiiij. houres in the Ale,
stirre it and drinke of it, sorne spoonfulls every moring fasting.

A marueylous and precious water.

¶ Take Galengale, Cloves, Quibbles, Ginger, Melilot, Car-
damomum, Rose, Nutmegs, of eche one dram, the juice of
Celidony halfe a pint: mixe all these made in powder with the
juice, and a pynt of god Aqua vita, & thre pynts of god white
wyn: put all together in a Stillitory of glasse, and let it stand
all night, and in the morning stirre it with an easie fire as can be.

It is of a secret vertue,

It dissolueþ the swelling of the lungs, without greviance.

If the lungs be woor ded or perished, it mightily comforteth
them, and suffieth not the bloud to putrisþ. He that useth this
water shal not haue to be let bloud.It suffieth not the heart to be burnt, nor melancholy, nor
sugge to be lifted vp, eþ to haue dominion above nature.It expelleþ the Rheume, profiteth the stomake, and conser-
veth a god colour, and youth in his estate: It also conserueth the
visage and memory.

It deliþereth the Palsey of the young and lymmes.

If one spoonfull be giuen to one labouring at the poynþ of
death, it reliueth.

Of all waters artificiall, it is the best.

In the Sommer use one spoonfull once a wike fasting, and
in the winter two spoonfulls.

For

For to take away marks, comming by stripes or
beating.

I **Stop** decoct and washed.

Margerom byped, mingled with hony, —

Dijganum mingled with hony and oyle,

Calamynt boyled in wyne often washed,

Rue roote in powder mingled with hony,

Fennell roots pond with hony,

Amicos pond with hony,

Lacerpitium roots pond with hony,

Aloes Cicatrice with hony,

Topsta, the batke of the roote with Franchin-

tence and ware,

White B;lony roote with wine pond,

Vitis Silvestris fruit,

Dulcamara decoct,

Colewojt leaves with parched Barly pond,

Cennig mingled with hony and new grasse,

Rocket sed pond with hony,

Garlick pond,

Water Pepper leaves and sed pond, —

Oyle of Bay anoynted.

Oyle of Nuts anoynted.

For to take away marks with hete irons.

L Querwojt pond and layd to.

For to take away marks of small

Poxe,

S Dibbed roote stamped and layd to.

For to mundify the Matrix.

L Acerpitium leaves boyled in wyne, —

Astrellochia longa with Pepper and Spixb,

Plony rootes byped, as much as a Beane, with

boared water,

Lawell of Alexandria decoct in wine, —

laid to and
applied.

bjunkes.

For

For the Marmoll, or Malum mortuum.

¶ IT is an infirmitie about the shinnes and armes, which is
called Malum mortuum: they be old wan sores, little mat-
ter gendizing therein.

Other while it commeth of melancholy, mixed with Salice-
plen: if it come of melancholy, it is seene by black pustels with-
out itching. If salciplen be mixed therewith, the place waxeth
wan with itch and biting.

If it be cleane melancholy, let the matter bee digested with
Drimel, Squilliticum, and Sirupus de Fumitory, of eche a little.

If salciplen be mixed therewith, let the matter bee digested
with 2. parts of Drimell, & the 3. part of Erisaccary, and the 4
part of Syrop of Fumitory: & let it be purged with 2. parts of
Iera ligridion, and the 3. part of Iera Ruffini, and the 4. part of
Catarticum Imperials, and let it be stopped with Barly water,
and gluce it in the morning.

The next day after be there made a Stuppe, of Calamint,
Dijganum, Rue, Mints, Horehound, Bay leaves, and all kind
of March Cresses, Scabios, Fumitory, Specula fuscida.

And going out of the Stuppe, gine the patient Etacle, with
juice of Fumitory hote to drinke it, if it be cleane melancholy.

And if it bee of Flegme meddled, put thereto a god part of
Rubea Trociscata.

If it be an uniuersall Malum mortuum, let him blood of the
bayne Hepatike.

And if it be about the shinnes, thighs, or armes, let him blood
on the beyne Sephone, within and without a little, and other-
whiles bee there put to Wentosse, upon the raynes. And if
he be too costiue, and that neede be, purge him before inuncti-
on with Carticum Imperiale, or with a Glyster is moze conve-
nient.

Remember, that at what time the cure is to be done, the pa-
tient must bee kept from colde, as a woman lying in child-bed,
winter and summer, with fire in the chamber.

For

For to close vp the Matrix.

Sage eaten.

Lentisk leues and bark, boyled and drunke.

For windynesse of the Matrix.

Comyn receyued at the place conuenient, by glyf:
Her, pessary, or playster.
Agnes Cattus seedes drunke.

For blasting and windynesse of the matrix,
or mother.

Geranium Tuberosum, the roote taken in wine.
Pulegium decoct, and sit ouer the tume of it.
Flos, the heire and seede kept in byne and eaten.

For the Payne of the matrix or mother.

Aythillis mingled with milke and oyle of Rose, layd to the
belly outwardly.
Feuerfew boyled, and to sit ouer the sume and bathe it.
Peruincle with iyle of Rose and milke, a pessary.
Comza decoct, and sit ouer the tume ou & close it.
Lentil boyled and gyffred.
Barren leaves poud with Swines greace, or oyle of Rose,
layd to.
Betony leaves dyed, and drunke with honyed water.
Rubarb taken by discretion.
Buron roote decoct, and sit ouer and bathe it.
Oyle of Wallatum applyed.
Henbane greene juice with Collitres conuenient, applyed.
Dyed Rose boyled in wine, anoynted and layd to.
Sugmengs taken in wyne.

Fos

For wind passing by the Matrix.

Take Rue, Pennyroyall, Camomill, of ech a handfull,
chop them as great as worts, bruise Fennel seedes, Annis
seedes, Comyn seedes, & mix them: then syr them with vincer,
and make bags, and put the same in them, and lay to her side,
as hote as may be suffred; when one is cold, lay to another.

Do take flowers of Camomill, Sillit, Pugwoyt, Isop,
Hage, Feuerfew, Papowadz, Bay leaves, & Hound, of
ech a halse a handful, Annis seedes, Fennel, and Caroway seedes,
Bay berries, & Comyn seedes, of ech an ounce: bruise the herbe
and put all together, boyle them all in a sufficient quantity of
running water, and halse as much white wyne: strayne the
herbs, and put them in a bagge, and apply them to the payned
place: or else wet a sprigge in the liquor, and warme lay it to the
gulfe.

For a woman laboring with child, and that wanteth
her throwes at her deliuerance.

Take Sennamoni, Saffron, & the bark of Cassia fistula, of
ech a like murch, make it in powder, and give her four
penny weight thereto to drinke in white wyne or Malmeley,
blood warme b. or vi. spoonfuls.

De

For to resele the matrix in the naturall place,
being moued.

Centos seede with wyne, —
Pannas seede with wine, }
Double young leaues decoct, }
Acacia with red wyne,
Quinces decoct and bathe therewith.
One apples decoct, and sit ouer it.
Pastick taken in.

For suffocation and strangling of the matrix.

Butter Bur in powder with wine, —
Pannas seede with Roseme wood, }
Pony seeds &c. or rbd. in wine or meade }
Black Bryony decoct in wine, —
Cocula foxtida boyled, and wash her selfe.
Dill decoct, and sit ouer the same thereof.
Pencebamum juice ^{Allascida} — }
Comine Sagapenum — } Smelt to.

Caleanum perfume taken in place convenient.

Hukard seede stuffed into the nose.
Wild Caret seede in wine, & unke.

For stopping, or hardnesse of the matrix.

Fewerew boyled in wine, layn to the Panell.
White Lilly roots rostid or pud with oyle of Roses, applied.
White Hound decoct in wine, —
Astrachalia longa with Pepper & Myrrh, }
Small Centaury, — }
Ciprus roots boyled and bathed iwarwies.
Wall-work leaues, buds and roots decoct, & the perfume taken.
Iup leaues boyled in vinger, applied.
Fennigreke decoct in bath, sit ouer it.
Lomentill leaues and flowers, decoct in wine, & unke.
Poly root by pessary applied.
Leekes decoct, and bathe with it.
Labdanum by pessary applied.
Agnus Castus decoct, and sit ouer in bath.
Lekes decoct in sea water, and bathe with it.

For

De virga virili swollen.

¶ Take Mallows and Violets, boyle them in conditt wa-
ter, and wash the griesse.

For scalding virg.

¶ Bōyle Mallows in water, beat them in a morter, dry them
with oyle or May butter: then take a red Cole leaue, and
lay it thereon, and wrap the soze therewin, and make a hole of the
leaue ad iungendum, & sanabitur gratia Dei.

For the yard blorized.

¶ Dry Burch leaves on a stile, and make powder thereof,
which powder will heal the Blaynes, and consume the
Mutter: but the powder shoulde not bee strowed to the
Mutter.

For

For hote hard Impostumes of the Matrix,
or Mother.

W^h Alflowers dyed and decoct in water, drunke: and the gree
houedo bathed in it.

Asclepias leaves pond and layd to.

W^h ole of Balsamum concyed in by Instrument.

Melilot boyled in sweet wyne, or with the peck of an Egge ro-
b^{ed}, or meale of Fennigrake, or of Lynsade, or with fine
flour of meale, or with Cico^y layd to.

Purcelane juice put in by discretion.

Wall^e leaves decoct and bathe it.

Marsh Mallowes pond with Soluines greace, or goose greace,
or Turpentine applied by pessary.

Agnus Castus boyled and furnigatcd by setting ouer it.

Pitch liquid layd to with Barly meale.

For rising of the Matrix.

SLinking Motherwort to smel of it, or to lay of it to the
Pauell.

For to helpe Melancholy.

B^orage leaves and flowers put in wine, —
Staine in powder 3. drams with hemed water, } drunke,

Walme in wyne, —
G^omentill roote and leaves in powder, knodden with the
white of an Egge, eaten.

Bazell taken in wine, and often smelled to.

For members taken dead or benum'd.

AGnus Castus mingled with oyle and oynmentis, made to
heat, melliſy and heale.

▶

For

For a woman whose child is fallen too lowe,
to rayſe it.

¶ DRyue a red Cow till she dung, then take that dung, and
hony, and boyle them together, and lay it very hot to the
upper side of her Pauell, till she be well.

Against melancholy, an electuary.

¶ TAKE Boorage flowers, and Wrglos flowers alike by diſ-
cretion, not exceeding boile a pound; keepe them in as
much Claret wine as will myſt them: then beate them in a
marble morter very ſmall, put to it like waight of Sugar
finely beaten, incorporate al together: put it in a gall^y pot, and
reſerue it to vſe, the quantity of a Chestnut at any time when
the melancholy paſſid troubleth you. It is good againſt drought,
beauineſſe of the heart, body or minde, taken in like quantity.

G. K.

To purge melancholy.

¶ TAKE ſherry cleane picked, one dram, Cypſhing, Mira-
bolinde, Hermodactili albi, of eche halle a dram: make all
into fine powder, and adde to it powder of Ginger and ſyrna-
mon, of eche halle a dram, make all into powder: then take a
ſayne apple, cut off the cap, take out the core, then put it all into
the apple: then ſet a ſyle upon hote pumbers, and rou the apple,
turning it that it may be thjoughly roſed: when it is roſed,
pare off the rynde, and put the apple in white wine, and breake
it in piecces, and take it early in the morning.

D. K.

¶

For

For to mollify stiffe and hard members.

Agnus Castus with oyle and oynaments made to heate,
mollify and heale.

Oyle of ripe Olives compound with good herbes.

For shrinking of any member.

Great Centaury roots, two oijams with wyne, oijunkie.

For to warme all parts of cold members.

Agnus Castus with oyle and oynaments, made to heale, mol-
lify, and heate.

For swolne members,

Plantain leaves pund and layd to.

For dislocation of members out of ioynt.

Tamarisks leaves pund, _____

Iris roots **A**gnus Castus roots

Acanthus graine,

Ashes of the Gynne distilled in oyle of Rose
and vinalger, _____

Acatia leaves and creps decoct, and bathe with it.

} layd to,

For to strengthen and comfort memory.

Eye-bright dyed in powder, three parts, and one part of Rose
ess, a spoonfull oijunkie at morning with wyne.

Lilly Connally distilled water, oijunkie.

Rosemary flowers conserued with sugar, eaten daily saffring

Stearadus leaves and flowers often smelled vnyg.

Cardus benedictus in meat oijunkie.

For to make a man to be merry.

Borage leaues and flowers put in wyne, drunke.

Martuen steeped in water, sprinkled about the house, where banqueting and company is.

Wynes swelled vato, and stroyled about the house.

For Meazels.

Veronica decoct and drunke.

Saffron mingled with womans milke, layd to the eyest.
Figges eaten.

To cause plenty of milke in wemens brests.

Brygges in wyne decoct and drunke.

Spaik-Wort, or sea-Trifoly taken in meat or drinck,

Fennell leaues eaten, or the seeds drunke.

Dill creps decoct & drunke, and the seed decoct & drunke.

Pigella seede decoct in wyne.

Ciches eaten.

Sonchus iuice drunke.

Lettice eaten in Hallado.

Porcellane or mite eaten, —— Palmimo.

Mallow stede drunke in wyne.

Redeis beaten.

To dry milke in wemens brests.

Hempseeds applied.

Kue eaten,

For cloddered milke in brests.

Lentils boyled in salt sea-water, applied.

To cause Kyne to yeeld plenty of milke.

Fodder them with Sparry, —— Spargula, or Poligula.

Ramsbette Dodcon

For to open the Mylt or Spleene.
Whyle Dozehound decoct in Water and Drunke.

For swelling and inflamation of the Mylt.
Pensebanum sap of prot eaten alone, or with bitter Almonds.
Betymo yell poud and applied to the grefe outwardly.
Garden Raddeer leode with Drimell taken.
Vine aches dissolved in vyniger and oyle, layd to.
For stopping of the Mylt or Spleue.
Ile rates decoct and eaten.
Lorchitis drunke, or layd vpon with vyniger.
Lupines with Rue and Pepper boyled, drunke.
Brome leaues, b;anches, and crops, decoct in wine or water,
drunke.
Tamarisk boyled in wyne, drunke.
Capres rote bark with Drimell, or applied outwardly with
opics and eyntments conuenient.
Bay rote bark decoct in wine, drunke.
To dimissh the Mylt.
Orches leode eaten of drunke.

For hardnesse of the Mylt.
Dormentill with vyniger, ——————
Doris, — Eode flaxe,
Scordion in ale or wyne,
Teaeron decoct in wyne,
White water-Lilly root decoct in white wine,
Stecades alone, or with the flower decoct,
Jugleane boyled in wyne,
Dover decoct in wine or water,
Sile Fearn rote decoct in wyne,
Oak ferns decoct, the roote,
Pars young decoct,
Lorchitis, — Splenewort decoct,
Cetrach leaues, — Asplenium decoct,
Capillus Venoris decoct in wine, ——————

For

For stopping of the Mylt and Spleene.
¶ Give the patient powder of Cockle, with wine of Honeys
wood.
¶ Take wyne that the seeds of Cockle is sodden in, and eat
the powder with all meats.
¶ Make wine that seeds of Honeysuckles of the hedge is
sodden in: It maketh good digestion: It wasteth windes: It
openeth the stopping of the Spleene, the Kynes and bladder.

For to open the Mylk or Spleene.

Whyle Dozehound decoct in water and drunke.

For swelling and inflamation of the Mylt.

Enfledanum sap of yronteaten alone, or with bitter Almonds.

Petymozell poud and applyed to the grefe outwardly.

Garden Madder saude with Drimell taken.

Time ashes dissolved in vyniger and oylic, layd to.

For stopping of the Mylt or Spleene.

Myrtotes decoct and eaten.

Lonchitis drunke, or layd vpon with vyniger.

Lupines with Rue and Pepper boyled, drunke.

Brome leaues, bryanches, and crops, decoct in wine or water, drunke.

Tamarisk boyled in wyne, drunke.

Caypes roote barkie with Drimell, or applied outwardly with oylics and eyntments conuenient.

Bay roote barkie decoct in wine, drunke.

To diminish the Mylt.

Cellos saude eaten or drunke.

For hardnesse of the Mylt.

Drimell with vyniger, —

Oris, — Rose flake,

Scordion in ale or wyne,

Teacreon decoct in wyne,

Whyle Water-Lilly roote decoct in white wine,

Stercades alone, or with the flower decoct,

Impaues boyled in wyne,

Weter decoct in wine or water,

White Hearne roote decoct in wyne,

Okiferne decoct, the roote,

Partis young decoct,

Lonchitis, — Splenewort decoct,

Cetrach leaues, — Asplenium decoct,

Capillus Veneris decoct in wine, —

drunke.

For

For stopping of the Mylt and Spleene.

¶ Give the patient powder of Cockle, with tares of the wood.

¶ Take wyne that the saude of Cockle is sodden in, and eat the powder with all meats.

¶ Drinke wine that seeds of Honeysuckles of the hedge is sodden in: It maketh good digestion: It waketh windes: It openeth the stopping of the Spleene, the Reynes and bladder.

¶ 4

For hardness of the Myle.

Gerden Spadder roote decoct in wyne, —
 Caret roote in powder with honyed water,
 Camorisk decoct in wyne,
 Sulbry roote bark decoct,
 Ash tre leaues and bark decoct,
 Maple rootes with wyne pound, —
 Helle leaues mingled with oyle and wax, lay to.
 Stinking Gladeoun halle a dram taken in.
 Penny royal mingled with vintiger and hony.

Loppianax —
 Sagapenum Galbanum
 Amomacum in small quantity
 Nutmegs Pine nut kernels
 Rozen of Larix with vintiger,
 Rozen of Tarpenine, —
 Schaper Hozell pound with vintiger, —
 Radish roote pound with vintiger,
 Cresses seeds pound with vintiger, —
 For old griefs and vicles of the mouth.

Hounds tong boyled with h root in water or wyne,
 Bisket leaues decoct, Verbe Robert decoct,
 Hakesoyle decoct in water to the third part,
 Corincentill roote and leaues decoct,
 Strawberry plants, Wild Tansey,
 Planten leaues, Jaceas,
 Maruem leaues and roste,
 Egle leaues, — Brunell,
 Sandle with hony,
 Wall flowers with hony,
 Bell flower in water, Camomill decoct,
 Testiculus odoratus with hony,
 Hesop with Figges,
 Great Waterian leaues and roots,
 Aloes and wine applied,
 Hozell de Boys decoct,
 Saliget leaues decoct,
 Spialage juice, —

bathe.

eaten, or taken in.

wash the
grose.

For

For a sore mouth.

Take white wyne a quart, Licoq; a quarter of a pound,
 Annis seeds a quarter of a pound, Space, a quarter of an
 ounce: beat all together, and put it to the wyne, and two spoon-
 fuls of English hony, two ounces of white Stone Sugar, one
 ounce of Roche Alisme, a quantite of Honyuckles, as much
 Endive, as much Parrot, as much Wogles, as much Guocco-
 ry: distill them, and use that water.

Ad idem, an excellent remedy.

Take Honyuckles, red Sage, red Rose Campions leaues,
 Silverd leaues, Rosemary leaues, of each a handfull, two
 spoonfuls of English hony, a good quantity of Roche Alisme,
 boyle it in running water, and wash the sores mouth.

For

For olde vlcers or grieses of the mouth.
 Bramble young tendezis decoct and wash, —
 Rcatia decoct,
 Sweet leaves decoct,
 Figges decoct,
 Walnut shelles, or graine barke decoct,
 Olive tree leaves decoct,
 Oke apples decoct,

and bathe.

For stinking of the mouth.
 Herbe Robert decoct,
 Strawberry plants decoct, and wash or bathe,
 Consonde
 Vauer grasse —

For vlcers in childrens mouthes.
 Leaves of Lynem tree decoct in water, and bathed.

To increase nature.

Moss tree fruite eaten.
 Ash tree hexes eaten.

For going out of the Nauell.
 Perfoliatum pond with meale and wyne,
 Glebane leade pond with vintiger, —
 Peucedanum fructe or pulpe, —

applye,

For young childrens Nauells.
 Galgea fryed in oyle of Lynseede, laid to,

For

For olde vlcers of the mouth.
 Take a quart of white wine, distill it with a quarter of Liceris, a quarter of Annis seeds, halfe a quarter of an ounce of great Rose: beat all together, and put it in the wyne, with two spoonfulls of English honny, two ounces of white stone Sugar, one ounce of Ruchs Almon, a quantity of Bonpluckles, as much Endive, as much Vartow, as much Buglos, as much Succory, distill all together, and vise the water.

To increase Nature.
 Make powder of Annis seeds, Fenel, Galingale, Spike,nard, Tamarisk, Putingis, Cardamom, vire it with wheate flower, water, and red wyne: make cakes thereof, and eat them daily for wasting of nature, nature lost, and Gomera palsio.

For the Nauell going out.
 1 Wash it with wyne boyled with blessed Thistle.
 2 Spire powder of burnt faire lynnen, and of bitter Lupines, and lay it to the nauell.
 3 Flewoit with vintiger applied.
 4 Stacrype saines Johns wort, and lay it to.
 5 Thoroow way stamped with meale and wyne helpeth, and the whole herbe, leaves and seede applied, profiteth.
 The powder thercof helpeth the Hermaries.
 6 Boyle Spike Cetlike in oyle of Almonds, and a little Tarmentyne: dip wooll in it, and apply it to the nauel, wolen after the cutting of it.

To

For ange mayles.

White Bryony punde with wynes, applied.

For corrupt mayles.

Small Celidony punde,

Lynslede with Creys and honys punde,

Sunkesople rule boyled in vyniger,

Tris rule becoa with honys,

Crown leaues and rule punde,

Dyp Spytle leaues with convenient oyntments or
salves,

Applied.

For the Kings Euill.

Lynslede decoct in water, applied.

Bell flower decoct in water.

White Roseboud leaues tempred with honys.

Barly meale mingled with Lar, wass, oyle, and the
win of a chile, applied.

Ruepieces with wine and salt punde, applied.

To procure sneezing,

Bryell with vyniger brased, put in the nose.

For to caule the nose to bleede.

Nettle leaues punde and put into the nose.

Rasmyne oyle put in the nose.

For to stanck nose bleeding.

Pernicke brased,

yellow Lismachus

Rootgrass brased,

Melle decoct in water,

Galmon flowers punde,

Liske blades brased,

Nettle leaues punde with salt laye to the nose and for shew.

Nettle leaues punde, and laye to the nose outwardly.

put in the
nose.

For

To prouoke sneezing.

Take Nigella Romana, Labdanum, Aloë, Sonthys, or
ethe sypenry waight in fine powder, the rote of nasyng
powder, the waight of all the rest: mixe all together, and take
as much thereof as a pinnes head at a time.Hydrolic Teundis. Itches &c. Scabbes
By rote of Ra. monachus, red madder, ana
lis. Sennet in. & mysc seedes, licorice ana
sil. Stribious. Agrimonie, ana &c. Slyrethe rote. broyle the seedes & bearbes, and
pict them into an Earthen Canne. putt to yh
forver gaules of stronge ale. & sett hys
steeppe therin in dayes. after drinke therof
for your ordinarie drinke during three da
yedes or more. for the longer tyme the better.
An ewes reynembering to be provided of another
Capone or steane in readines and rendre an
other. his compone the de seiges above said
purifieth the bloude, helpeþ the greene Sike
nes or pita. all oppintions, & prouectre the
Menstruac. per: Gerrara de plantis. &c. r.
de Rha. monachus. &c. &c.

For to take away stench or smell of the nose.
Honey grasse, and the same boyled in water to the third part
consumed, and after boyled agayne with honey till it bee
thick, especially with a little Sences put in the nose.

To heale superfluous flesh in the nose, called

Polypus.
Purpury powder often put in the nose.
Cypus iuncte put in the nose.

To open the conditio[n]s of the nose.
I mice of Wimpernall snuffed into the nose.

For members taken with Palsey.

Loose nett comers alone, or with Brunniamon, Rata
megg and Spices taken.
Lavender water distilled, and wash the member.

For the Palsey.

Penicillium cap with oyle of Rose, and vinsiger,
taken.

Drypaner i wot; am's.

Sagapenum one dram.

Cupidozibium prepared.

Cypus roote recta and Brunke.

For

For the Palsey.

Take a good quantity of Sage, put it in a coiffin of paste,
bake it in an oven: and when it is well baked, take the
Sage forth, put it in a pot of Ale, and stop it close, and let the
Ale drinke thereof, and of none other drinke.

Another for the Palsey.

Take Pepper one ounce, Ginger halfe an ounce, Carda-
monum, long pepper, Cinnamom, and Nutmell, of ech
i. dram: Spikenard, Rose, & Saffron, of ech halfe a dram, make
it in powd, and drinke it with red Spocras, or Palmsey: and
when you go to bed, wash your hanes with warme water.

Allidem, when the speech is lost.

Take Auiens, one handfull, leaves and roote, wash them,
and boyle them in a quart of white wine to a pynt: strain
it, and drinke it three mornings.

If it be too bitter, put sugar to it, and it will regeze spechy.

For

For to stay perbraking and vomitings

Bacon boyled in water or wine, or powder of it, drunke.

Cominentill roote in powder knod with the white of an
egge, eaten.

Ranunculus juice, halfe an ounce with vintger,

Fennell herbe or seede with water,

Pernassus grasse decoct,

Purmeys,

Betonys with clarified honny after supper, — }

Lupines long soled in water,

Blacke walbottels,

Rohob made of Apples and Sougar,

Dry Dates,

Cypres fruite boyled in oyle,

Taslick taken in,

For perbraking and wanbling of the stomake
of women with child.

Vyne young tendjels juice taken.

For to asswage all paynes.

Balsamum leaves decoct in wyne, drunke.

Verbane leaues put in playsters, layd to.

Verbane leaues alone, or with Early meale poud, layd to,
mingled with other playsters.

For to dissolve pectile at Carbuncles.

Apparatozium roote by it selfe, or with the leaves, poud and
applied.

Appopanax layd to.

Lacerpitum with Hore water, and honny, applied.

Lupines, the n. eale with vintger, or boyled in vintger, applied.

Cardus benedictus grane herbe, poud and layd to.

For legges and hote Carbuncles.

Violets poud with Early meale applied.

For the Tisick, or consumption.

Geomyt decoct age drunke.

For the hote Carbuncles, }

For the hote Carbuncles, }

p

For

Rams little Dodeon.

For to cause one to pisse well.
 Sartfrage rote in wine decoct and drunke.
 Bitter Almonds taken with Muscadell or Bassard:
 For the hote pisse.
 A Pthillis halse adram, Comza leaves decoct, }
 Annis leeres decoct in wine, }
 Cecelios leede decoct in wyne, }
 Cetrach leaves taken with vinger, eaten.
 Herbetenes taken in meate.
 For such as cannot pisse, but by drops.
 Tansy seeds with wine, }
 Osiris, — Lode laxe decoct, }
 Saffron rote in wyne decoct, }
 Margerom in white wine decoct, }
 Garden Rue leaves in water decoct, }
 Anchylome in wine decoct, }
 Putneys parched, }
 A Preseruari for the Plague or Pestilence.
 Angelica rote holden in the mouth.
 Spurbitis boyled in wyne, drunke.
 Djenges juice eaten or drunke.
 Juniper berries burned and perfumed.
 Against the Plague and pestilent Feuers.
 Bitter Bur in powder with wine, }
 Coraientill rote and leaves in wine, }
 Devils bit in wyne, }
 Herbitage root boyled, with wine or vinger, }
 Angelica holden in the mouth in the morning.
 Cloue Syllovers conserued, }
 Marjolias conserued, }
 Monophilia halle adram }
 Rus leaves alone, or with Walnuts and Figges, }
 Wallerwort with wine, }
 Croceworst Gentian in wine decoct, }
 H. wall root in wine decoct }
 Angelica roote holden in the mouth at morning.
 Caroline rote in wine decoct, drunke.
 Djenges taken any wayes.

For

Incidentia.

For him that pisseth bloud.
 ¶ Take Ambrose and Sanguinary, of ech a handful, and as
 much Parcely seeds stamp them, and medole them with
 Goats milke and drinke.
 ¶ Take Ambrose, Sartfrage, and Pancelane: stamp them,
 and drinke the juice with Cow milke.
 For him that cannot well pisse.
 ¶ Take Rue, Cromel and Parcely, stamp them, and medole
 the juice with white wine, and drinke it warme.
 For him that cannot hold his water.
 ¶ Take the claves of a Coat, and barne them to powder, and
 let the patient use of it in porrage, a spoonfull at once, and
 he shall be cured. The claves must be burnt in a new earthen
 pot.
 A perfume to auoyd the infection of the Plague,
 Pox, or Meazels.
 ¶ Take saint Johns Clost dryed, the sprigging of Juniper
 wood, Spurbitis leaves, of ech a like mych, Olibanum, Terra
 pentine of Venice, a like mych in weight: bruise yowre Olibanum,
 incoporate all into balles as big as a Chestnut, and at night
 lay one vpon yore coales in a chalengdib; and let it broake; if
 the fire go out, renge it.
 ¶ Water of the upper barks of Galants distilled in Sep-
 tember, being drunke is a sure remedie against the Plague.
 Against Poyson, and the Pestilence.
 ¶ Take two dry Walnuts, two dry Figs, twenty leaves of
 Rue, and a graine of salt: eat therof taking, e nothing
 venomous shall hurt thee that day.
 For the Pestilence.
 ¶ Wash a Ullip root cleane, and boyle it in white wine, till it
 be halfe wasted, and stue it the sick to drinke. Hee shall
 break out ful of bladders, as if he were burnt or scalded, which
 will expell the malairies.

For the French Poxe.

Bitter Butters in powder with wine taken.

Fumitory juice.

Caleopis leaves pond and layd to.

Plantain stamped and layd to.

Linerwo^t pond with honys, applied.

For weaknesses comming of the French Poxe.

Euphorbium prepared, and taken by discretion.

For the small Poxe.

Veronica decoct and drunke.

Saffron with womans milke mingled, and layd to
the eyes.

Figges eaten.

Figges milky juice layd to.

For

For them that haue the small Poxe.

Take them warme in all parts but the necke and head, and there let them haue ayre enough: and when they begin to come sooth, get of Doctor Ludwicks water, and kepe it continually dropping in their eyes: which water will keepe them out of their eyes: then take Beefe, and powder it with dry Salt, two dayes and two nights: then boyle a peice of that Beefe well scummed; take the fat of that boyle, and a quantite of running water, and beat both together, till it come to an oyle, and so longe as the Poxe come sooth, anoynt the face therewith continually with a feather, day and night: and when the Poxe are thoroughly ripe, let them out with a gold needle: when they begin to dry, let them not hang too long, but put them off softly, else the scabs will make poynts, which shall be lesse.

For poyson of Serpents or Vipers.

Small Boglos in meat of drinke, or to be carried about a man
or woman.

Hinquefoyle rote juice in wyne decoct, —

Leumentill root and leaves in wyne decoct, } Drinke,

Betony dyed leaves in wyne decoct,

Paunces seed and flower with oyle applied.

For to cure poyson.

Small stone crop juice with vintiger taken.

Monopeltion rote halfe a dram in wine or vintiger, or boþt
together taken. Lye in wyne or water.

Margerom compounded with swelling oyntments, applied.

Rue leaves eaten alone, or with Walnuts and Figs.

Gentian juice with wyne, —

Daucus rote decoct in wine,

Hastifrage rote and seede in wine & vintiger decoct,

Betony dyed leaves in wyne,

Angelica rotes in wyne decoct,

Utricularia rotes in wyne,

Asarabacka in wyne decoct,

Horwjet rotes in wyne decoct,

Gentian rote in powder, i. dram with wine, Pepper
and Rue,

Croſſewort Gentian in powder,

Netwalle decoct, Welsboynie decoct,

Calega luce,

Camellion rotes in wyne decoct,

Cardus benedictus juice,

Wild Pannar seide decoct,

Garden Parcely rote decoct,

Gatlick decoct in wyne,

Aſſodill in wyne, Bayberries in wyne,

Plane tree ſtratt with wyne taken, —

Betony leaves applied outwardly.

Lacerptium rots taken.

Sharp Wynd-weed leaves and fruit taken.

One beiry, herbe and fruit taken in, — herba Paris.

Trifolium leaves or rots with Eracle and Spithredatum taken;

Wal-

For poyson of Serpents or Vipers.

Drinke Dragnes, Rue, and Betony.

Drinke juice of Hinquefoyle.

Boyle Rue, Betony and Fennell in butter, and drinke it.

To withstand poysoning.

Eate a Walnut with a Fig and Rue ſalting.

Against Poyson and Plague.

Water of greene Walnuts diſtilled about midsummer 2.
or 3. ounces diſt, coaleth & reuileth poyson & the plague.

Take away the uttermoſt of the bark of the Walnut, and
make powder of the reſt, & ſleep it all night in water, ſtraine it,
and drinke it fasting, to call out poyson.

For the ſmall Poxe, a Loueraigne medicine.

First give the patient ſudden milke, mired with Haffron, or
with Spithredatum, & when they be perfectly come loſth and
begin to break, in no caſe let them come into þayre: then diſtill
of god apples ſliced, vintiger and milk with a little Camphire,
and anoint the face therewith. G. K.

For to make the Poxe come forth.

Give the patient Barly water to drinke made ſweet with
Sugar. G. K.

To know if the ſick of the Poxe ſhall live or die.

Who that falleth ſick of that diſease, and the Pox appearre
not till the ſix day, and do come forth the ſeventh day af-
ter, then the patient is like to dye. G. K.

To make the Poxe come forth,

Take up ſat ſign, ghem Drageant, i. drams, Fennel ſeeds
boþed halfe a quarter of an ounce, brayed to aſtron halfe a
dram, lye all in a quart of water, till the third part be con-
ſumed: then ſtrain it, and drinke it warme early and late. G. K.

To take away the pits of the Poxe,

Take milk and wintyer ſeche a þynþ, of appiles pared and
ſliced thin 3. handſuls, incorporate the with a little Cam-
phire: then ſtrir it and wash the face 3. times a day, & let it dry.

The creame of womans milke anoynted, is god alſo.

Powdered Beale boþt, not too fresh, nor too ſalt, is good
alſo. G. K.

Wilde Thistle roote with vinger layd to.
Spallowers herbe and roote decoct and taken in, and vomited vp
agayne incontinently.
Turnep, or Rape seeds taken in Triacle.
Garden Parsely roote applyed, decoct.
Crismon seeds steeped in water, and boyled by the fire, or lapped
in paste and baked, taken with hony.
Garlick eaten. Dijonges seeds eaten.
Figges with salt, Rus and Walnuts eaten.
For vicles of the Pulme and Lungs,
Veronica water distilled with wyne, drunke,
For clammy Flegme and humours, to purge them.
Tapia the barke of the roote, one dram taken.
Colloquintida the white pitch, one scruple taken.
Callia juice or pulpe taken.

To purge by vrin.

Honeystickis fruit in wyne soþy dayes, —
Dover boyled in wyne or water, } drunke,
Wilde Thistle roote decoct in wyne, —
For to purge women of deliurance.

Rete juice drunke with wyne.
To purge raw and grosse flegme.

Sarcocoll one dram taken.
Honybed roote one dram taken.
To purge hote and choleric humours;

Wilde Campions seeds, two drams taken.
Tragopogam decoct,
Ligustrum roote decoct with wine, Cypheobis prepared } drunke,
Small Centaury decoct in wine or water,
Rubarb one dram by discretion,
Cynis juice, Med & rote, Peplos juice and seeds, } taken,
Wilde Cucumber juice dyed, halfe a scruple,
Elder leaves and tender crops in broth or pottage.
Clematis akera seeds with water or meal, taken.
Hemomory juice dyed, the weight of gre wheat coynes,
Dover, or Culicula decoct in wyne or water, drunke,
Juice of red roses infused, drunke. Frangula decoct, drunke.
Buckthorne berries in small quantity.

For

To

For to purge hote melancholy humours,
Penny repall taken with hony and Aloes.
Plantac Leonis, or Chrysies wort taken.
Hony coos and leaues, one dram taken.
Cloot graine and middle barkes in wypes or Veste.
To purge choler upward and downward,
Thlaspy seeds eaten.

To purge by siege downward.
Saffron the juice of the seede taken.
Great Turnesole a handfull boyled and taken.
Mercury pundi with Butter, and layd to the fundament.
Violets decoct and drunke.
Iris rotes, the juice taken in small quantitie.
White Lilly rotes decoct in boomed water.
Yellow Marcius rotes two drams decoct in wine or water.
Slop with Syrop Acetell taken.
Tyme in powder thre drams with boomed water, vyniger and
salt, taken. Oppopanax two drams or leesse, taken.
Sagapenum one dram. Cypheobium prepared.
Blacke Veleboe taken.
Clematis altera fruit decoct & drunke with white wine xi. dayes.
Squallia prepared, first couercs about with doce or pulle, baked
in an ouen, or rosted under coales, till it bee soft and tender,
and then a spone full or two thereof taken with the eyght
part of salt.

For rage or madnes by biting of a mad dogge.
Allison taken with meats.
To make a man rauie and madde,
Solanium somniferum more then twelue berries eaten.
Venbane rotes, leaues, or juice taken.
Against rauing and Frenzy.
Ephazibium mingled with oyle, straked on the soþhead.

To kill Rats and Mice.
Elebora rote pundi with meats and hony, layd soþ them.

For

To purge melancholy.

¶ Take Hony cleane picked, one dram, Epithimi mirabolani, Hermodactili albi, of eche halfe a dram, Sugare one dram: make all into fine powder, & adde to it powder of Cynger and Synammon, of eche halfe a dram: make this in powder, and put it into an apple, the top cut off, and the core taken out: roll it, and eate it.

To purge choler.

¶ Take Diagredij halfe a dram, beat it grosse: then put to it
the powder of the roots Aromaticum Rosarium Gabrielis,
halfe a scruple, and Sugare as you like: roll it in an apple, as be-
fore, and use it.

For

For raw vnskinned places,

Gerne Fennigrakte poud with vnspter, applied.

For payne of the Reynes or Kidneyes.

Buglos roots boyled in wyne, ——————
Anethelis with wine, halfe an ounce, }
Tozillon juice in wyne, one dram, }
Horned Poppy root boyled to halfe in water, }
Calamus Aromaticus decoct in wyne, }
Bulba castanon. seede decoct in wine, —————— }
Licois juice ——————
Bitter Almonds } eaten.
Cassia drawnes,

For to refresh a man:
Barberry bush greene leaves, made in greenesauce, eaten,

For subtil Rhewmes and Catarics,
Poppy heads boyled into a Syrop, eaten.
The little Carolus Thistle, called Spurrie Arabica,
taken any wayes.

For all ruptures,
Pilosilla leaves and roots decoct and dranke.

For

For running of the reynes, and Gomora passio.

¶ Drinke seeds of Lettice with ale or water.

¶ Use powder of Pastick, Sibauum, Sotojas, and Cardamonium.

¶ Dry Myrtle in an oven, and drinke the powder.

¶ Anoight the yerd & clothes with juice of Rose & Compire.

¶ Catch about thee see of Sorell, gathered by a chalfe boy.

For him that hath lost his kynde,

¶ Take a red Onyon and a Pen sod in a pot, eatte it and drinke it thre dayes.

¶ Drinke seede of Fennell, Parsely, Caroway, Cardamomum, Lignum, Cloues, Galengale, Cauel, of eche a pene waight, Rubarb two drams, & of allome as much, Pastick one dram: Stamp them in a brazen morter, and take a faire scoured bason, and put a good portion therin, & melt it: then take the soyleyd things, and put thereto, let it boyle till it be thick, as thou maile hold it in thy hand: then bore it vp, and use it first and last. This will restore thare againe, though thou wert never so cold.

¶ Drinke a womane every day till thou be restored.

Running of the Reynes.

¶ Take Liverwort, Longwort, Harts tound, of eche halfe a handfull, a little Buglos, as much Succory, as much Endive, Violets, Sorell, & Finefinger, of eche a little, boyle all in a quart of running water to halfe, blanched Almonds two pennyworth, stamp them with the pith of a Bullock: then put it to the liquor with the herbs, and wryng them, and take out the suice: then scrapne it, beat it, and season it with long Pepper, a pennyworth, Nutmegs & Graines, halfe a pennyworth, Iowis large Hace and Sugare, to make it pleasant, and drinke it often warme.

¶ Take Saunders white and yellow, two ounces, Sinnen-
mon one ounce, Pastick one ounce, Sang. Draconis, halfe an
ounce, one Nutmeg, conserue of Woles two ounces, mix all to-
gether with Turpentine, and take it in often.

For

For running and spreading scabs and sores,
Parrsor y pond and layd upon.

Galingale roots dyed, and the powder layd on.

White Wimony rote pond, — — — — —

Liuertwojt pond with hony,

Spelt meale boyled with wine and Walpeter,

Turnay meale with sulphur and vintger,

Cibches boyled with Orobous,

Camelton rote with Coperose and swines greace,

Red Rose leaves pond,

Sheps Doxell rote and leaves decoct and bathe,

Smalage juice, Cresses pond with hony,

Equilla rostet in pybers,

Wamble leaves pond,

Wytte greene leaves pond with oyle of Rosas,

Licium of Wurthoerne,

Almonds pond with hony,

Figges milky juice,

Linde bark pond with vintger,

Juniper bark oʒ rynde burnt, and with water,

Wauua leaves pond with hony,

Seales of Wyne apples, & the barkes with litarge of

Glaſt & Franchincence, and a little Coperose, —

For scabs and leuermesse.

VCronica decoct and drunke, — — — — —

Scabious mixt with oyntments convenient,

Origan decoct in water, and bathe the grieſe, oʒ
wash the body,

Rue leaves mixt with Velline, Pepper, Bitter, hony
and Allome,

Cyphorblitum with oyle of Bay, Beares greace, oʒ
Wolues greace, oʒ such like,

Dragon roots dyed, mixt with hony,

Clebornerot pond with Frakincence, rozen & oyle,

Wile Cincun, & rote in powder with hony,

Vitis alba leaves, — Clematis altera,

Seamony juice with oyle, — — — — —

Wops verea and drunke,

applied
& layd to.

lays to.

For

For a scall.

¶ Take Wimrose roots, stamp them, & fry them with fresh Butter and Ear, and plaster-wise lay it to the grieſe.

For a childſ head having a white scall.

¶ Take Arſe-smart a good quantity, stamp it small, & put to it the like quantity of Wogs Lard, stamp them & incorporate the together: ſet it on a ſoft Wax fire, alwayes stirring it, with a little water in it for burning to, and let it boyle till the leaves begin to parch: then ſtraine it, & of that liquor take two ounces, and anoynt thereto of Doxar liquid one ounce, mix them together, and therewith anoynt the grieſe euery evening oʒ every moring, which you will, and lay a cloth on it.

D. K.

For the Purples.

¶ Take Purple wort if you can: it is a clouē grasse, which bath a blew hart in the middle of it: and if you cannot get that, then take Angelica, Wimony, Scabios, of eche a branch as big as bath your thumbe: stamp them, & ſeethe them in posset ale: Straine them, & put to it Sugar, Saffron, and a little Triacle, drinke it ſalling at moſning and euening without Triacle.

For angry ſcabs, night plowks, and watry wheales.

¶ Take Ra ſins, the ſtones taken out, and Rue ſamped together, and apply it to.

¶ Stamp Daysy leaves, fry them with ſtreſh Butter, and anoynt the hands.

¶ Stamp wild Tansey, and Daysy flowers with cold running water, and bath therewith.

¶ Stamp Sharp leauē Docks and Fumitory a like minch, make it to oyntment with May butter, oʒ Barrowes greace, and Roche Elome, and anoynt it.

¶ Boyle a hand ful of Petters with Cinnamom & Cloves, of eche two drams, and bathe thy hands with the ſumme thereto.

For vermes in hands and feete.

¶ Boyle iuice of Cinnamom in Bay butter, and red docks, and ſtrice it to a ſalve, and anoynt.

¶ Boyle Leuē in geale drags, and apply it to ſcabs.

¶ Boyle wheat bran with Rue in vintger, and lay it to.

For

For Sciatica,

Sothernwood seed grane, or powder decoct in wine or water,
drunke.

Great Burre sude in powder decoct in wine or water.

Camepites leaves decoct in wine soijy dayes, —

Ethiopis rotes decoct,

Lyme boyled in wyne or water,

Penny royall poud and laid to,

Rue boyled with Dill,

Allarabacka boyled in wyne,

Asperagus decoct, *Hypponeum* seeds decoct, drunke.Spanish Worme tender braunches steeped in wa-
ter, and the juice pressed out, drunke, a little herat
or glasse full,

Caynes rotes, the bark decoct,

Whitte Poplere bark boyled in wyne, —

Penny royall poud, —

Penedanum rote sap,

Lacerpitum rote with oyle and waxe,

Amomacoma one dram with oyle of Ciprus & Aster

Enula Campana leaves boyled in wyne,

Black Clebor rote decoct, and taken in small
quantity.

Turay meale boyled in hained water,

Lupines flower or meale boyled in vintiger,

Henry with Stigges made in plastrer,

Cresses poud with hony and vintiger,

Crismon sude taken with hony,

Iberis rote mixt with Wynges greace, —

Rimus seeds boyled with incate and eaten.

Chlaspy seed gliptred at the fundament.

To drive away Serpents.

Yellow Lyfachion —

Penedanum

Sagapentum

Pastureum

Agnus Callus

Wallwort

perfumed.

For

¶

For

For stinging of Serpents.

Came Ciperellus decoct,

Great Turnesole a handfull decoct,
Lichenus see & flower, — Rose campid with wine,
Wild Campions seed and flower decoct,
Garden Larke Spurre seed,
Iris roots with vyniger or water,
Origanum boyld in wyne,
Rue iuice eaten, Fennell herbe and seede,
Lettice seede decoct in wyne,
Rocket seede decoct, Barberies in wine,
Scorpion grasse pond,

Wargerow with salt and vyniger pond,
Lacertpium outwardly, Polympy pond,
Galangale roots pond, Acconitum pond,
Spelt meale with red wyne pond,
Thistle tender crops and leaues,
Seeds of Docks and Horsell decoct,
Sulke Thistle roots and leaues pond,

Rue iuice eaten.

For byting of Serpents.

Ekron roote boyld in wyne,

Great Burre roots iuice,
Came Ciperellus with wyne,
Scabios roote decoct in wyne,
Camomill & his flowers decoct in wine, one dram,
Clinopodium, — Ptilia. montanaum decoct in wyne,
Ocrrastrum seede in wyne,
White Horehound decoct in wyne, Rue iuice, 1 dram,
Libanotus roots decoct in wyne,
Betony dryp leaues in wyne,
Paunces seeds, roote and flower decoct in wyne,
Ligusticum roote decoct in wyne,
Harts tongue decoct, Ladys Thistle seeds,
Coleworts iuice in wyne,
Ash leaues iuice, tender herbe, crops and bark decoct,

For

For stinging of an Adder.

¶ Gyd Centoy with Butter, and giue the sick to drinke ;
It will heale man and beast.
¶ Stampē Garlick, and lay to.

¶ Incorporate honey and Garlick, and eate it,

For byting of a Spider.
Rub the place well with flyes.

For biting or stinging of any venomous worme.
¶ Take Dragauncs one handfull, Centoy halfe a handfull,
halfe so much Rue, two cloves of Garlick: Sampthem,
and wryng out the iuice, and anoint the griefe.
If thou distill all these, and drinke the water, it doth destroy
all venoms within thee.

¶ 2

For

For biting of Serpents.

The great Barre leanes pond with salt, —
White Lilly roots rosted, and oyle of Rose, —
Mallcrworts pond, the roote,
Gentian juice with vnicer, —
Juice of the Aglets of the grēne Wine dissolved in
oyle of Rose and vnicer, —

Erica leaues and flowers pond, — — —

Agnus Castus pond, layd to.

Agnus Castus } fumed.

Wallwort

For white naughtey scurfe.

Scabios pond.

White Lilly roots mingled with vnicer, or the leaues of
Henbane or Barly meale layd to.

For naughty white scruinesse of the head.

Lacerpitium applied.

Sowbred decoct and bathe, — — —

Myrtle berries decoct and bathe, — — — } or wash the
Lye made of ashes of the Ash tree, + bathe, — — — } griele.

Aller yellow bark decoct and bathe, — — —

Lithyniall juice with hony, — — —

Wilde Cowcomer rose in powder and hony,

Foray meale with sulphur and hony,

Cicles boyled in Oribus the pulpe,

White leaues pond and layd to, and the griele

to be rubbed with Salt peter,

Hony mingled with hony & newe greace, — — — } applied to

Garlick burnt myngled with hony,

Squilla inner bark boyled in oyle or Tur-

petine,

Yellow Assodill roots burnt to ashes,

Labanum with Myrrh, and oyle of Myrrh,

Myre Roots burnt with Dogs greace,

Lynden barkes pond with vnicer, — — —

Seny leaves one dram taken.

For shingles.

¶ If it gird a man, haply he shall never be whole. Take
Culver dung and Barly meale, rampe them together,
and temper them with Oyle, and doe it to the griele till it bee
whole. This enill will spring like wiles fire, but this is greater
and redder, and it ever springeth anew.

¶ Apply to them the Patients owne blood, and he shall be
cured.

For foule scury teters and scabs.

Choyfet leaves poud and layd to a little, & them remoued
to heat b;read newly baked, looke in b;ynes o; pickle, layd to,
Black Camellion rot with a little Coperole & Barrows greace,
laid to.

Turbo Thistle roote with vintiger, ——————
Honey with vintiger,
Spurle greene leaves with oyle of Rose,
Figs milky iuice, **D**in oyle Wallnouts poud, } applyed.
Clue leaves with vintiger,
Water found in the hollowe Birchtree, ——————

For dry l curse and mangynesse.

Labanotus mingled with Gray meale & vintiger, }
Lacerpitum with Coperole and Wardegtace,
Cuppodium mingled with Barrows greace, Bay
berries, & Barrows greace,
Cithernall iuice, **B**lony fruit poud,
Rha Pontika roote with vintiger poud,
Turbo Cowcummer iuice with honey, }
Carlin roote poud with vintiger, }
Rue Baste law leaves poud,
Hempes Doxel roote decoct in vintiger, & brused raw
Radclif roote with honey,
Garlick with oyle and salt poud, (lyne,
Squilla inner part boyled in oyle, vintiger or Turpe
Juniper rynd o; back burnt, mingled with oyle o;
vintiger, and Turpeatum, ——————

To drive away the Secondine or after-birth.

Martigold flowers and herbe in powder, —————— perfumed
Garlick decoct, and sit over the sume, & percu- }
med on coales, —————— in place
conuenient.

Time boyled in water and honey, ——————

Penny royal in wine, **C**linopodian boyled in wyne, Clary decoct, } Brunke.
Turbo Rosebord decoct in wyne,
Rue iuice in wyne,
Clary any wayes taken in drinke o; meate.

For

For foule scury teters and scabs.

Wheat bread looke in b;yne o; pickle, layd to, the bread be-
ing new.

For bleche or swelling.

Take Walnute leaves and Motherne wood, of eche a hand-
ful, Succory, Woodbine leaves, white Archangell, wylas
Wansey, Womwood, Galling wood, red Archangell, of eche a
handfull, chop them all together, and boyle them in Bay butter,
till there be a grene ointment, straine it, and keape it to vse.

To kill a Ring-worme or tetter.

Take Mercury and Datus roots, of eche a handful, & spou-
suls of creame, stampe and straine them, and put thereto
six spou-suls of water made of Mercury sublimatum, and wash
the tetter o; ring-worme therewith.

A water to heale in five dayes all scabs, as well
inward as outward. **out of Alexo: this ys taken.**
Take Plantain water a pynt, Rosewater halfe a pynt, wa-
ter of flowers of Cythrons, & Dianyes, & of the iuice of
the fructs of them, a quarter of a pynt: put all into a Wyll of
glasse, and put to it of quicksilver beaten to powder one ounce:
let them boyle softly at the fire a quarter of an houre: then cole
it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the
next day without moe washing: the third day wash it agayne,
but not the fourth day.

At the first and second time you wash them, it will make all
the scabs in your body to breake out.

At the third tyme they shall so dry vp, that you shall finde all
meat and cleane, both within and without.

There is no remedy in the world moe excellent then this,
nor easer to be made.

This water maketh a mans flesh white, and driveth out all
ill humours of the body.

For soule scury ceters and scabs.

Choyfet leaves poud and layd to a little, & then remoued
vny heat bread newly baked, soke in bygne o; pickle, layd to,
Black Camellion iest with a little Coperose & Barrows greace,
layd to.

Turto Whistle roote with vntiger, —

Scury with vntiger,

Appelle greene leaves with oyle of Rose,

Figs milky iuice, Oyl oyle Walnuts poud, } applyed.

Clinie leaves with vntiger,

Water found in the hollow Beech tree, —

For dry lcurfe and mangynesse,

Libanotus mingled with Juray meal & vntiger,

Lacerpitum with Coperose and Barrows greace,

Cupidoium mingled with Barrows greace, Bay
berries, o; Walues greace,

Cithernall iuice, Bonyng fruit poud,

Rha Pontikes roote with vntiger poud,

Urgo Lowcorner iuice with honig,

Catlin roote poud with vntiger, } layd to,

Red Barrow leaves poud,

Myops Doctel roots decoct in vntiger, o; brused raw

Radclib roots with honig,

Garlick with oyle and salt poud, (lyne,

Squilla inner part boyled in oyle, vntiger o; Turpē

Juniper rynd o; bark burnt, mingled with oyle o;

vntiger, and Turpentyns, —

To drive away the Secondine or after-birth,

Marigold flowers and herbe in powder, — performed

Garlick decoct, and sit over the fume, o; perci-

med on coales, — in place

Conuentē.

Lime boyled in water and honig, —

Penny royll in wine,

Clinopodium boyled in wyne, Clary decoct, } Brunke.

Urgo Horehound decoct in wyne,

Rue iuice in wyne,

Clary any wayes taken in Brunke o; meate.

For

For soule scury ceters and scabs.

TW Beat bread soke in bygne o; pickle, layd to, the bread be-
ing new.

For bleche or swelling.

TTake Walnut leaves and Hotherne wood, of eche a hand-
ful, Succory, Woodbine leaves, white Archangell, wylles
Tansy, Woxinwood, Gylling wood, red Archangell, of eche a
handfull, chop them all together, and boyle them in May butter,
till there be a greene ointment, straine it, and keape it to vse.

To kill a King-worme or ceter.

TTake Mercury and Daisys roots, of eche a handfull, y. spoon-
full of creame, stampe and straine them, and put thereto
six spoonfulls of water made of Mercury sublunatum, and wash
the ceter o; ring-worme therewith.

A water to heale in fise dayes all scabs, as well
inward as outward. oute of Alex: this ys taken.

TTake Planten water a pynt, Rosewater halfe a pynt, wa-
ter of Raders of Cythrons, o; Djenges, o; of the iuice of
the fruits of them, a quarter of a pynt: put all into a Wyoll of
glasse, and put to it of quicksilver beaten to powder one ounce:
let them boyle softly at the fire a quarter of an houre: then coule
it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the
next day without moe washing: the third day wash it agayne,
but not the fourth day.

At the first and second time you wash them, it will make all
the scabs in your body to breake out.

At the third tyme they shall so dry vp, that you shall find all
meat and cleane, both within and without.

There is no remedy in the worlde moe excellent then this,
nor easer to be made.

This water maketh a mans flesh white, and doeth out all s-
mall humoures of the body.

¶ 4

For

For to drive away the seconde or after-birth.

■ Aquender decoct in wyne, —————— }

Dillayne decoct in wyne,
Daucus late decoct in wyne,
Saxifrage roote decoct in wyne,
Lacerpitium leanes boyled in wyne,
Astrolochia longa with Pepper and Spyrke,
Marabacha with hony and wyne,
Myznerium late decoct with wyne,
Myrtis rootes decoct in wyne,
Cressis late decoct in wine,
Garlick decoct,
Anagarts leanes, one dram decoct in wyne,
Hauen leanes decoct in wyne, ——————

Pencedamnum roots twice the sap alone, or with bitter Almonds
and Rue.

Oppopanax taken with hony.

White Bryony roote, —————— }

Garden Padder roote, } a pessary.

Onyon juice,

For the falling Sickness.

A Rethis with Rymell, —————— }

Comza with vintiger,

Lacerpitium with hony and vintiger, a Syrop,

Sagapenum, one dram,

Amomacum, one dram,

Pellytozy roote with hony,

Whyle Clebor prepared,

Hony leanes by discretion,

Bryony roote, one dram dayly a yeere, ——————

Pentaphilon rubrum decoct in wyne or boyled water and

Pepper thirty dayes.

Lyme smelld upon.

Galbanum perfum'd.

Pale Bryony roote hanged about the necke.

For falling sickness in children,

A Ratis seedes eaten.

For

For the falling sickness.

■ Drinke powder of Parte bones with wyne.

■ The first tymbe falleth, when thou seell it, put out thine
owne shooe, and piss in it, rince it well, and give him to drinke
of it, and he shall no more fall, nor have that euill.

■ Also at his first falling lay a Pound, and take out his
bark and gall, and being hote, grynd it, and give it him to drinke,
and he shall no more have it.

■ Cockes bones greene, drunk, helpeþ; but ablaynes from
wyne ix. dayes.

■ Boies bones eaten, or drunk with wyne, profiteth.

■ Take a Foxes brayne, and give it off to chylđren, and
they shall never be sick of that euill.

For

For excoriation, or going off of the skin of the pri-
uities or secret parts.

Cyprius fruite or leaves boyled in oyle, —
Liquid Rose with a Nutmeg and Sugar applied.
The quantity of a nut,

To make holes in the skin, or blisters.

ROs Sodis with salt bruised, layd to.

Crowfoote leaves and roots, layd to.

To take away hard skin of hands and feete,
procured by labour.

Abbes of Willow barks with vinger applied.

For roughnesse of the skin.

Eleborus inner rinde puris with frankincense, oyle and Ro-
zen, applied.

Eleborus puris with oyle, ana layd to.

Lithwall juice applied.

Seamony juice with oyle and honey, layd to.

Figges milky juice, layd to.

Wh tree barks burned to ashes, and lye made therof, and wash.

To procure overmuch sleepe.

Lekkes eaten rawe.

For

For to procure quiet sleepe.

Violets poud with oyle and lay to the head.
With water-Lillyes conserued.

Annis ledes kept at the nose to smell to.

Poppy heads and leaves decoct in water, drunke.

Black Poppy ledes decoct in wyne, drunke.

Handzake roots made a subpositoy.

Wenbane decoct in water, & wash the fift, or use it as a glyster.

Garden Lettice in meate eaten.

For them that are very sleepy.

Euphorbiam myngled with oyle, and straked on the temples.

To restore smelling lost.

Nigella leede dyed, poud, and put in Harcenet, and often
smelled to.

To prouoke neezing.

Scuuy snuffed into the nose.

Onyon iuice snuffed into the nose.

For to dry sores and Impostumes.

Myrneum Creticum leaves layd to.

For

To prouoke sleepe.

¶ Take Lettice ledes, and Smallage ledes: stamp them, and
temper them with the white of an Egge, and lay it to the
to head.

¶ Take powder of Smallage, Wenbane and Myrtle, tem-
pered with oyle or greace, and anoynt the temples, &c.

¶ Stamp Lettice ledes, and temper them with womans milk,
and the white of an egge bound to the temples.

For

For olde sores.

Great Buglos rote with oyle and wax, —
 Singrene alone, or with parched barley meale, —
 White Horehound leanes with hony poud, —
 Aloes in powder, —
 Cinoglosson in wyne and bathe.
 Great Barre greene leaues poud with whites of Egges.
 Lynsde boyled in wyne, and bathe.
 Allgood greene stamped, applied. The suice of the rote of it
 taketh awa yscabs, and makes the skin smoothe, especially if
 you mingle it with vintiger.

For filthy fretting sores.

V Fionica rect and drunke.
 Calcopsis leaues with salt poud, —
 Peritory suice and Service made to oyntment,
 Pimpernell poud,
 Wild Wood poud,
 Singrene alone, or with parched Barly poud,
 Maruengreene leaues poud,
 Testiculus odoratus rote greene,
 Pannar flowers rote greene, poud,
 Astrolochia rotunda with Treos and hony myrf,
 Dragons bruste poud,
 Centian rote poud,
 Thymall suice applied or layd to.
 Horned Poppy leaues and flowers poud, —
 Turay meale with vintiger,
 Colewozt leaues poud,
 Radish rote with hony poud,
 Wild Colewozt with hony poud,
 Carets greene leaues with hony poud,
 Yellow Assayyll rotes boyled in wyne lees,
 Vyne leaves in powder,
 Asoznes very small poud, —

For

lays to and
applied.

lays to.

For a scald head.

¶ Take hony a spoonfull, war and sheeps suit, of ech a quarter,
 as much of the after-birth of a woman as an egg, Ro-
 zen, Pitch, & Sparmaceti, of the halle a quarter, boyle them till
 they be molten, & wel incorporated: then strike them on a cloth,
 and make a plaster & apply: then take Rozen, pitch, & the after-
 burden of a woman, & mingle them together ouer the fire, and
 make a plaster; and this to be layd to vi. or viij. dayes: and then
 take of the next platter before, Wjlmstone, blacke Sope, and the
 burden, & anoynt the head without it, and put it in a cloth, & an-
 oynt the head with it after y it is shaved, when the skin riseth,
 & it will be whole: and if it be hard like the bjaorne of y thumb,
 it is not whole: and if it be very ill & thick of scall, you shall let
 it lye viij. dayes: but if it bee neane, then but v. dayes: a little
 scall ij. or iiiij. dayes: and lay it on a moneth or five weekes, till
 the skin rise wrinkled: and if it be ful in the skin, like the brawn
 of the thumbe, let it lye till.

A principall playster to doe away kernels.

¶ Take rotes of Ferme, rotes of Assodil, & boyle them in the best
 wine, put to it a little quicke wjlmston, make a plaster and
 lay it so spadily, which will consume the grise.

For Glandils or kernels.

¶ Take rotes of nettles, & rotes of Ebulus, boyle them in vni-
 ger, put to it unslaked lyne, and Auri Pigmentum, make
 a plaster and apply it to the Kings Quill or Kernels.

¶ Take the greene of brasse, suice of Docks, Peritory, and
 suice of Leeks, incorporate them, and in that lique wet a tent,
 and put it into the grise, vnder a plaster, puttyn g so th the co-
 ryst matter.

A new kernel or scruphill is cured as followeth,
 without cutting or rupture.

¶ Take Senniamon, Cloues, Dutchsilver, quicke Wjlmston,
 pitch, Virgin war, y rote of Enula campana, Sope greace
 for a woman, & Bozes greace for a man: boyle the rote of Enu-
 la campana in water: then with the Dutchsilver erting, Sage,
 bozes greace, pitch & war resolted, set it over the fire: then add
 to the powder of the splices & wjlmstone, and stamping them all
 together, let them be well incorporated, and reserved to use.

For

For dulnesse or heauiness of spirie,

Violets poud and layd to the head.
Charuell boyled in wyne and dʒunke.

For the Sqinnancy.

Lacerpitium roots poud with hony, —
Spanish Bosome keped in water, & the liquor } dʒunke,
pressed out, a little cup of glasse full, —
Hony most chwed and holden in the mouth.
Elaterium with olde oyle of hony, & the gall of an Ox or
Bull, applied.
Radish roots boyled in hained vnliger, gargled.
Pepper layd to with hony.

For

For to stop spitting of bloud.

TStamp close Bur rote one dram, with the kernels of Pine
apples, and dʒinkeit.
¶ Decoc Pernicke with wyne, dʒunke.
¶ Dʒinke juice of Buria pastoris.
¶ Dʒinke powder of Lozmentill roots with wyne.
¶ Dʒinke juice of Ranot grasse, or the leavens boyld in wyne,
¶ Amyle or Starch being dʒunke, profiterb. (dʒunke).
For a sore throat by sicknesse.

TDʒinke juice of Elmodzouc with good ale,

For the Sqinnancy.

Take Goats milke, and in the beginning make a plaster of
wheat bran, the juice of Swallowe in meale of Fenigrake
with newe Barrowes greace, and the juice of Plantain, and
powder of Rose, and apply it.

Take roots of Hallowes, meale of Fenigrake, flaxe seeds,
Wales, great Rassins, the bones taken out, with a heat bran:
boyle them in water, stamp them, and make it with new Bar-
rowes greace and a little hony into a plaster, which is marvellous
ripening, and lay it to the Sqinnancy.

Take hony, hogs bloud, lard, meale of Flaxe seede, Fenig-
rake, and the dung of Swallowes: incorporate them, & make
a plaster excellent to ryte the Sqinnancy.

And note, that the dung of all maner of Swallowes, healtheth
the Sqinnancy.

Let the Impostume be opened with yron, or a razer,
or this breaking plaster following.

Take Bran, salt and oyle, stamp them & incorporate them,
and make thereof a plaster, and apply it. This is used to
cleanse and dry the same.

R

To

For the Stone.

Fewerfew herbe without flowers, decoct in water,	Peristoy,
Herbe Robert in wyne,	Peristoy,
S. Johns wort, herbe, flower and seed,	
Wild Lansey,	Coronopos,
Cotula lutea,	Heranthemum,
Saffron roote,	Winter Sauery,
Fennell crops,	Daucus seed,
Auricula Leporis,	
Sea holly,	
Starre Thistle in powder,	
Sheeps Hozell rootes,	Mallowes,
Bramble roots,	Ramptons seed,
White Thorne fruite,	
Cetrack leues with vintgar, drunke.	
Akkakengy scote eaten.	
Saligot gréne Ruts broken and drunke.	

To breake the Stone.

Penny wort on the wall, leaues and roote,	
Garden Parsely,	
Water Cresses in Salate,	eaten.
Castia dralwe,	
Philippendula roote,	
Virga Aurea,	
The water of Virga Aurea distilled,	
Penny Royall,	Hage,
Saxifrage seede and roote,	
Lacerpitum rootes,	Tragium seeds,
Capillus Veneris,	
Pernassus grasse,	Sea holly,
Sheeps Hozell rootes,	
Cender swet milk Thistle juice,	
Eurnep crops and young spryngs,	

For

To procure vrine, and to breake the Stone.

¶ Take water Cresses a handfull, Parcely halse a handful, red Fennel tops, Mercury leaves, roots of Ciprus brote, sed, of eche a quarter of a handful, Rayns of the Sunne, the Stones taken out, halse a handful: chop them smal, & make pastage with mutton or beale, and thicke it with great Date meale beaten small: season it with Pepper grosse: add to it Cromel seeds ij. d. weight, beaten fine, a little Saffron: eate a messe thereof at morning, noone and night, a wooke together.

D. R.

¶ Boyle Virga Aurea in wyne, and drinke it, and drinke one spoonfull of the powder thereof fourre houres before meat with a raw eggge.

For the Collicke and the Stone.

¶ Take Stone crop, Parcely leaves & roots, & mother Time, of eche a handfull, boyle them in god Ale halse an houre: strayne it, and put to it a god quantity of Graynes in powder, and drinke it warme.

For the Stone. A powder.

¶ Take Barberies a handfull, dry them, Peach Stones, & hheres, dryed Parcely seed, Seabull, & furrage, of eche a like much, dry them, beat them, & learece them: then lay a black flint stone in the fire till it be red hote, & quench it in a pente of Malweley, and put in it a quantity of that powder, about one spoonfull to as much Malweley as your liame will beare, and keepe the residue of the powder to use at need.

¶ When the griefe is on the patient, let him drinke no other drunke, but posset ale, or some other warme drink, with part of that powder, untill it breake.

To breake the stone in the bladder.

¶ Take Oleum simplex Scorpionis: and for an old man, mix oyle of Violets with it, and noynt the sides, by, ouer, vnes ter and about the priuy members, from ano vpwards.

R 2

For

For to breake the stone.

Redish, Parcely, Stone Parcely,
Great Parcely roote,
Winter Cresses sade,
Lekke seeds with other herba conuenient,
Widome seeds,
Rost Harrow bark and roote,
Knetholme, Wages, roote and barkie,
Medler stones broken in powder,
Pionte & gum dissolved in wyne, —

boecot in wyne
and drunke.

Cleare Rozen of the fyre tree taken.
I thinge hurtfull to the stomake.

Sathernewood, White Clebor wyp; reparcd,
Colloquintida, Eliterium,
Elder, Drachosten ealen,
Turneps excescually taken,
Radish excescually eaten,
Cresses alone, and not in Salace,
Mulberys greene and vntype,
Held Figgys in great quantity,
Mazers or small Cherryes in great quantity,
Dry Husys in abundance,
Greene Carotus, —

not correc-
ted, &c.

To strengthen the stomake.
Carofilata roote,
Saffren, boecot in wyne,
Calamyns, sand drunke.
Socely sade, —
Betony taken with honded water,
Coriander prepared or corrected,
Paula Campana roote conserned,
Young Artichokes boyled, —
Aloes Cicatrine taken.
Imperatoria roote taken with wyne.
Sartrage roote in sugar, in powder, taken.
Conozilla seeds drunke.

For

For the Stone.

¶ Take the Stone in an Ore gall, as much as a Beane, Turne
merick y. peaworth, Wages; sance, Cloues, Space, &
long Pepper, of ech y. peaworth, y. Acornes, Swarte bister
stones, Grossell seeds, close Bur seeds, of ech a spoonfull, Hawe
stones halfe a spoonfull: pou all together into fine powder, and
mix them wel together, & put thereof into a reasonable draught
of good ale in a glasse or cup, so much as ye can take with your
thumb & y. fingers, or more (the more the better) and drinke it
off. If you finde it very bitter, drinke two or thre spoonfulls of
ale or other drinke after it, which will lay the bitternesse.

After you han taken this receipt, if it do not thoroughly helpe
after xij. dayes or ij. weeks, take a good handfull of wild Limes,
boyle it in a quart of white wine, and in the time of boylng,
thowij. or y. pebble stones in the fire, & burne them to coales,
& cast them red hote into the wine being boyled to pieces: then
straine and drinke it, saking in the morning two houres after.

To cleane the stomake.

¶ Take Isp, Rosemary & Lime, of ech two crops, put them
in a pnt of ale with sugar: let them boyle, and drinke
thereof two houres before meat.

To auoyd flaggynge out of the stomake, to be taken one
spoonfull or two at any time.

¶ Take eight spoonfulls of Rose-water, four spoonfulls of
Conduit water, & two spoonfulls of white vyniger, halfe a
quarter of a pound of fine sugar, boyle them in a posynge, on
a chafing dish with coles, scum it cleane, & drinke it luke-warme.
For such as cast vp their meat by weaknesse of
the stomake.

¶ Take the nether crust of a brownie leafe, toast it dry and
lesurely, then boape it in strong vyniger a little while:
then take it out, and spread on it powder of Cloues, & warm it
agayne, and lay it about the mouth of the stomake, and it shall
say no thing.

For to strengthen the stomake.

Purcelane,

Sea Purcelane preserved in vyniger for salide,
Earle Chestnuts, Bargis of unripe grapes,
Dynges the mice and fruite,
Pomegarnets the fruite,
Quondimack, or Parmalade of Quinces,
Nutmegs, Fustick Nuts,
Olives greene unripe,
Dyle in which fruite of Ciprus is boyled,
Garick dyg without liquor, —

For Payne in the stomake.

Common wormwood, decoct in wyne

Scordium dyg, Sand dounke.

Pony roall taken with water and vyniger.

Origan in water dounke.

Garden mynt taken in dounke and meat.

Rubarbe taken by discretion.

Hotwall roots decoct and dounke.

Aloes Cetrarine taken. Souchus frutes dounke.

Gronndsel leaves and stalks decoct in water, dounke.

Parselyeds decoct and dounke.

Juniper yong fruit or berries boyled in hained water.

Fustick eaten.

Spelt meale boyled with Salt peter, applied.

Helilet raw, punde or sod in wyne, layd to.

For wambling or boylung of the stomake.

Common wormwood with Annis seeds,

Fennell or the seede,

Our Ladies Thistle roote decoct,

Sheps horrell seeds, and horrell seeds,

Lettice in salade eaten.

Wild Wine Claspers and fruit brought into a syrop, with
the bargis of the same eaten.

Bramble leaves and new spryngs rawped and layd to.

Dry Dates eaten.

For

To comfort and strengthen a weake Stomake.

T Take malmesyone pynle, mint water a pynt: Spyna-
mon and Gin yer of ech an ounce: buse them and
wir them together with halfe a quarterne of suger: let them
stand all night, and in the morning drinke it.

Mistris Barret.

A good sauce to procure Appetite.

T Make sauce with Orange, mynt, vyniger, Callyn and
Pepper.

For the Collike of the stomake.

T Take wormwood a pound and a halfe, peache leaves,
mother of tyme, Red mynts, Perritory on the wall, of ech
a handful, Marissege and penny-royal, of ech half a handfull,
Fennel seed a quarter of a pound, Oromet seed half a quar-
ter of a pound, of Annis seed and Liquorts, of ech halfe a
pound, buse all the seedes together, and put them into a gal-
lon and a halfe of sack and distill them in a Lumbec.

Mistris Barret.

For a Feuer in the stomake.

T Take Compyn, Annis, fensel seedes, red rose leaves, worm-
wood, mynts, Quens, vyniger, somme bread syred and layd in a
bag luke warme to the stomaks, & renew it often with vyn-
iger.

R 4

Against

For inflamation of the stomake.

Ramsons ~~Wormwood~~, —
Wormwood or ~~Wormwood~~, Decet and dranke.
Laventill leaves and roots,
Parselote root, Lettice, —
Wharts calme and stued with sugar,
Goosberries greene, Apples, eaten.
Pomegranate juice,
Cornell fruite, —
Whits water Lilly, —
Solanum hortense, poudre and layde.
Endive and Succory leaves,

To warme the stomake.

Luach roote and suds dyped, dranke in sygne.
Ales Cicatrice dranke.
Moxell de Boys, Decet and dranke and eaten.
Great Radish roote or Mayport eaten.
Henry brysled with vniuer.
Denges and Lymons pilles and batke eaten.
Autwicks and Spaces taken in.

To retiess the hote stomake.

Ponywoort on the wall juice, dranke.
Caraway seedes decet dranke or eaten.
Bacon sprouts or sprouts in malade.
Bellis Succory in malade.
Cot cumers with meat.
Pepers of the Garden his fruite well boyled, eaten.
Licois roote eaten. Apples eaten.
Pomegranat juice eaten.

For to overturne the stomake.

Ripe Olives eaten.
To purge the stomake of Legume.
Ales Cicatrice taken.

To clese the stomake,

Whits water Lilly dranke.

Agair st dayly payne and repletion of the
moueth of the stomake.

¶ Take Liquesce, Savory, Herpilum, Crula campana,
Reddish roote, middle bark of Cloer, myrtle, Sage and
Rue: stamp them, and keape them in white wine, and glas
the patient early and late.

A Purgation against Paralipsum, or coldnesse
of the stomake.

¶ Take rootes of Fennell, Parsely, grass, Treos, Pepperage,
Roxins, Triangulus, Reddish, the barkes of Camarick:
of these rootes and herbes make a decoction in white wine: be-
ing well made and collated, take Sennatum, Cloes, Nut-
megs, Zebary Galungale, long Pepper and Spikenard: beate
them all in powder, and with the decoction above said, makes
a pigmentum with hony well clarified, and use it.

For a hote stomake.

¶ Cut the graine of the floweres of Violets, and pou them
small, and put to them white armach sugar, and keape
it in a Cally pot all the yere, and use it.

¶ Take one pint of mooke, two spoonfulls of Treos, a little
sugar, and dranke therole.

Eod.

For to ingender winde in the stomake.

Lentiles eaten too much.

Ripe Pulbaries after meat
Walpe Nuts, or Filberds } eaten.

Ripe Olives

For cold windinesse, or blasting of the stomake.

Pelligranda rootes in powder with wine

Aspys seedes to drunke,

Comyn seedes to eaten.

Ligasticum decoct

Venedanum sap of the root

Caula Campana root decoct

Peon rootes boyled

Stone Parcely seede decoct

Amyracum Cristicum seede decoct

Agnus Castus seede decoct

Juniper gumme dissolved in wine

For to comfort the weaknesse and overcasting
of the stomake.

Lentiles husked, thirty graynes swallowed downe.

Cicory and Endive eaten.

Squilla prepared and taken.

Willie Liane leaves, branch and tendors layd to the stomake.

Kalsis floweres boyled, decoct in wine and drunke.

Blacke Sowze Cherries eaten.

Distilled Lemmons iuice

Cozuell fruite } eaten.

Putmogs

Greene unripe Olives

For to comfort the mouth of the stomake.

Stone Parcely seede decoct and drunke.

Putmogs eaten and drunke.

Pomegranates iuice

Quinces, Quodimack and marmiglas } eaten.

Rough and choky Peares

For

For the Collicke of the Stomake.

¶ Take of WO; melewd, one pound and an halfe, of
Peaches leaves, a pound: Mother of Elixirs, red
Spinte, and Petritoy on the wall, of eche a handfull, Sharpe
frage and Penny-Boyall, halfe a handfull of eche, Fennell
seedes, a quarter of a pound, Gromwell seedes, halfe a quar-
ter of a pound, Annis seedes and Liquorice, a pound of eche:
boyle all the seedes, & put them into sixe quarts of god drache,
and distill them in a Lyntock.

To cleane the Stomake, and cause digestion.

¶ Take of ynt water and WO; melewd water, of eche a
quart, Malmesley a pottell, a good quantity of boyled
Rynnatum, and almes as much sliced Ginger, a good piece
of sugar: put them together, and surre them well, then
put them in a glasse, and let it stand till it be cleare: and let
the Patient drinke of it first and last sixe spoonfulls a time,
blood warme.

Ad idem.

¶ Take a pynt of malmesley, a pynt of mynt water, Cim-
ger and Rynnatum one ounce of eche: boyle them, &
put them together, with halfe a quareln of sugar in the
malmesley all one night, and in the morning drinke it:

For

For stinging with Bees or Wasps.

Walter Mynt, Rue the juice, 2 pound and
Sallwes, Marsh mallowes, slayd to.

For Strangury and hote pisse.

Athillis half an ounce, Germaner leaf & flow-
er decoct in wine, Comia leaf & flower in wine

Philipendula roote boyled in wine,
Buet gras, Ceciliis seed, Lo. doris seed, decoct in

Dancus seed, Sarifrage root & leede, Swine,

White Sarifrage root decoct,

Ascarabacka in wine decoct,

Dnyon roote sooked in water,

Tragium leede, decoct in

Cetrach leaues, Swyne,

Trifolij leaues and flowers in water,

Calamus Arromaticus,

White Camellon roote in red wyne,

Htarre Thistle in powder decoct,

Hogepistoles with wynes,

Wito Carot seed, Winter Cresses seed, decoct in

Charnell, White Poplart bark Swyne,

The wild spurge in the Rose bush decoct,

Lawrell Alexandria roote decoct in wyne,

Plumtree gromme dissolved in wyne,

Cypus leaues boyled in wyne, — — —

Asperagus first sprynge perboyled, eaten in fatade.

Winter Cresses eaten in fatade. Cedar fruit eaten.

Cicer liquid Rozen with Nutmegs eaten.

To prouoke sweating.

Chamomitis rubbed all over the body.

Violets decoct, and sit over as a strew.

Calamynyt drunke with hained water.

Libanotus seed mingled with oyle, and anoynt the body.

Penedanum root dyed, mixed with oyle of Dill, and anoynt.

Pellitorij decoct in wyne, anoynt the body.

Masterwojt, Cardus benedictus, decoct in wynes,

Myrrheum leede,

Figges eaten.

Drunke.

For

For stinging with Wasps or Bees, and such like.

¶ A boordt it with Pittredesum.

¶ Anoynt it with juice of Scopodium.

For the Collick, Stone, and Strangury.

¶ Take the Stone in an Dre gall, as much as a Beane, Turnet y. peny worth. Bayes i. ounce, Cloves, Peaces, long Pepper, of eche i. penyworth, two Acornes, Swete Bier Stones, Cromell leeds, Clot Bur leeds, of eche a spoonfull, Hawn stones half a spoonfull: make it all in fine powder, mixe them wel together, and put therof in a reasonable draught of ale, in a glasse or cup, so much as you can take vp with your thumb and two fingers, or more, the more the better: sticke it well together, and drinke it.

If you saele it bitter, two or thre spoonfulls of ale after it, will abate the bitternesse.

Aster the taking of this powder, if it doe not thoroughly help after a fornight or thre weekes, take a good handfull of Wyld Tyme, and boyle it in a quart of white wyne, and in the time of boylng it, thow two or thre pibble Stones in the fire, and burne them to coles, bjuise them, and cast them into the wyne, being hote: after drayne it, and drinke it sauting at moorne, and fast two houres after it.

Fr. Stevens.

For

For hardness of swelling.

Gleopis seed, stalk and roote pond, with ^{apnege} ~~apnege~~
Lynsæde boyleo,
Hynd-wæd leaues pond,
Mellot raw pond,
Raysins kernels with salt pond, ^{apnege} ~~apnege~~ laid to.
Bellampy pond, Oyle of ripe Olives,
Acoynes small with salt pond, ^{apnege} ~~apnege~~ Tarrac.
Plane tree young tender leaues pond,
For all hote swellings.

Lebane seed sooked in water, (dower,) Water-Lilles, or graine mingled with wheat
Bush-Waxell pond with Barley meale, parched,
Cerne Rose leaues and graine heads pond,
Alandragora stellæ leaues pond with parched Bar-
ley meale,
Mellot boyled with it self in swet wine, or mixed
with the yeolk of a rosted egge, or with Linseed,
or the meale of Fenigreek, or Cincopy,
Our Lady Thistle root decoct in wine,
Saligot leaues, Wild Cole leaues pond,
Hallowes with Swines greace,
Garlick with Swines greace,
Olive tree leaues,
Water of hollowesse of Bach trees,
To dissolue hard cold swelling:
Oxe pond and mingled with oyle and waxe,
Stinking Gladin with vintger pond,
Gladiolus roote with Furay meale, pond & homed
Saffron mingled with womans milk, (water,
Vormium sode mingled with water,
Rigella with vintger pond,
Lisanotus leaues pond, Oppopanax,
Roots of Lacerpitium with oyle pond,
Agapentum sooked in vintger,
Galbanum, Amomacum,

Applied &
laid to.

laid to.

For

For the Strangury. A plaster.

T Take ashes of the roote and leaues of Chameractis : actus
significeth Elder, and Chamer is cibulus : which herbe or
ashes, boyle till it be liquid : then so hote as may bee suffered,
peccinum fastia ponas, and he shall presently make bytne.

And when by drop meale, and in extreme heat he painefully
maketh water, take wheat bran, & thereof make a poultis, and
let thereof be daily offred to the patient salting, and after make
a plastrer thereof with Popilion.

For Warts.

T Stamp Egremony with salt, temper it with vintger, and
lay it to the Wart, and in fourte dayes it will be whole.

T Roll the peolle of an Egge well, stamp it with oyle O,
blue, or of Violets, and make thereof a playster, and lay it to,
and it will doe away the Wart in one night.

For

For to dissolve cold hard swellings.

Wth gles Cowcumer roote with vyniger, —
Wheat bread boyled in hamed waler,

Levin of Rye meale,
Barley meale boyled with Figgis and hamed
water,

Beane meale playster-wise,
Fenugrake meale in mead,
Sweete Trifolij decoct,
Smyncum leaues decoct,
Water Pepper leaues and sēde pund,
Pepper myngled with pitch,
Dyed Figgis pund,
Liquid Rozen,

For cold swellings.

etherwood sēde with barley meale pund,
Sinquefoyle roote boyled in vyniger,
Black Molyn boyled in water, or pund with
hony,
Tyme pnd with hony,
Tragopogon pnd with hony,
Daucus sēde pnd,
Seamory twice mingled with hony,
Duch Brank Glarine,
Mallowes by it selfe, or with Swynes greace
pnd,

Marsh Mallowes pnd,
Crestes sēde with hony pnd,
Garlick with Swynes greace pnd,
Onyons decoct with Figgis,
Walnuts, Rue and Figgis pnd, and with
Raysins,
Arbor inde young tender leaues,
Filles leaves and fruite with Tarr and Rose
playster-wise,

Applied and
laid to.

Laid to.

For

For thighs wearyed, and thatake,
and thatake stiffe with trauell.

¶ Take Wthkepyn, Hoisbourn, and herbe John: make
a playster of them, with Chāpes tallow, Swynes greace,
and yoyce-boneyn, and lay to the pynes.

For

For all swelling and scuruitesse about the Sege.

Ciueque foyle rate boyled in wylter, layd to.

For to take away sweating.

DRY Myrtle leaves, with oyntments conuent.

For hardnesse and shrinking of sinewes.

Othernewb late, graine or dry, decoct in wine
or water,

Emper rute decoct in water,
Cocula lutea bruised,

Iris rutes pund,

Dyle of Lillies,

Penny royall with hony pund,

Agapenum,

Galbanum mixt with myrrh,

Barabacca boyled in wylter,

Rhubarb taken by discretion,

Walsamine oyle,

Wheate meale & the juice of Henbane mingled,

Aconitus drunke with wine,

Pellote Assodils, one dram in wylter drunke.

For drawing or aking of sinewes.

Penecadanum iuyce —

Lacerpitium

Amomacum —

Colloquintida white pith in small quantity, layd to.

Acanthus rute decoct in wine, dranke.

Ormosia leaves and flowres with powder of —

Frankincense

Withy leaves and barkie boyled in wine —

layd to.

For

For sinewes shrunk.

¶ Take Rosemary, Tyme, Lavender, Dyll, Balme, Wode-lyme, Parrow, Lounage, Smalledge, Marren, Camomill, Planten, Rightshade, Herbe Robert, Sopers tongue, Poly-poe on the Wke, Cowynedes, Daykes, Cumry, one handfull, or halfe a pound of eche: Wrye them small, put them into a pan, take a gallon of oyle Olme, May butter, two pounds, new ware, halfe a pound: put all together in the pan, and let it stand nyne dayes, stirring it once every day, then sethe it, till the ware and butter be molten and incorporated, strayne it in a vessell, and leave nothing in the strainer, then put your oyle into a pot, in which oyle or fresh greace hath bene. This oyle must be made betwene May and Bartholomew tyde.

A precious salve for all wounds and sores.

¶ Take pegs greace, Coliphony, brynstone, white incense, a god quantity of eche, stampe them, & mixe them with the white of an egg, spread it on a piece of parchment, poule the wound with your fingers, to cause the blood come out, and apply that playster, which will heale speedily.

A precious oyle to heale a wound in 24. houres.

¶ Take flowres of S. Johns wort, & Rosemary flowres, of eche an handful, put them in a glasse, and fill it with god oyle, close it, that no ayre goe forth, set it in the sunne 30. dayes, and in clere nights also. When the oyle hath gotten the colour of the flowres, strayne it, and put to it. of Ginger in powder, one dram, and a little saffron dissolved in god wine, then set it in the sunne againe 18. dayes: Warme the oyle, and anoint therewith twice in the day.

¶ 2.

For

For payne, or swelling sinewes.

C^omagleton boyled in wyne or water
Sarcissus roote with hony pond, }
Cupherbitum prepared, }
} layd to.

For to losen sinewes.

P Knit syle mist with other things convenient
For to ioyne sinewes cut.

W^hite Lilly roote pond with hony
Groundsell with powder of frankincense }
} layd to.

For to appease payne in the side.

Blacke Holyn, with Rue leaves decoct in wine
Coates beard roote boyled in wine

Eyne boyled in water and hony

Rue with Dill decoct

Gentian roote the iince

Hetwale rotes decoct in wine

Capsia the bark of the roote decoct

Trisoly leaves, sark and foliowe decoct

Caroline roote decoct in wine

Parcely sades decoct

Pellow Aſſoſill rotes decoct

Leaſes, rotes and barkes of Aſhirā decoct in wine

Oppopanax.

Colewojt stalkes boyled to ashes, mixt with swynnes greace, ap-
plied.

Spistis leaves with wyne less pond and layd to.

Parceneps eaten.

Galbanum perfumed.

For to dry a moist ſtomake.

Lentiles blanched beaten.

Garden Spadon roote pond and layd to.

Oppozites juice dranke dyed.

For

For all swellings.

¶ Take Groundſell, Markeynre, Chicken ſeade, Daſſy, pettys moſtell, & herbe Bennet: Rampe and boyle them with two parts of ſtrich butter, and one part of white wyne, and lay to the grieſe as hote as may be tolled.

Payne of the Spleene is thus cured.

¶ Take Fennell rotes, Parcely, ſmallenge, Bunchalme, Al-
peragus, with their lates, grasse, the middle barkes of Cl-
ber, Tamaricks old barkes made ſteane, Clime barkes and P-
pericen: Rampe them all, and ſape them three daies in vi-
nger and water, and after boyle them, and put to the clarified
hony, and boyle alſo a thickneſſe of hony, which is Alumell,
givē it the Patient to drinke early and late, with warme wa-
ter and ſalt, being diligently purg'd, and lay a plague upon the
Spleene, and let the Patient take every day on an empyp ſto-
make, thar tolles of ſteane dipped in hony, and make a ſumme
in this manner:

Make a ditch or hole in the earth, the depth and quantity of
the Patient, make it hole with burning coales: then draw out
the coales, and ſprinkle the ditch with vintiger or wine: then
ſow it with diarreall herbes: then let the Patient in the
hole to the necke, and conſe him with the diarreall herbes, all
but the head, and put a cloth over him till he ſweats: then
take him out, and conſe him in a convenient place.

¶ 3

A

Rams little Dodeon.

For to cleane the teeth.

Aristrologia rotunda powder often rubbed.

Gingidium hard stemmes, or spikes used to picke the teeth.
For tooth-ache.

Clebony roote

Perminde

Maristage roote

Pimpernell juice snuft in the nose

Pentahilon decoct in water

Plantain roote and juice decoct

White Polyn roote boyled

Upright Maruca, or the roote decoct

Bellito; p roote decoct in vinger

White Clebo; roote boyled in vinger

Fratre of Solanum somniferum boyled

Henbane roote boyled in vinger

Cameleon roote boyled

Ladies Thistle boyled in wine

Caroline roote boyled in wine

Shapes sozrell boyled in wine

Marsh mallowes decoct

Whoo Parcally soze chawed

Mustard seede chawed

Origan decoct

Yellow Asphodill roote prepared, boyled in
old wine

Myrrh and Saffron

Canist tender crops boyled in vinger

Tamarisks leaves decoct in wine

Capers seede boyled in vinger

Hulbery leaves decoct in wine

Lacerpition roote chawed or put in the tooth.

Oppoponan applied.

Sagapenum put in the hollow tooth.

Wallam leaves put on the tooth.

Silly juice of fligges applied.

chawed.

holden in
y mouth.

For

Incidentia.

A playster for the tooth-ache.

¶ Take ashes burnt of the Ash tree with keyes, make a crust of bread round, and wet it with your tongue, and lay on the ashes, then lay it playster-wise upon the verne that lyeth vnder the eye which goeth to the tooth, and let it lye the space of an hour: then lay another like crust, and so the thrid: these playsters will make an incision upon the verne, and otherz will be a dray or blent in the nodd of it, let it alone, and wippe it not, till it be dry as a leab, and fall off by it selfe: so then the verne is stopped, so as the blent cannot come to the tooth noz gummes, which causeth the ache. **Oppoponan.**

For the same.

¶ Take swpe of Rue, and as much in quantily of honey: and with synt make little balleys dyped in that liqueur: and if the tooth be hollow, stop the tooth: If it be not hollow, lay it to the gumme where the Payne is, and it healeth wonderfullly.

For tooth-ache of Rheume.

¶ Take running water and Hesties, boyle them well together in a brasse pot, put thereto a quantity of vinger, & a piece of Reeche Allow, boyle them a little, then set the pot from the fire, and cast a cloth over the Patients head, and let him hold his mouth over it wide open, so as the same may goe full into his mouth, and let the cloth hang cleare about, that no syne goe out, and he shal be cured; but kepe him warme from cold halfe a day after.

¶ 4

For

For spreading Tatters.

Veronica decoct in wine and turnks.

For roughnesse of the throat.

Wynets meal boyled to pastes as pap, with butter and mutton
licked in.

Turnches with mutton, licked in.

Spolt mutton boyled with fresh butter & new Coates salt eaten.

Figges eaten.

Quinbyes in fleshe eaten.

For Squinancy or swelling in the throat.

Veronica, the yellow in the most of the boyle, decoct in water, gargayed.

Wynet boyled with water and figges, gargayed.

Claterum lye to, with oyle as honey, or the gall of a Wall, or
Ore.

Maligot leaves boyled in water, applied.

Double tongue leaves and rotes, gargayed.

Figges decoct and gargayed.

For Almonds or straynes about the throat,
and the rootes of the tongue.

Mustard with honey and turnker.

Double tongue leaves and rotes.

Spalberas leaves and rotes gargayed.

Figges eaten.

Walnut shell graine bark decoct in wine, gargayed.

Spalberas bushes and shells decoct in wine, gargayed.

FINIS.

Aconitum. O. sp.

Aftee birth. 1.

Agaricke. O. sp.

Ajunc. 3. 4. 7.

Annes. O. sp.

Anthonyes fyer. 7. 8.

Ames going oute. 11. 12.

Apium r. u. O.

Aporiell. 8.

Appetite. 9. 10.

Appoplexie. 9. 10.

Ape gall ou night meches. 11. 12.

Aristolochia. O. sp.

Arbutus. sp.

Ayste in barte. 12. 24.

Ayste in hones. 2. 5. 24.

Ayste in rooster. 11.

Ayre infected. 11.

Astma. 41. 42.

Auanste. sp.

Aurum. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24.

Aurea. aurantia. 13. 14.

Barte aythe. 12. 24.

Belly purgates. 11. 13. 23. 24.

Bees stinging. 20.

Bitter aythe. O.

Bladder. 13. 15. 15.

Bleeding. 26.

Blouie inflamed. 15. 10.

Blonde piping. 18.

Blouie spitting. 27. 29.

Blonde wongyled. 29.

Blonde in rebelines. 19. 20.

Blonde of corrupte humors. 19.

Blouder slixc. 18. 21. 25.

Blode to strengthen. 29. 30.

Bosche. 28.

Borwels. 31.

Bryne. 31. 32. 34. X.

Breaste. 35. 36. 37. 38. 39. 40.

Breath sherte. 41. 43. 44.

Bryone. O. sp.

Brynes. 75.

Bring of madde dogges. 59.

Burminge. 45. 46.

Fuldeke hot & peric 36.

Cameria. 0.08v.
Car. el quid. 105.
Carr. fers. 47.48.90.95.38.
Capitell. 88.
Carall populare. 75.151.152.
Carb. nates. 50.157.
Caryum. 0.15.08v.
Cercidiphyllum. 24.
Chappes. 99.
Chitone pease. 0.80.
Cidamen. 0.08v.
Cilice deire. 1.
Content of the booke. 0.
Chidreen. 47.
Coh rootes. 0.
Comyn. 0.22.
Collaquinum. 0.4.
Cordes. 14.58.
Choller. 49.50.165.
Collante. 51.52.
Consumption. 53.
Convulsion of braine. 58.
Coriander. 0.
Cernes. 51.52.
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Corretombre. 0.40.
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Dyre. 10.
Dyaria quid. 82.
Drotale. 0.
Diaged met correction. 50.

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Elder. 0.4.
Elebor. 0.08v.40.
Emrodies. 105.106.108.
Enchauntill. 73.
Erinx. 40.
Euphorbiu. 0.15.
Eyes. x.67.68.69.70.71.72.73.74. Found in going out. 35.86.111.
Eula. 0.08v.
Excipular. 7.8.

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	♂	♀	♂	♀	♀	♂	♀
V	Breaste.	Belly.	Heade.	Renes.	Fitt.	Legges.	Knees.
♀	Belly.	Serretes.	Breaste.	Legges.	Nerte.	Heade.	Feete.
II	Belly.	Ridge.	Nerte.	Kees.	Heade.	Feete.	Legges.
oo	Serretes.	Raines.	Breaste.	Fitt.	Arme.	Ende.	Heade.
ol	Serretes.	Raines.	Belly.	Nerte.	Belly.	Hearte.	Wolters.
mp	Feete.	Zinges.	Belly.	Nerte.	Belly.	Hearte.	Shoulders.
ll	Knees.	Eres.	Members.	Shoulders.	Heade.	Belly.	Hearte.
m	Haundes.	Feete.	Heade.	Hearte.	Members.	Ridge.	Belly.
ff	Feete.	Heade.	Haundes.	Belly.	Reines.	Hearte.	Ridge.
jj	Heade.	Reines.	Knees.	Ridge.	Hearte.	Members.	Armes.
mm	Verte.	Shoulders.	Hearte.	Members.	Knees.	Raines.	Members.
xx	Shoulders.	Heade.	Belly.	Raines.	Ridge.	Legges.	Raines.